

AB/DL Recommended Starter Set

So, you are interested in buying your first ABDL gear? As a member of the community for over 20 years, let me make a few recommendations based on my experiences and expansive collection of gear myself.

The Baby Set – Cost \$100 - \$150

- Diapers
- Paci
- T-shirt/onesie

Diapers

Firstly, every baby needs diapers... and although there are a ton of ABDL printed diapers on the market, all the cuts and measurements are not universal, and they are pricy... I personally recommend **Northshore Megamax** for all first timers. There is no better diaper for the price on the market. A pack of ten will run between \$33.50 - \$45 depending on where you get them. Northshore has an excellent website and quick shipping, but you can also purchase Megamax on Amazon at a higher price. The colors come in White, Black, Blue, Pink, and Tie dye currently.

If you are into super thick diapers that last over 12 hours you can add an addition of boosters. They are diapers without an outer shell that will soak through. Northshore and various other companies sell boosters that slip inside the diaper that add more thickness and the “Waddle effect.” Boosters depending on the size and make can be around \$17.00 - \$35.

Paci

When it comes to Pacis, you could get a toddler’s Nuk 5 from any local baby aisle, but for a few bucks more you can get an adult sized paci. My recommendation is From **My Inner Baby** they sell several large sizes for various price ranges. My personal favorite is the size ten which sells for around \$20.00, but there are larger sizes for additional costs. Adding a Paci clip is a fun addition that adds to an outfit.

Onesie/T-shirt

There is one company I recommend above all when it comes to a Onesie or Romper and that is **Onesies Down Under**. They sell some of the best onesies out there and the sizes are very forgiving as they can stretch quite a bit. It is important to use the size chart when ordering and I recommend adding an inch or two for the average diaper. Their prices are fair for the quality and there are frequently sales and items on discount and clearance. You can find a onesie for roughly \$30-42.00.

If you are a baby on a budget the easiest thing to do is wear a t-shirt and adopt the “Tommy Pickles” look. I recommend getting a smaller sized T-shirt than what you normally wear if you want your diaper on display. A solid color is one way to go, but there are also “nostalgic graphic T-shirt” options available at big name stores such as Teenage Mutant Ninja Turtles or Sesame Street.

Once you have your AB/DL basic attire there are always ways to improve your toddling look and add to the growing wardrobe.

The Toddler Addition – Cost \$170-\$180

- **Shortalls/Skirtalls**
- **Knee high socks**
- **Velcro Shoes**

Shortalls/Skirtalls

The shortalls/skirtalls look is the classic in the AB/DL community. My personal recommendation are the denim shortalls or Skirtalls from **Tykables**. They cost \$80.00, but the quality and the fact that they open at the crotch for diaper changes (Shortalls) the price is more than worth it. They also will not hide the onesie you are wearing but to the contrary will feature it.

Knee High Socks

Knee high socks are a great and yet cheap addition to the AB/DL look. They can be acquired anywhere clothing can be purchased. I am personally a fan of Amazon due to selection and options. Socks can be found for a few dollars or more depending on the make and quality.

Velcro Shoes

Shoes may not be an item many AB/DLs think about but for me my shoes are one of my favorite clothing items. Sure, any sneakers could complete the look, but if you want to feel really little, nothing will make you feel that more than Velcro only sneakers and I am not talking about your grandpa's orthopedic shoes. **Vans** has Black **and White or Blue and White Suede Canvas all Velcro Trainer sneakers** that I personally am on my fifth pair and wear everywhere except the gym as my daily shoes. I have always ordered my shoes on Amazon, and they will run you about \$80.00 depending on the size, but if the shoes are important to you these cannot be beat.