

Energetic Uplevel - Week 5



Susie Mooratoff 2025

The Fourth Triad of Consciousness

Welcome to Week 5 where we will cover the “Fourth Triad of Consciousness” which is also called “The Avatar Matrix” or “Solar Logos”

This means that we are able to experience the reality of Unity with God in every moment.

The Avatar Mind or Avatar Matrix is a field of Consciousness, it is our Cosmic Christos Consciousness (the feminine Christ and the masculine Christ). Where one reaches the embodiment of true Christ Consciousness in a human body, having all 12 DNA strands active of their silicate matrix. It allows reconnecting with the Solar Logos, the solar light of God.

It encompasses layer one - the “Christ Mind” - chakra 10, layer two - the “Buddhic Mind” - chakra 11, and the third layer - the “Avatar Mind” - chakra 12.

These are antiparticle chakras, connected to the activation of DNA strands 10, 11 and 12.

We look at how in our lives we can align with the Virues of Purity, Patience and Gratitude.

10th Chakra, the Solar Star/Soul Star Chakra

Colour: dark sapphire blue, contains a sapphire blue crystal seed and activates the 10th DNA strand.

Chakra 10 is the first layer in the “Fourth Triad of Consciousness - The Avatar Matrix”.

The 10th chakra layer is called the “Christ Mind” and is an antiparticle chakra that is located in our personal morphonogenic field, which is part of our personal soul blueprint.

Located 6 - 8 inches above your crown (the 7th chakra). It's a communication station/communication hub in our light body with our Avatar Christ intelligence, this is where we intend to move our consciousness through to connect into the higher realms for communication. To expand our consciousness awareness up through and beyond the 10th into highest planes we can reach to connect with God/Source. Without this 10th chakra in our lightbody, as our communication hub, we could not sense or *recieve higher frequency* communications from God or our benevolent guardian families.

Main Attributes: Christ mind, solar light activation, directly sense communication within our body, the HSP of cellular telepathy is activated (cellular knowing) direct knowing. First stages of Avatar consciousness and where contact is possible with enlightened extradimensional beings for universal service.

Connected also to the Thalamus gland within the brain. There is a direct link from our 7th Crown chakra to the 10th solar star chakra, and there is also a line of energy that runs down the left side of the body and ear portal back into the 7th and the 10th.



Note: As we connect through higher layers of chakras and 10D, we know that there have been reversals placed in these fields as well, in order to hijack our awakening. Here in the 10th communication station, there can be blocks to hearing the authentic voice of God and our guardian teams, especially through the left ear portal, so we remember our discernment at all times. Visualising a sapphire diamond shield within this center.

Spirit of Purity

When we look at purity through the lens of our dedication and devotion to be of service to the highest expression of our Inner God Spirit, to those around us, humanity and the earth, we naturally begin to purify the lower ego mind.

We align all of our heart, body, mind, and emotions to purifying any lower thoughts and actions and to heal the pain body from anywhere there have been trauma imprints that are still triggering and hurtful.

Calling in the virtues of Purity, to help dismantle and evict any spirits of addiction and lust from our field.

We naturally choose to live with self-respect and honoring of our sacred body temple, and to heal and take care of our sacred sexual and creative energies. This is deeply spiritually healing for ourselves and our intimate partners, when both consciously participate will strengthen truly loving sacred unions.

Aligning in our daily lives with the inner quality of purity of our mind, body, emotions, and spirit.



11th Chakra, the Galactic Chakra

Colour: dark silver, links into the 11 DNA strand.

The 11th chakra is the second layer of the “Avatar Mind Matrix, and It is called the Buddic Mind” or “Buddic Body” and sometimes called the Buddic egg. Also is an antiparticle chakra. It is the enlightened awake mind free from all distortions, clear and pure.

At this level it is where alchemical transformations occur from lunar consciousness to solar consciousness, as the Buddic Mind forms it begins to actualise Christ Consciousness within the human body.

Located 18" above the Crown Chakra

Main Attributes: access into the galactic timelines, another layer of our Avatar consciousness comes online, free from dualities and perceived separation. Transmutation of the dark mother principle from the lunar to the Solar Feminine Christ through the solar light activations of the Holy Father.

We can see that this has been happening on the planet, with a lot more solar plasma emissions occurring, marked by what's been termed the “Great American Eclipse” on August 21st, 2017. Along with heightened Aurora activity and geomagnetic storms, all creating the perfect environment for this alchemy within the planet and all humans to initiate ascension and the evolution of consciousness.

Further Hierogamic union, which is the sacred marriage of a Human with Divinity (God) within, on the individual level and also in sacred marriage with another human.

The Virtue of Patience

We've all heard the saying "patience is a virtue."

Knowing when is the appropriate timing for all things, and often our ego is impatient and wants to run ahead of what our heart or our higher mind is saying.

When really, what we are invited to do in the moment, is be the observer witness, and wait, so we can align to the highest expression of an outcome without being impatient. Allowing one to perceive the greater overview of circumstances.

Cultivating patience in a situation can take us out of our comfort zone, though this then becomes a catalyst for our own transformations, as many times the natural response is to react. So in the moment we are called to be patient.

Patience enables the presence of the virtue of compassion and empathy towards others or ourselves to unfold, to then be more forgiving towards others or ourselves.

Patience is an aspect of building our spiritual maturity that builds strong moral character.

If we feel triggered or anger, we call in the spirit of patience into our body, mind and emotions to help us to align with the most effective action.

12th Chakra, The Earth Star Chakra

Colour: platinum liquid silver/white, contains a platinum white crystal seed, activates the 12th DNA strand.

Third layer of the Avatar Matrix and called the “Avatar Mind” and is an antiparticle chakra

It’s located 6 “beneath your feet and connects directly with the base of our 12D shield. It’s our interface into the planetary grid system, it holds our individual blueprint for our Avatar Christ and our 12th D self.

Main attributes: Cosmic Christ Consciousness embodied, Cosmic Christ Citizen actualized, Cosmic Christos Avatar of liquid Aurora light transforms the lightbody. Total unification of the Divine Masculine and Divine Feminine and together begin to create the double diamond sun body of 24 DNA strands activated.

The Earth Star chakra is our access into 12 D future timelines of Aurora Earth. As we embody higher frequencies through our ascension process, our 12 D base shield allows us to run high frequency energies directly into the earth grids, this helps to raise the collective consciousness field for all of humanity to begin to embody their 12 strand diamond sun DNA template.

12D frequency hubs can be created to support further activation and remembrance of starseeds and Indigos as well as being safe zones /ascending hub.

At this level there can be no distortions.

The Spirit of Gratitude

Gratitude and Love are two of the highest frequencies we can align to.

What and who are you grateful for in your life, what experiences are you grateful for?

Hold this feeling in your heart and expand upon this, when we practice gratitude, our whole vibration shifts into that frequency and we align ourselves to the expanded feelings of happiness, joy, love, inner peace.

Commit to express more gratitude and love in your life.

This could be simply stopping for a moment during your day to remind yourself of someone or something you are grateful for. It could be verbally expressing gratitude to someone, or showing them by an action that you are grateful for them.

The practice of gratitude has wonderful magnetising power, even when you feel exhausted and depleted and have to encourage yourself into that frequency.

The quantum field responds to our heart felt and true emotions, so when we can access the emotion of gratitude, we will naturally magnetise more experiences in our life for us to be grateful for.

If we notice ourselves grumbling, complaining, feeling resentment, entitlement, bitterness etc, we call in the spirit of gratitude to dismantle the lower emotions, as well we are invited to take a deeper look and trace back where this trigger/old belief/or pattern has created a wound within us and work towards healing that part of ourselves.

