

CRSK Indoor Pool Schedule. May 2025 until Outdoor Pool Opening (hopefully early-June)

All sessions meet at Strathcona Gardens, we will walk to Pinecrest as a group for dryland sessions.

NO SESSIONS FRIDAY OR SATURDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SUNDAY
TYEE	ACTIVATION: 3:15-3:30PM SWIM: 3:30-4:30PM	ACTIVATION: 6:45-7AM SWIM: 7-8AM — DRYLAND: 6:30-7:15 SWIM: 7:30-8:30	ACTIVATION: 3:15-3:30PM SWIM: 3:30-4:30PM	ACTIVATION: 6:45-7AM SWIM: 7-8AM — DRYLAND: 6:30-7:15 SWIM: 7:30-8:30	ACTIVATION: 6:45-7AM SWIM: 7-9AM
CHINOOK	ACTIVATION: 4:15-4:30PM SWIM: 4:30-5:30PM DRYLAND: 5:45-6:30PM	ACTIVATION: 6:15-6:30PM SWIM: 6:30-7:30PM	ACTIVATION: 5:15-5:30PM SWIM: 5:30-6:30PM	ACTIVATION: 6:45-7AM SWIM: 7-8AM — ACTIVATION: 6:15-6:30PM SWIM 6:30-7:30PM	ACTIVATION: 6:45-7AM SWIM: 7-8AM
COHO	DRYLAND: 4:30-5:15PM SWIM: 5:30-6:30PM	ACTIVATION: 6:45-7AM SWIM: 7-8AM	ACTIVATION: 4:15-4:30PM SWIM: 4:30-5:30PM	ACTIVATION: 6:15-6:30PM SWIM: 6:30-7:30PM	ACTIVATION: 6:45-7AM SWIM: 7-8AM
SOCKEYE	ACTIVATION: 5:15-5:30PM SWIM: 5:30-6:30PM	ACTIVATION: 6:15-6:30PM SWIM: 6:30-7:30PM	DRYLAND 4:30-5:15PM SWIM: 5:30-6:30PM	OFF	ACTIVATION: 7:45-8AM SWIM: 8-9AM
PINK	OFF	DRYLAND: 4:30-5:15PM SWIM: 5:30-6:30PM	OFF	ACTIVATION: 5:15-5:30PM SWIM: 5:30-6:30PM	ACTIVATION: 7:45-8AM SWIM: 8-9AM