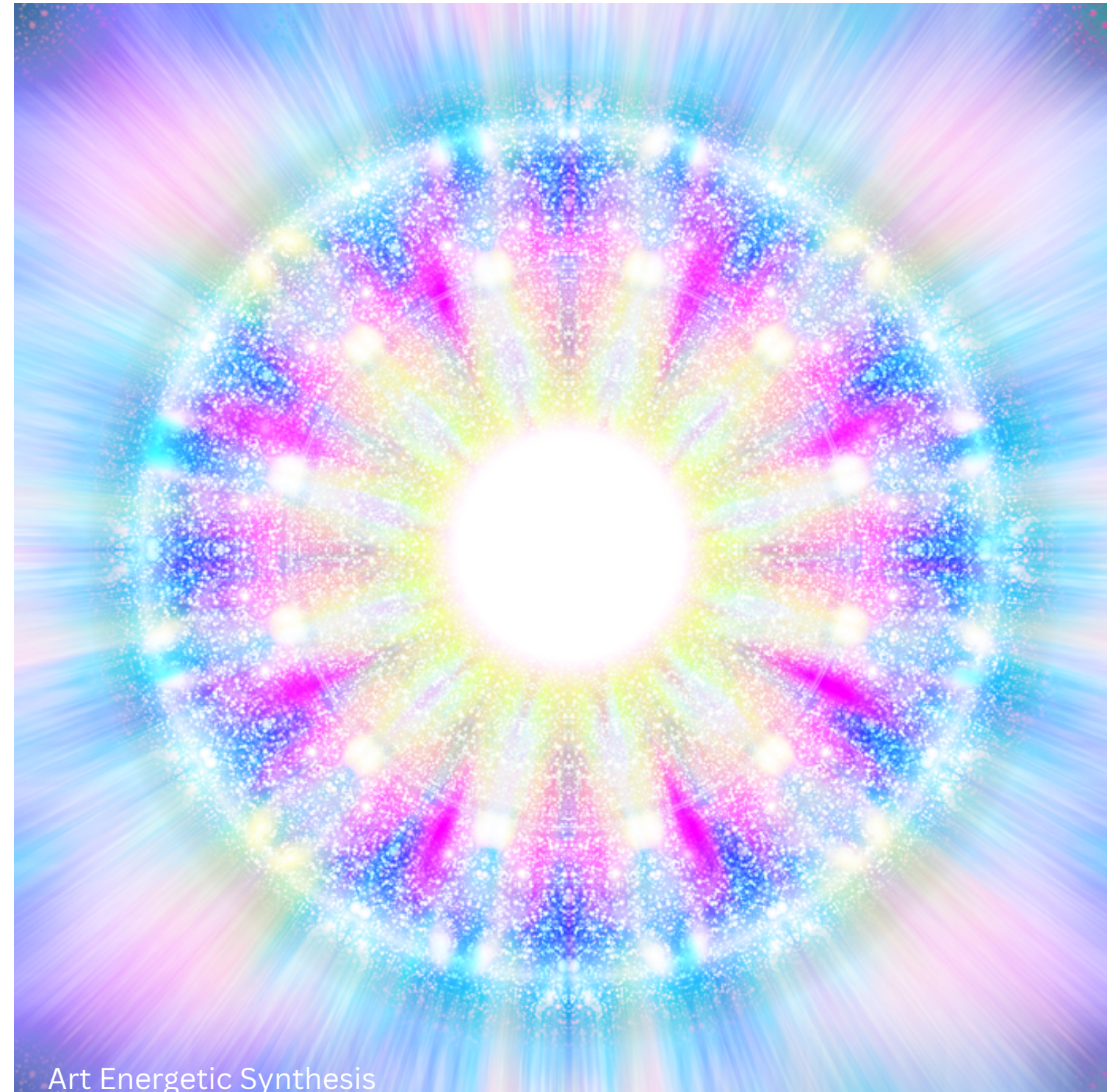


Energetic Uplevel - Week 6



Art Energetic Synthesis

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Welcome to our final class for this Energetic Uplevel program. My intention has been to cover what I have found to be important and helpful information and knowledge for expanding and uplevelling our consciousness and tools that have greatly assisted my ever unfolding journey.

Everything i've shared here, i practice, and i continually come back to an essential foundation for developing Multidimensional awareness and deeper connection to God/Source, this is the Spirits and Virtues of Christ. These will build your Spiritual foundation, your spiritual house to allow more of your Divine soul to manifest into your physical body and consciousness, and your unique soul path and mission to actualize.

I have recorded 2 meditations on soundcloud aligning to the Spirits and Virtues of Christ, they are very grounding and a wonderful way to connect deeply with the virtue ethics. I hope you find a moment to listen.

https://soundcloud.com/suz_ee/embodying-the-spirits-of-christ-part-2

https://soundcloud.com/suz_ee/embodying-the-spirits-and-virtues-of-christ

This week we cover chakras 13, 14, and 15. - the 5th "Triad of Consciousness,".

A Triad of Consciousness is also referred to as a Harmonic Universe, which hold three layers or bands of frequency, which we have explored in every Triad of Consciousness.

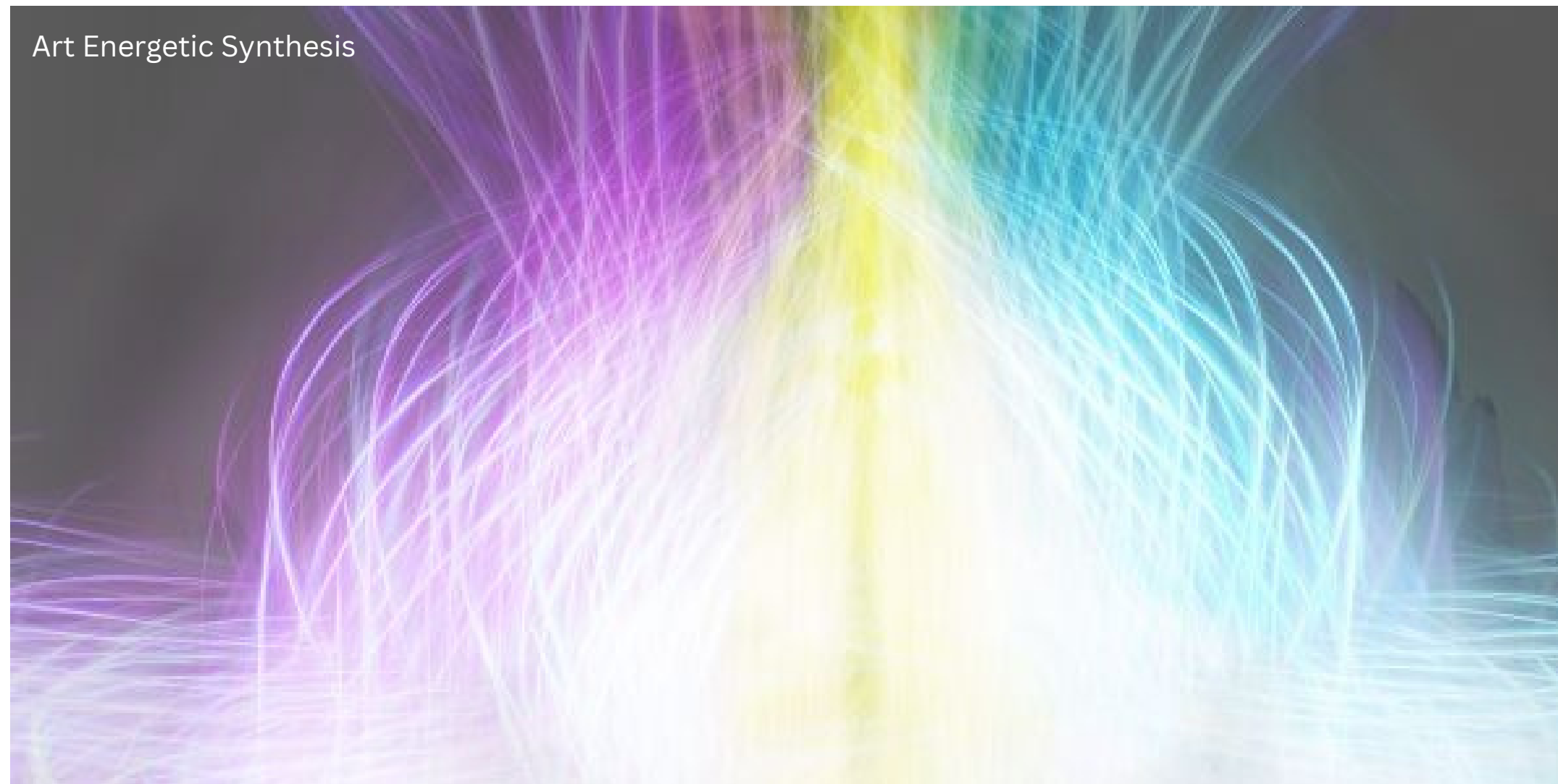
In this 5th spectrum of frequency are the three layers of the Rishic Matrix

This level is the creational Founder God Source Field of the Holy Mother - Mother Arc, the Holy Father - Father Arc, and the Holy Christos Sophia - the Rishic Suns and Daughters of God.

This consciousness field is the Holy Trinity, also referred to as the threefold founder flame, or the Universal Mind matrix.

This is a pre-matter field of consciousness, a primal light and sound field that hold the three ray frequencies of the aquamarine, pale gold and pale magenta. There are no human forms or matter forms, at this level, consciousness does not manifest into matter, it exists outside of dimensionalised time, in no time.

The Rishic matrix is not the same as the Rishi we understand in Indian religions as the great seers of Divine knowledge, sages etc, This is much more than that, it encompasses the creational God field. The Solar Rishi are the masculine aspects of the Godhead and the Divine counterpart/feminine aspect is the Solar Riesha.



Chakra 13, Holy Mother, Holy Mother Arc

Colour Aquamarine, contains the Aqua crystal seed of the Holy Mother frequency.

The 13th Chakra is Founder Ray 1 of the aquamarine spectrum frequency.

The Holy Mother is part of the Cosmic Holy Spirit - The Godhead, in no time.

Located 12" beneath our feet into the earth, connected into the 8th high heart center and the 12th - our Earth Star chakra. The Mother of God principle for humanity and the planet, and also connects into the Earth core. It is the Aqua Blue ray of the Holy Mother's Mother Arc and ignites within the Amoraean flame of our devotion in the 8th high heart center.

Attributes: Divine Holy Mother of God, Pure Divine compassion, Divine love and nurturing. The Holy Mother returns to bring all her children (every human soul) out of this fallen system through this ascension cycle as the stargates align.

Holy Mother Arc aqua portals hold safe passage for soul transiting into higher dimensions through the 13th transharmonic pillar and gateway. The Mother Arc connects into Andromeda and the Aurora consciousness and Aquaferrion Krystic races of the 7 Higher heavens.

The Holy Mother Arc portal system was created within the Arc of the Covenant gateway system.

14th Chakra, Christos Sophia

The Masculine and Feminine Christ principle, the Holy Sun and Holy Daughter of God.

Colour Pale gold, pale gold crystal seed, is an anitparticle chakra.

Founder Ray 2 of the pale gold spectrum of frequency.

United with Holy Mother and Holy Father God, the Trinity of the Godhead in no time.

Located 3 ½ feet above the head, creates the top platfrom for the 12D Shield,

Further supports Christ Consciousness embodiement of the 12th Chakra

Attributes: Christos Sophia, the inner and outer perfected balance of the Divine Masculine Christ and the Divine Feminine Christ in Unity with God (Mother/Father God). Inner gnosis of the Divine unity of all life.

Cosmic Christ Citizen, sovereignty, spiritual freedom, liberation

On the path of ascension, one of our highest soul intention is the embodiment of the Christos/Sophia principle.

This is the manifestation and inner merge of heirogamic balance between the sacred masculine and sacred feminine Christ principle within each person. Unified and whole in the perfected image of God/the Godhead

It is the inner path of gradual spiritual initiations to realize and activate the spark of Divinity within our sacred crystal heart, and to realize that this Divine spark is found throughout all creation. This is designed to unite polarities within and without, and to truly know that all is made of Divine Eternal Love intelligence energy and are part of the All-One.

As Christ taught - Love your neighbour as you love yourself, the universal truth All is One.

This is the path to embody our inner wisdom, inner gnosis to gain direct knowledge of our souls Divine Eternal Consciousness, to achieve spiritual freedom through the ultimate attainment of Unity with God.

To become a Cosmic Christ citizen actualized, this is to be able to transmigrate our consciousness body to anywhere in the Cosmos without limitation. Full sovereignty, liberation and spiritual freedom.

The embodiment of the full diamond sun body (12-strand DNA and higher).

No one can do this for us; it is each individual's choice to take this path, which does require the inner devotion to understand and restore the Divinity of our Soul at one with God. To dissolve all walls of separation that are created through trauma and inherited miasmatic or karmic overlays and conditioning.

We do the shadow work to clear the negative ego and honestly look at the places within ourselves that need healing. To clear all distortions from the DNA.

We commit to increase and restore the perfect energetic balance of our consciousness and multidimensional body, mentally, physically, emotionally, and spiritually. This naturally helps to restore perfect peace through the zero point of our high heart (8th Chakra)

15th Chakra Holy Father and The Holy Father Arc

Colour Pale Magenta ray and holds the pale magenta crystal, is an antiparticle chakra
The 15th Chakra is the Universal Father Ray, founder Ray 3 and located in deep space, no time
The Holy Father is part of the God Head - The Founder God/Source Field

The Holy Father Arc is a zone that exists in the parallel matrix behind the sun and is the entrance leading to the Cosmic Spiritual Sun also called the sundisc network, these networks are being restored and powered up within the earth architecture. They are vortices that interconnect with star networks and celestial bodies, on multiple planes of reality. Enabling consciousness to travel through these intergalactic highways of Crystalline Solar light to other dimensions.

Attributes: Cosmic Holy Father of God principle, true compassion in action towards all living things. The true Father God principle of eternal Love and security. Love in action and compassionate witnessing. He is the Law of Structure and Cosmic Justice, Compassion, True Power and Benevolence.

The true Divine Masculine principle.

Holy Father's Eternal Light, is the highest expression of The Solar King or Cosmic Christos Consciousness.

The Cosmic Holy Father principle is slowly being awakened on the planet by the Holy Mother through the Holy Mother and Mother Arc portals.

This awakening of the Holy Father is beginning the phase of returning the masculine archetypes of benevolence merged with true power. He is the rehabilitator of Patriarchal domination through his true compassion. This is beginning to heal the false father principle, the tyrannical father, service to self, religious violence, all of which has corrupted the masculine principle on earth.

Holy father is healing and reanimating the male Christ principle and is restoring the Cosmic Holy Rod code structure in the planetary grid networks which is beginning to activate within many males feeling connected to new levels within their heart-brain structure.

When the Amoaia flame emanates its sound frequency through our 8th high heart centre and our Divine Blueprint it splits into the Mother and Father Arc and we can begin to override any false parent energies running in our field and embody the true Mother and Father principle.

However every individual on their evolutionary path must be willing to choose to take personal and spiritual responsibility to end any victim/victimiser related patterns.

When we can recognise parts in ourselves that need healing, eg, feelings of insecurity, if we have scarcity and lack programming, survival fears, and feeling unsafe, victimized, or abused, and any other false father programs.

We choose to restore inner balance and harmony with self and others, restore our sense of stability and security, to feel grounded with abundance, ease and grace, gratitude and building our connection with Spirit. Intend and ask Holy Father in heartfelt prayer to help restore the unified patterns of balance within you. He can be called upon to guide you to a resolution, movement or clarity in a situation, through his Law of Structure.

When we have strength at our foundation (chakra 1 base), we can progressively build upon that foundation, which generates our self-esteem and self-worth based upon inner security and not the outer forms of material security or seeking unhealthy relationships.



Arc Technology

Arc Technologies come from the Paliadorians who are advanced Krystic races and ancient builder races, through the 7 higher heavens, the higher creational realm of the Andromeda galaxy for every being in the universal multiverse to have the access to knowledge of becoming and embodying the Cosmic Christos/Sophia - Christ Consciousness, which is also the knowledge of ascension mechanics. This sacred knowledge was held and safeguarded by the original Christos Essenes and the Cathar lineages.

Arc technologies include advanced portal systems into the multiple dimensions and realities for the transportation of consciousness into frequency bandwidths that are aligned with the individual consciousness level. They provide safe passage and soul transit and as well safe zones and arc zones. There are many portals on the planet, though to access these we must go through a certain degree of our own consciousness expansion to be able to perceive them and then to be able to move through them. They are highly intelligent systems and only when our consciousness can align are we able to move through them and become a Cosmic Citizen.

It has been set up this way since the falls of the Lumurian and Atlantis timelines and the Atlantean wars (beginning 50,000 YA), so the antilife forces that are present in this dimension could not get through them or access them without going through their own ascension process.

12th Dimensional Christ Shield Protection Process

This is a powerful technique that, when practiced with clear intention, serves to fully protect, strengthen and fortify your energy field and light body. By establishing consistent energetic protection, you will feel yourself securely held within your personal 12th Dimensional Shield—your Christ Shield.

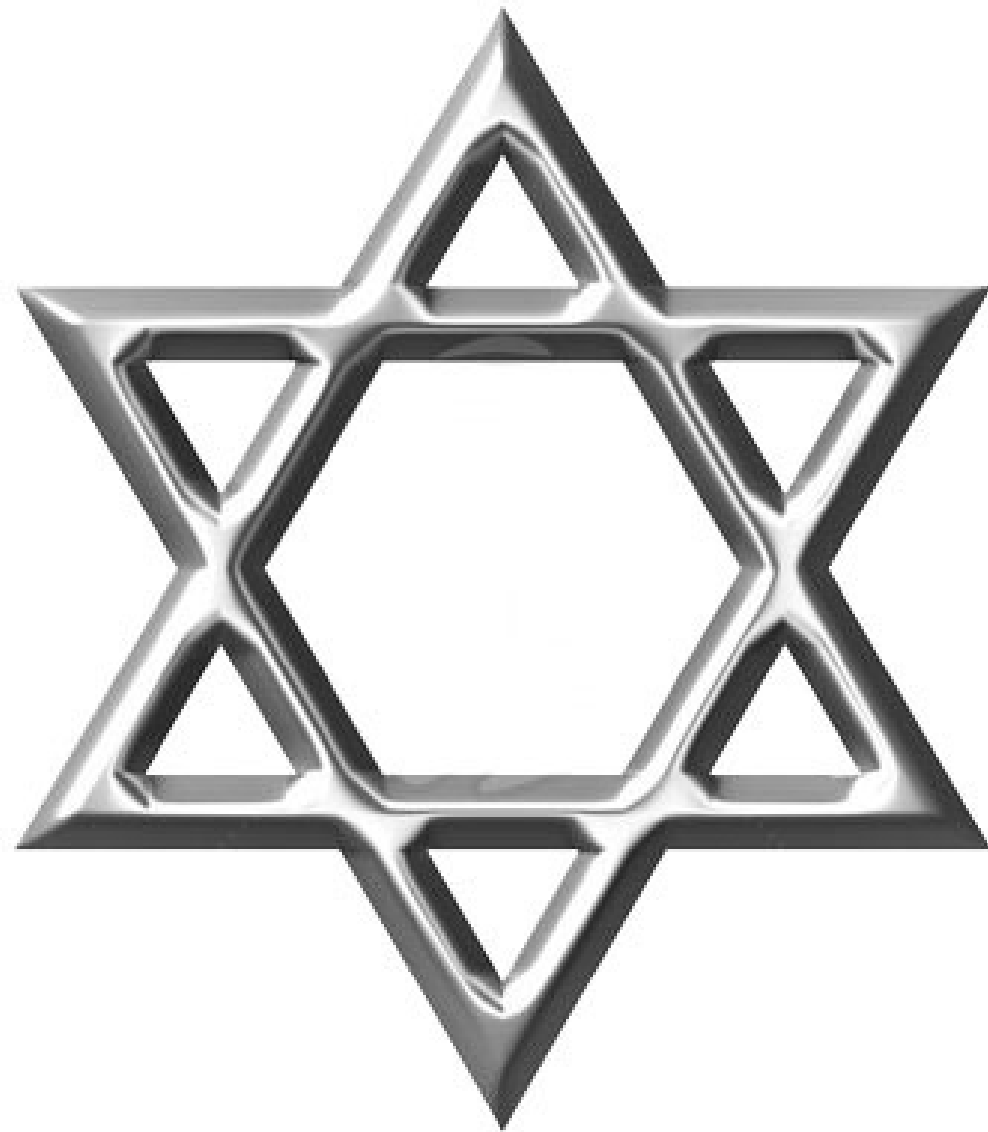
Although the process requires dedication and regular practice, it becomes easier and more natural over time. While there are simpler protection methods available, this particular practice also supports the development of your higher sensory perception (HSP) and deepens your ability to attune to the 12th Dimensional Christ frequency, your personal Christ Blueprint in your Earth star chakra, which is the 12th chakra beneath your feet

When practiced daily—ideally as a morning ritual (and in the evening before sleep), this technique strengthens and deepens your communication and connection with God. It will build, strengthen and fortify your energetic field and aura and energetic boundaries, helping to guard against external negative forces and uninvited energies.

You'll also learn to boundary test your personal field and discern the presence of misqualified or negative energies in spaces such as your home, land, or workplace.

As you practice this technique a few times and it becomes entrained within your energy field, it will be possible to hold an energetically harmonising space in your environment. As your body and central pillar of light is the templar and becomes an accupunture point in the earth. This positivley effects the grids around you. Which is our intention when partaking in any type of gridwork.

In this process we work with the merkaba 6-pointed star, the star of David, this geometry symbolises the balanced energies of the masculine and feminine, the unity of polarities and oneness with God. As it translates into the Merkaba this is two tetrahedrons, the pyramid shape. The upward facing triangle is the masculine frequency that also represents the elements of fire and air, and the downward pointing triangle is the feminine frequency aligning to water and earth elements.



The process: Always begin your process with a heartfelt prayer to God and Christ.

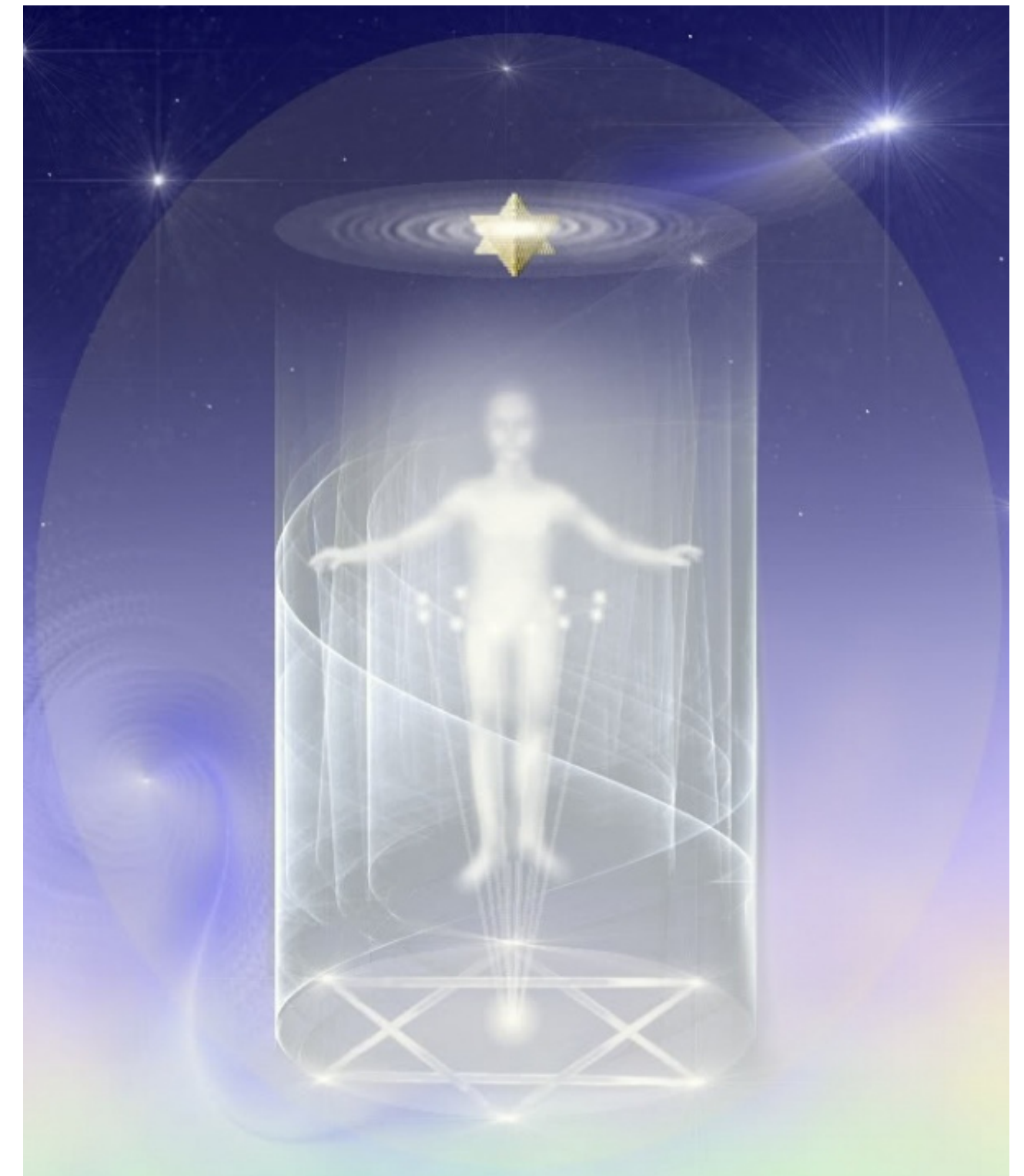
- 1.** Imagine in the center of your brain is your personal merkaba, 6-pointed star in the colour of platinum diamond silver. Bring all of your focus into the merkaba star in the center of your brain, see this in the inner vision inside your brain.
- 2.** Intend to move your merkaba star down your central chakra column, the central line of your body releasing through your root chakra and send it all the way down to connect into the crystalline core/crystalline platforms of the earth, sending this with all your love and intentions for unity for the planet and all beings on this planet.
- 3.** You will notice a platinum silver cord of light connecting from you to your merkaba star in the crystalline center of the earth, intend this with all your love. With each inhale, You will begin to sense a soft platinum light building around you from this connection.
- 4.** Bring your focus back to your 6-pointed star in the center of the earth and with your intention start to draw it back up to you, and have it stop at a position 12 inches below your feet. This is your just beneath your Earth Star chakra, the area holds your unique blueprint.
- 5.** As you focus your attention upon your merkaba in this position beneath your feet, start to see it beginning to slowly spin, and as it does, it is forming a circular horizontal platform beneath you of silvery platinum light. This platform is your base shield and forms the bottom and foundation of your spiritual house and 12D Shield
- 6.** As your base shield is formed, it will also begin to create an upward movement of a pillar of platinum silver white light. See this pillar of light 360 deg, all around you and allow it to permeate within your body, encasing your physical body and light body within it, as a cylindrical shape of platinum light. Take it all the way to the position about 3 ½ feet above your head. And visualise your body totally within your personal platinum pillar/shield of light.

7. Bring your focus back to your merkaba star in the center of your foundation platform and consciously bring it up through your central verticle chakra column, all the way through and out your crown chakra to a position 3 1/2 feet above your head where you 12D pillar is stopping. See your merkaba begining to spin and form a top platform above your head. As you see it expanding and connecting into the your 12D platinum shield, see it create a seal and lock around the edges. You are now fully protected within your 12D shield of platinum silver light.

8. Imprint into your shield, I am God, I am sovereign, I am free. (or any words that have the same meaning but you feel more emotionally connected to, eg I am a child of God, I am one with God etc)

9. Next we multidimensionally ground, and with your intention send your merkaba all the way into the Cosmic heart of the Universe, into the heart of God. See yourself connected, with your platinum silvery cord into the heart of God above you and the crystalline layers of the earth beneath you.

10. From this space, within your shield, thank God and thank your guidance teams and allow yourself to be filled with unconditional love, peace, harmony, balance and gratitude.



<https://www.youtube.com/watch?v=XhuLXYLhz-c>

Consciously Creating Harmonising Spaces in your Environment

Once you feel confident and have practiced the 12D shielding process at least half a dozen times, and you want to consciously create a harmonising space for you own personal space or your home or land, this will greatly help to maintain the high frequency for your family, home, the land and grids etc.

Begin with a prayer and set your intention for creating harmony and balance within your space.

Set your 12D shield, visulaise your pillar of light within the central vertical column of your body radiating beautiful frequency of diamond light as you strengthn and fortify your 12D shield.

Intend to expand your energy in a counter clockwise direction to fill your space, feel this as pure love radiatnig through your space to fill your entire space and feeling into the perimeters of the space. Then intend to expand again in a counter clockwise direction, as you're creating concentric circles around you to fill your room and again to fill your entire home.

Continue to expand this and hold this frequency to encompass your land area, consciously filling it with your pure love intention and sense that it is pushing out any lowewr frequencies from your space or home.

Feel the boundries within your space energetically, see your field expanding to encompass the ceilings walls etc. As you continue to expand concentric cirlcres of 12D Christ light around you. your expand counter clockwise and you can practice bringing your energy back in in a clockwise direction,

As you feel stronger in this frequency you can send this energy into the earth grids and through your land space. Consciously intending to uplift and elevate the whole energy field, see this as radiant crystalline diamond light running through the grids and uplifting all life that is within the space. The natural plant, mineral and animal kingdoms and of course your family, friends, and if you feel to extend to your community. This is a great protection practice for your home, daily if possible. It will also help to shield against harmful EMF's, chem trails etc. Finish with a prayer of gratitude and thanks to God and Christ.



I would love to stay in touch: www.susiemooratoff.com instagram: susiemooratoff_