

Kickoff & Scoring Kicks Mechanics

Regular Kickoffs

U

SJ

COACHES AREA

HI

BJ

F

COACHES AREA

LJ

R

Slide 1 Initial Positions



Regular Kickoffs

U

SJ

COACHES AREA

HL

BJ

FJ

COACHES AREA

LJ

R

Slide 2 Initial Movements

R1 R2 R3 R4 R5 L5 L4 L3 L2 L1

K

B1

B2

B3

B4

B5

B6

B7

B8

B9

B10

B11

10
20
30
40
50
40
30
20
10

10
20
30
40
50
40
30
20
10

Regular Kickoffs

U

SJ

COACHES AREA

HL

BJ

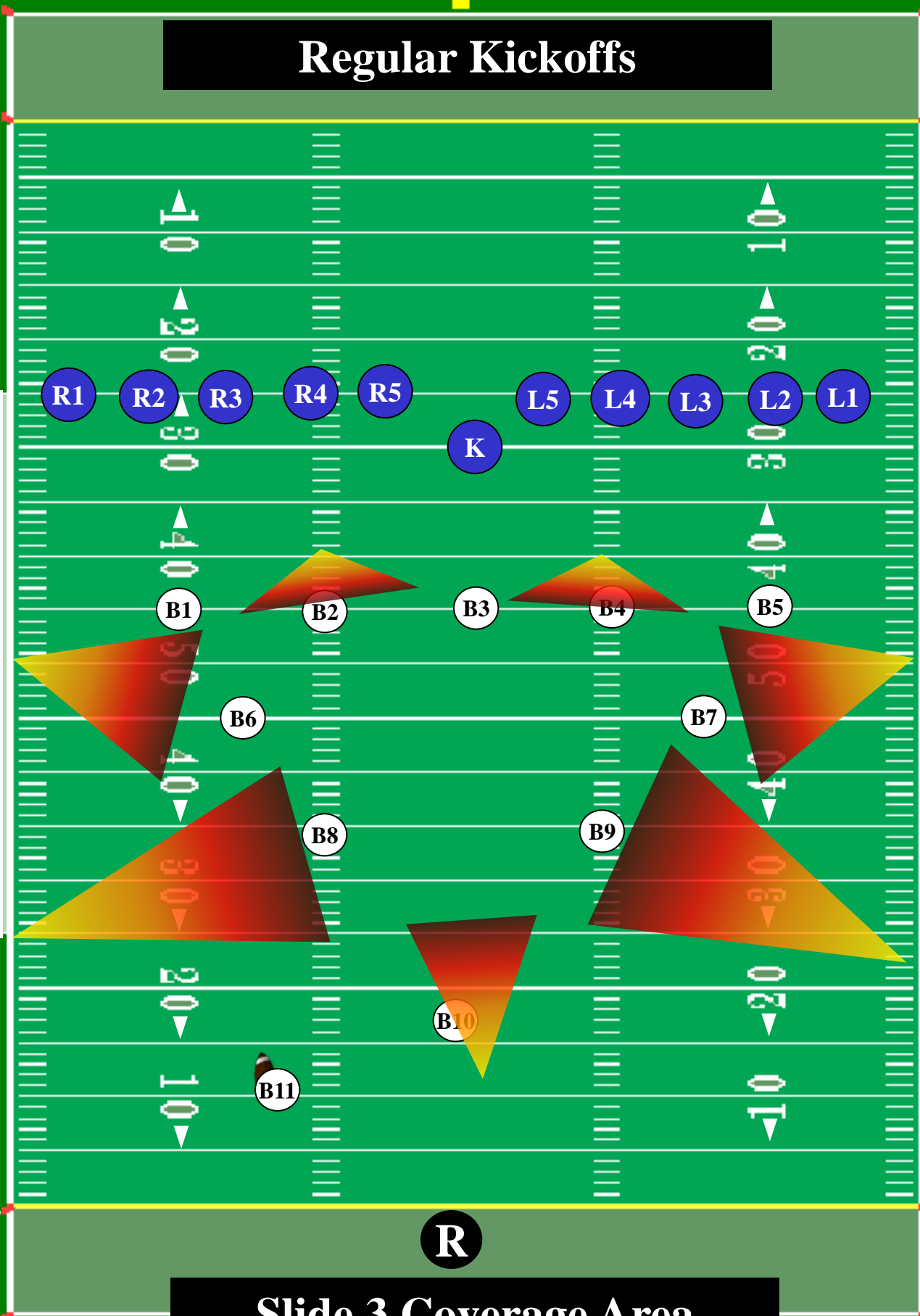
FJ

COACHES AREA

LJ

R

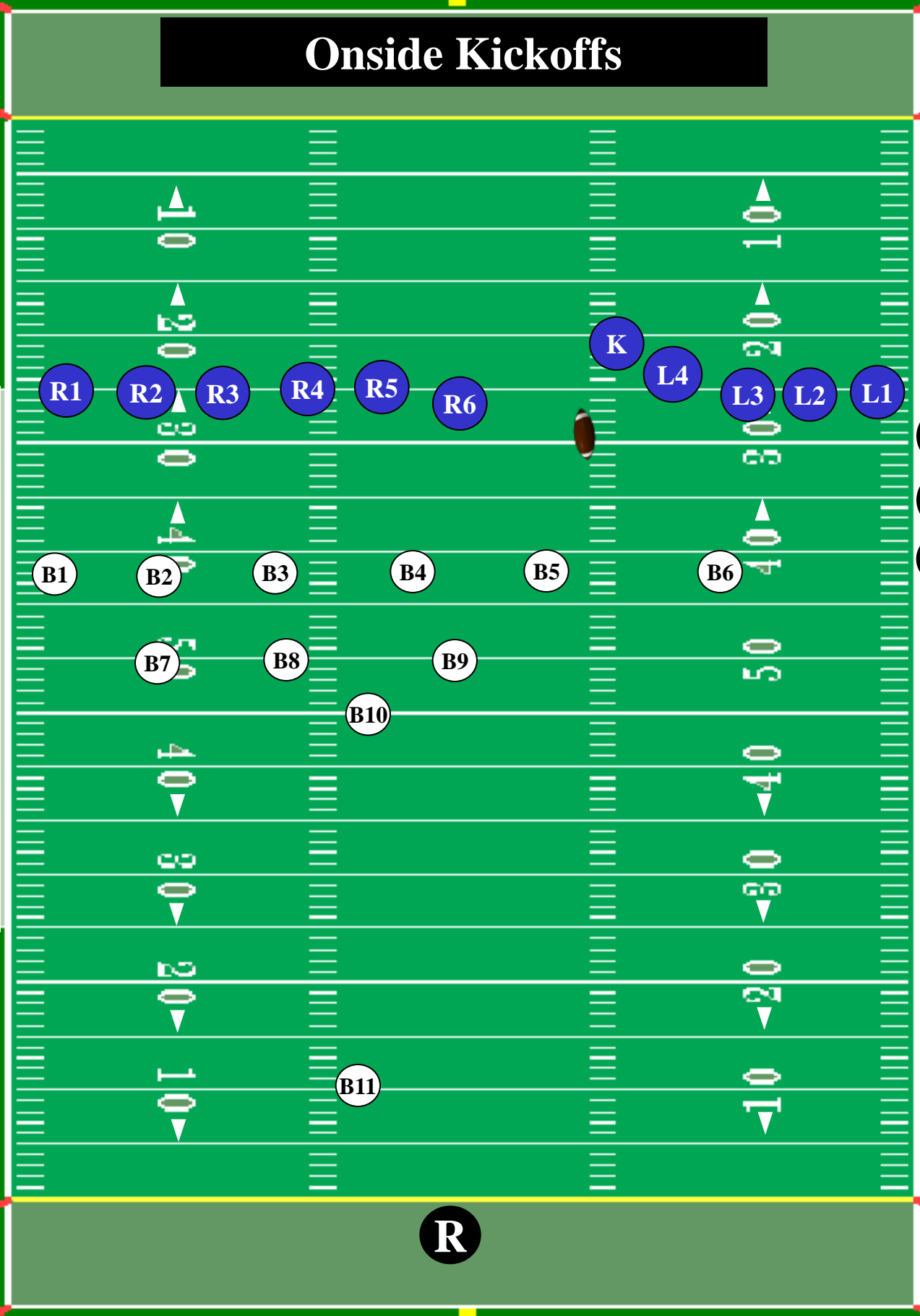
Slide 3 Coverage Area



Onside Kickoffs

U
H
S
COACHES AREA

U
H
S
COACHES AREA



R

Field Goal Attempt

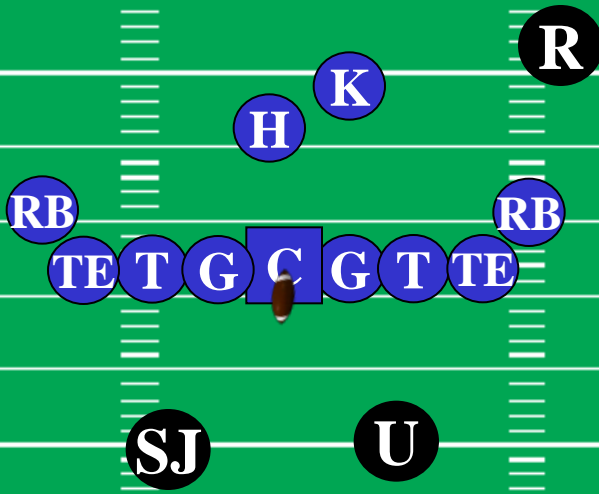
COACHES AREA

COACHES AREA



10 20 30 40 50 40 30 20 10

10 20 30 40 50 40 30 20 10



BJ

FJ

Try By Kick

COACHES AREA

COACHES AREA

HL

LJ

