



May 2024

Highlights for May

May 1	Summer Season Begins!
*	All swimming at Strathcona Gardens Indoor Pool

MON	TUE	WED	THU	FRI	SAT	SUN
April 29	April 30	1	2	3	4	5
Season Launch Meeting 6:30pm @ Carihi (MPR)		Start of Season Trial Day 1 Age Group Swims	Trial Day 2 Age Group Swims			Regular Practice Schedule Begins
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
Victoria Day: no practices					Seniors' Camp - Salt Spring Island (Division 5+ swimmers only)	Seniors' Camp - Salt Spring Island (Division 5+ swimmers only)
27	28	29	30	31		



June 2024

Highlights for June

June 5?	Migrate to Centennial Outdoor Pool when it opens
June 10	CRSK Blue & Yellow Mini Meet
weekends	First Competitive Swim Meets of the Season

MON	TUE	WED	THU	FRI	SAT	SUN
					1 Swim Meet: Cowichan	2 Swim Meet: Cowichan
3	4	5 Team Migration to Outdoor Pool & Family BBQ - tentative date	6	7	8	9
10 CRSK Blue & Yellow Mini Meet	11 Photo Day	12	13	14	15 Swim Meet: Oak Bay @ Commonwealth Pool	16 Swim Meet: Oak Bay @ Commonwealth Pool
17	18	19	20	21	22 Swim Meet: Courtenay	23 Swim Meet: Courtenay
24	25	26	27	28 Swim Meet: Nanaimo	29 Swim Meet: Nanaimo	30 Swim Meet: Nanaimo



July 2024

Highlights for July

- 6th -7th: Campbell River Home Swim Meet (everyone should come!)
- 8th-11th: Fun Week (lots of fun activities at practices)
- 15th -18th: “Hell” Week (extra challenging practices)
- 22nd-25th: Theme Week (each day has a new theme for the practice)

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
				Set-Up for Home Swim Meet @ 4pm	Swim Meet: Campbell River	Swim Meet: Campbell River
8	9	10	11	12	13	14
Fun Week	Fun Week	Fun Week	Fun Week		Swim Meet: Salt Spring Island	Swim Meet: Salt Spring Island
15	16	17	18	19	20	21
“Hell” Week	“Hell” Week	“Hell” Week	“Hell” Week		Swim Meet: Sidney @ Commonwealth Pool	Swim Meet: Sidney @ Commonwealth Pool
22	23	24	25	26	27	28
Theme Week	Theme Week	Theme Week	Theme Week			
29	30	31				



August 2024

Highlights for August

2 nd -4 th :	Vancouver Island Regional Championship Meet
8 th :	CRSK End of Season Awards Night, BBQ, AGM
16 th -18 th :	BC Summer Swimming Provincial Championship Meet

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
				Swim Meet: Vancouver Island Regionals, Commonwealth Pool	Swim Meet: Vancouver Island Regionals, Commonwealth Pool	Swim Meet: Vancouver Island Regionals, Commonwealth Pool
5	6	7	8	9	10	11
			End of Season Awards Night, Family BBQ, AGM	Team Swim at McIvor Lake		
12	13	14	15	16	17	18
		Last Practice Day of the Season		Swim Meet: BCSSA Provincial Championships - UBC (Vancouver)	Swim Meet: BCSSA Provincial Championships - UBC(Vancouver)	Swim Meet: BCSSA Provincial Championships - UBC (Vancouver)
19	20	21	22	23	24	25
26	27	28	29	30	31	