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Below is a list of medications, herbal and dietary supplements that could cause you to bruise or that may increase the tendency to bleed. Since there are always new medications on the market, this list is not considered complete but simply a guideline. For a 2 – week period prior to and after the scheduled date of your surgery, please do not take any medication that contains Aspirin or aspirin related products, such as Ibuprofen (Motrin, Advil). These medications have an effect on your ability to clot and could increase your tendency to bleed at the time of surgery and during the post-operative period.

Please check labels of all medications that you take, even those available without a prescription, to make sure you are not taking any of these substances. Please consult your physician before stopping any prescribed medication. If you need minor pain medication, please take Tylenol (acetaminophen). Tylenol is available without a prescription at your local pharmacy. If you are allergic to Tylenol or unable to take it for some other reason, please notify us so that we might arrange for a suitable substitute.

Acipcion	Doan's Pills regular + ES	Melatonin
Advil	Dolobid	Meclomen
Aleve	Dristan	Midol
Alka Seltzer	Durayne Tablets	Motrin
Anacin	Easprin	Naprosyn
Anaprox	Echniacea	Norgesic, Norgesic Forte
Ansaid	Ectorin	Pepto Bismal
APC	Emprazil	Percodan, Percodan Demi
Apercream	Emprin	Persantine
ASA	Equagesic tablets	Plavix
Asgergum	Excedrin	Quagesic
Aspirin	Feldene	Robaxisal



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B C Cold Powder	Feverfew	Rufen
B C Powder	Fiornal	Salicin (Willow Bark)
Bilberry	Fish Emulsions	Sine Aid
Brufen	Fluriprophen sodium	Sine Off
Bufferin	Four Way Cold Tabs	Soma Compound, Soma Compound with Codeine
Buffex	Garlic Supplements	St John's Wort
Cama Arthritis Pain Releaver	Ginger	Synalgos – DC Capsules
Cayenne	Ginkgo Bloba	Talwin Compound
Cephalgesic	Ginseng	Trandate
Children's Aspirin	Goody's Headache Posders + tablets	Trental
Clinoril	Ibuprofen	Trillisate
Congespin	Indocin	Valerian
Cope	Indomethacin	Vanquish
Coricidin	Kava Kava	Voltaren
Coumadin	Licorice Root	Vitamin E
Darvan with ASA	Magsal tablets	Yohimbe
Darvon	Ma Huang (Ephedra)	Zactrin
Desalcid Tablet + Caps	Medipren	Zorprin