



# Parent's Code of Conduct

CRSK Swim Club is committed to providing our athletes with an environment that will enable them to achieve their potential as well as an environment in which all individuals (athletes, coaches, staff and families) are treated with respect. Support your swimmers' sport of choice!

- I will conduct myself at all times in a manner consistent with the values of the CRSK Swim Club, which include fairness, integrity and respect. This pertains to interaction with all athletes, other parents, officials, staff and coaches.
- I will refrain from comments or behavior that are disrespectful, offensive, racist, abusive or sexist.
- I will not engage in destructive gossip regarding coaches, staff, parents, athletes or officials.
- Coaches will coach the swimmers. Parents are spectators, and are not to coach or yell instructions to the team or any swimmer from the stands or any other area at practices or at swim meets. Nor are they to be on deck during these events unless requested or required. Cheering of all swimmers is encouraged.
- I will respect the coaches' decision(s) to place my child into certain groups, races and/or relay events.
- If I have questions or concerns with respect to my child's swim program, I should contact my child's coach directly. If I have concerns with the response I will discuss with the Head Coach and the Coaching Liaison.
- I will not approach coaches or officials on the swim deck during swim meets or practices. Instead, I will arrange to meet with coaches before or after the sessions.
- I will ensure that my child arrives at practice on time.
- I will encourage a healthy lifestyle including nutritious foods and adequate sleep.
- I will be supportive of my child and the team at all times, regardless of performance level.
- I understand that volunteer organizations such as CRSK depend on the energy and goodwill of parents to fulfill numerous, essential roles. When I have an issue, I will respect that these are all volunteers working on my child's behalf. If I feel the need to take issue with any member of our 'team', I will do so privately and directly with the people involved. If resolution is not achieved, I will contact the Club President or Vice President.
- I will ensure that my swimmer understands that internet web sites, such as, but not limited to, Facebook, on which people socialize and exchange information, shall not be used to post remarks or pictures that can be considered inflammatory, degrading or in poor taste toward any other athletes (CRSK or otherwise), coach or volunteer.
- I will support my swimmer and the Club by volunteering my time to assist at meets, social events and fundraising activities.

I understand that the above are designed to foster a positive environment for all who are involved with the Salmon Kings and in particular the children. I agree that any breach of any of the items above will result in the following:

- On a first offense, the parent will be given a warning by the President of CRSK.
- On the second offense the parent will be informed, by the President of CRSK, that their swimmer is no longer a member of the club.

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Parent Name

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Parent Signature

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Date