



# MCCN NEWS

MISSION CITY COMMUNITY NETWORK - NONPROFIT COMMUNITY CLINIC  
 "A Community Health Network"

**Mission Statement:** "To provide, advocate and model quality health care and social services for the uninsured and low-income families in the communities of Southern California"

## A Message from the President/CEO



Happy new year to all of you!

We all hope that 2018 will bring more happiness and joy to all of you. Despite the problems in our nation's capital where long term funding for community clinics is still pending and the so called Tax "reform" that may have major negative impact on social services in the near future, MCCN was still able to add four new sites to increase access to vulnerable communities in Southern California. We are staying on course towards our mission to increase health care access in our communities. We continue to advocate for a long term funding for Community Clinics through our National Association of Community Health Centers (NACHC).

In 2017, we were saddened by closing our Hollywood Clinic that we had been providing quality health services for more than 17 years as the site is being torn down for a new mixed use development. However, our patients are being served at a nearby Olympic site as well as in Glendale.

Thank you for all your support as we move forward in year 2018.

MCCN Hollywood Clinic



8527 Sepulveda Blvd., North Hills, CA 91343, (818) 895-3100

## New MCCN Glendale Clinic Now Open

Mission City Community Network, Inc. announces the opening of its new clinic in Glendale. The clinic is conveniently located at 222 W. Eulalia Street, Suite 301, Glendale, CA 91204. The clinic will offer behavioral health services.

Due to the demolition of the building where the Hollywood clinic was located, 4842 Hollywood Blvd, Los Angeles, CA 90027, MCCN has moved its medical patients to its Olympic Clinic. The Olympic Clinic is located at 2655 W. Olympic Blvd., Los Angeles, CA 90006. New patients are welcome! For more information please call (818) 895-3100.

## Kaiser Permanente Flu Shots for MCCN Employees

MCCN management in partnership with Kaiser Permanente administered and facilitated the Flu Shots for MCCN employees at the Sepulveda corporate office on December 20, 2017. Kaiser administrators Alex Baldwin and CiCi Song together with LVN Nik Piyanga provided the flu shots. MCCN Director of Nursing Yolanda Lasmarias together with Human Resources Director Virginia Ingram and MCCN Chief Financial Officer Magdalena Almira collaborated and initiated the activity to augment the employee need of a yearly flu shots to protect themselves and their love ones from serious health risk.



MCCN Nursing Team and Kaiser Permanente Representative administer Flu shots for MCCN employees.



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## MCCN - Barstow Health Screening and Physical Examinations Day

MCCN Barstow Clinic launched a "Health Screenings and Physical Examinations Day" for underserved individuals in Barstow City on October 4<sup>th</sup>, 5<sup>th</sup> and 9<sup>th</sup>. MCCN staff also provided free flu shots for adult and free back pack give away for children. This special event is part of MCCN Patient Appreciation and Columbus Day Celebration in Barstow.

MCCN outreach team conducted health promotion and community intervention to promote the health screening activities in collaboration with community partners from the Office of the City Mayor, the Barstow Senior Citizen's Center, St. Joseph Catholic Church, Barstow Unified School District, and Dos Costas Communication Radio Station Network.

MCCN President/CEO Nik Gupta together with MCCN Regional Medical Director Dr. Brooke Alexander and MCCN Outreach Manager Pedro Ramirez conducted a courtesy call meeting and program introduction with Barstow City Mayor Julie Hackbarth-McIntyre on October 20<sup>th</sup> at Barstow city hall. Mayor McIntyre on behalf of the city expressed her support to MCCN program and services.



From left: MCCN President/CEO Nik Gupta, MCCN Regional Medical Director Dr. Brooke Alexander, Barstow City Mayor Julie Hackbarth-McIntyre and MCCN Outreach Manager Pedro Ramirez.

## MCCN Covered CA Enrollment Day

Mission City Community Network Outreach Department started the Open Enrollment for Covered California on Nov 1<sup>st</sup>, 2017 until January 31<sup>st</sup>, 2018. A Covered CA information flyer was distributed to MCCN patients in all sites. MCCN Certified Enrollment Counselors (CEC's) and Financial Screeners facilitated the patient enrollment in all regions and ensured that patients received positive experience and informative visit at MCCN. In order for MCCN to efficiently assist the patients, they requested each individual to make sure they are bringing the right information and documents to their appointments. MCCN also conducted a one day general enrollment day at MCCN Panorama in SFV and La Puente Clinic in SGV on December 15<sup>th</sup>.



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**Open Enrollment for  
Covered California has  
Begun!**

**Come & Apply for  
Affordable Health Coverage**

**Open enrollment begins on Nov 1, 2017 - Jan 31, 2018**

Enroll by Dec 15 to start coverage on Jan 1

**What you'll need to enroll:**

<ul style="list-style-type: none"> <li>■ Proof of current household income</li> <li>■ California ID or driver's license for adults</li> <li>■ Proof of citizenship or satisfactory immigration status for people applying for coverage only (e.g., U.S. passport, legal resident card, certificate of citizenship or naturalization document)</li> </ul>	<ul style="list-style-type: none"> <li>■ Birth date for you &amp; household members</li> <li>■ Social Security number or Individual Taxpayer Identification number (if you have one)</li> <li>■ Home ZIP Code</li> </ul>
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Mission City Community Network (MCCN) is a full service non-profit community clinic offering a wide range of services to meet the needs of the community we serve.  
**MCCN Mission Statement:** To provide, advocate and model quality health care and social services for the uninsured and low income families in communities of Southern California.

**For more information and appointments,  
please call at 818-895-3100 ext. 668**



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## MCCN - NHMC Diabetes Wellness Rx Program

Mission City Community Network (MCCN) in partnership with Northridge Hospital Medical Center (NHMC) conducted Diabetes Wellness Rx program for individuals with Type 1 or Type 2 diabetes. The program consists of a 12 -week diabetes education workshop from September to November 2017 and covers topics such as diabetes management techniques, fatigue, pain, hyper/hypoglycemia, stress, and emotional issues, including depression, anger, fear and frustration. Additional topics include: appropriate exercise for maintaining and improving strength and endurance, healthy eating, appropriate use of medication, and working more effectively with healthcare professionals.

The project benefitted MCCN patients with diabetes sustaining the behaviors they needed and managing their conditions. The entire sessions help patients implement decision-making, self-care behavior. Specifically, it improves clinic and hospital clinical outcomes and patient's health status and quality of life.



MCCN Diabetes Wellness Rx participants with Outreach Manager Pedro Ramirez, RN Lloeth Arango and Northridge Hospital Medical Center Program Coordinator Barbara Gonzales.

## MCCN Holiday Toy Giveaway in SFV & SGV

In celebrating the Holiday Season, Mission City Community Network and its partner provider Care 1st Health Plan conducted a Toy Giveaway and a family picture taking opportunity with Santa Claus. A total of 200 MCCN children patients benefitted and received toys on December 18 in San Fernando Valley Sepulveda Corporate Office and on December 20 in San Gabriel Valley La Puente Clinic. Mr. Nik Gupta, MCCN CEO spearheaded the event and wishing all the children and their families a happy and a wonderful Holiday season



MCCN Toy Drive photo with MCCN President /CEO Nik Gupta, CFO Magdalena Almira & Pedro Ramirez together with Santa Claus and MCCN Children and their families.



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## Supervisor Solis Thanksgiving Turkey for MCCN Families

Mission City Community Network patients and their families from San Gabriel Valley region received 25 Turkey on Thanksgiving Day sponsored by the office of Supervisor Hilda L. Solis of Los Angeles County. MCCN was selected by the Office of Supervisor Solis as one the non-profit agency receiving 25 turkeys for MCCN families that most in need during the Thanksgiving holiday. MCCN Outreach Staff in SGV region identified MCCN patient beneficiaries and facilitated the distribution on November 20<sup>th</sup> in La Puente Clinic.



MCCN staff Luz Bustillos and Wilfredo Ramos received Thanksgiving Turkey from LA County Supervisor Hilda Solis (Center).

## MCCN Mobile Clinic in Barstow Senior Center

Mission City Community Network in partnership with Barstow Senior Citizen's Center, the largest and leading senior center in Barstow City organized and conducted a Mobile Medical and Dental "Clinic on Wheels" for seniors and homeless individuals held on November 30<sup>th</sup> in Barstow City. Barstow Senior Citizen President Jeff Eason and MCCN Community Outreach Manager Pedro Ramirez spearheaded the mobile services providing physical examinations and dental screenings senior citizen and homeless individuals.



MCCN Mobile Clinic Barstow Team: MCCN Outreach Manager Pedro Ramirez, MCCN Director of Nursing Yolanda Lasmarias, Barstow Senior Center President Jeff Eason and Administrator Joyce Brady.

## MCCN Annual Holiday Party

MCCN employees from all regions and clinic sites including MCCN management team and board of directors participated in the Annual Holiday Party on December 15<sup>th</sup> at Odyssey Restaurant in Granada Hills. Mr. Nik Gupta, MCCN President and Chief Executive Officer welcomed all employees and delivered his inspiring holiday season message.



MCCN Board of Directors at the Annual Holiday Party

## MCCN Welcomes Virgie Ramirez, Accounting Manager



Mission City Community Network, Inc. is proud to announce the addition of the Accounting Manager, Virgie Ramirez.