



THE CENTERS FOR ADVANCED

ENT CARE

Chesapeake Otolaryngology Division

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HEARING HANDICAP INVENTORY FOR ADULTS (HHIA)

NAME:

DATE:

INSTRUCTIONS: The purpose of the scale is to identify the problems your hearing loss may be causing you. Check YES, SOMETIMES, or NO for each question. DO NOT skip a question if you avoid a situation because of your hearing problem. If you use a hearing aid, please answer the way you hear WITHOUT your aid.

| | | YES (4) | SOMETIMES (2) | NO (0) |
|------|--|------------|------------------|-----------|
| S-1. | Does a hearing problem cause you to use the phone less often than you would like? | | | |
| E-2. | Does a hearing problem cause you to feel embarrassed when meeting new people? | | | |
| S-3 | Does a hearing problem cause you to avoid groups of people? | | | |
| E-4 | Does a hearing problem make you irritable? | | | |
| E-5. | Does a hearing problem cause you to feel frustrated when talking to members of your family? | | | |
| S-6. | Does a hearing problem cause you difficulty when attending a party? | | | |
| S-7. | Does a hearing problem cause you difficulty hearing/understanding coworkers, clients, or customers? | | | |
| E-8. | Do you feel handicapped by a hearing problem? | | | |
| S-9. | Does a hearing problem cause you difficulty when visiting friends, relatives, or neighbors? | | | |
| E-10 | Does a hearing problem cause you to feel frustrated when talking to coworkers, clients or customers? | | | |
| S-11 | Does a hearing problem cause you difficulty in the movies or theater? | | | |
| E-12 | Does a hearing problem cause you to be nervous? | | | |
| S-13 | Does a hearing problem cause you to visit friends, relatives, or neighbors less often than you would like? | | | |
| E-14 | Does a hearing problem cause you to have arguments with family members? | | | |
| S-15 | Does a hearing problem cause you difficulty when listening to TV or radio? | | | |
| S-16 | Does a hearing problem cause you to go shopping less often than you would like? | | | |
| E-17 | Does any problem or difficulty with your hearing upset you at all? | | | |
| E-18 | Does a hearing problem cause you to want to be by yourself? | | | |



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| | | YES (4) | SOMETIMES (2) | NO (0) |
|------|---|------------|------------------|-----------|
| S-19 | Does a hearing problem cause you to talk to family members less often than you would like? | | | |
| E-20 | Do you feel that any difficulty with your hearing limits or hampers your personal or social life? | | | |
| S-21 | Does a hearing problem cause you difficulty when in a restaurant with relatives or friends? | | | |
| E-22 | Does a hearing problem cause you to feel depressed? | | | |
| S-23 | Does a hearing problem cause you to listen to TV or the radio less often than you would like? | | | |
| E-24 | Does a hearing problem cause you to feel uncomfortable when talking to friends? | | | |
| E-25 | Does a hearing problem cause you to feel left out when you are with a group of people? | | | |

NO = 0 points

Sometimes = 2 points

YES = 4 points

Total # of points ____ / 100

Total # of points for SOCIAL ____ -/ 48 = ____

Total # of points for EMOTIONAL ____ / 52 = ____

0 (no handicap) to 100 (total handicap)

0-16% = No handicap

18-42% = Mild-Moderate Handicap

44%+ = Significant Handicap

Adapted from Newman, C.W., Weinstein, B.E., Jacobson, G.P. and Hug, G.A., Test-retest reliability of the Hearing Handicap Inventory for Adults, Ear Hear., 12, 355-357 (1991)