



# LETS **WORK** TOGETHER



Nicole Smith is a highly-sought after Teacher and Teacher Trainer recognized nationally and internationally for her commitment to Pilates & Pro-recovery approaches. For over 15 years, Nicole has provided training & continued education in Authentic Pilates, Comprehensive Fitness & Wellness Methods empowering individuals with a deeper understanding on balancing the mind & body. Nicole is also the proprietor of CoreLOVE Culture, a Pilates, Fitness, & Rehab Studio in Philadelphia, PA with training available in-person and online.

**NICOLE SMITH**  
**CORE LOVE CULTURE**

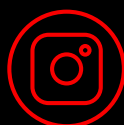
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