Conference Registration

How To Register

Go to <u>www.eventbrite.com</u> and search: Montana Psychiatry Conference or

Scan this QR code:

Registration Fees

In Person MPA or MAPP Member = \$265 Non-member = \$315 *Final day to register is 10/19/22

Live Webinar

Registration= \$150 *Final day to register is 11/10/22

Who Should Attend

Psychiatrists Primary Care Providers Psychiatric Nurse Practitioners Psychiatric Physician Assistants Mental Health Administrators and Leaders

Registration Support

Contact Rachel Dombach, Conference Coordinator Email: Rachel@montanapsych.org Call: 360-305-8052 www.montanapsychiatryconference.org www.montanapsych.org

Conference Location

Chico Hot Springs Resort 163 Chico Road Pray, Montana 59065

www.chicohotsprings.com

Lodging Reservations

Call early for the best rooms and mention that you are attending this conference. Lodging discounts expire on 10/11/22.

Reservations: 406-333-4933

Course Objectives

Mental Health Advocacy: A Lot More Interesting Than You Think

- Describe the history of public wariness about psychiatry
 Explain the recurring arguments against the legitimacy of psychiatry
- 3. Reply effectively to criticisms and reservations about mental health care

Translating the Science of Psychiatry: What Everyone Should Know

- 1. Explain the demographics of mental illness in easily relatable terms
- 2. State how psychiatric illness is as medically real and serious as other types of medical illness
- 3. Dismantle common misconceptions about the efficacy of psychiatric treatment

ADHD in Adults

- 1. Recognize the course of ADHD into adulthood
- 2. Discuss treatment strategies for adults with ADHD

ADHD and Substance Abuse Disorder (SUD)

- 1. Describe the overlap of ADHD and SUD
- 2. List treatment strategies for individuals with ADHD and SUD
- 3. Assess the nonmedical use of stimulant medications/ stimulant misuse

Safety Planning Intervention to Reduce Suicide Risk: Foundational Skills

- 1. Report the rationale for the Safety Planning Intervention
- 2. Explain the evidence supporting the Safety Planning Intervention
- 3. Describe how to conduct the Safety Planning Intervention

Safety Planning Intervention to Reduce Suicide Risk: Applications

- 1. Describe the adaptation of Safety Planning Intervention with youth
- 2. Discuss the challenges when implementing the Safety Planning Intervention in EDs
- 3. Identify potential solutions for implementation the Safety Planning Intervention in EDs



Montana Psychiatry Conference



Chico Hot Springs Resort November 12, 2022

2620 Colonial Dr, Ste B Helena, MT 59601 montanapsych.org

Insightful Thinking. Real World Instruction.

The Montana Psychiatry Conference offers fellowship, recreation, and education to Montana's psychiatric community in a beautiful, legendary location.

It is our hope that you will have meaningful opportunities to connect with others, relax and recharge your batteries and add valuable information to your knowledge base as we all work together to provide exceptional care to our communities.

Out of respect for those who cannot attend in person, we are offering a live webinar option, which includes live viewing privilege, joining in the Q & A sessions and CME credit.

Chico Hot Springs Area Information

Weather conditions in Paradise Valley and Yellowstone National Park can change rapidly. Plan accordingly both in reference to clothing and driving plans.

Several activities (spa, swimming, hiking) and excellent dining options are available at Chico and the surrounding area. If you plan to dine at the Chico Restaurant, make your reservations well in advance.

Accreditation

The Montana Psychiatric Association is affiliated with the University of Washington School of Medicine.

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Conference Schedule

Chico Convention Center

7:00 AM: Registration table opens, breakfast buffet

7:30 AM: Sign in for live webinar attendees

8:00 AM: Welcoming remarks by Dr. Len Lantz

8:30 AM: *Mental Health Advocacy: A Lot More Interesting Than You Think* by Daniel Morehead, MD

9:30 AM: Break

9:45 AM: Translating the Science of Psychiatry: What Everyone Should Know by Daniel Morehead, MD

10:45 AM: Break

11:00 AM: ADHD in Adults by Tim Wilens, MD.

12:00 PM: Catered Lunch

1:00 PM: *ADHD and Substance Abuse Disorder* (SUD) by Tim Wilens, MD

2:00 PM: Break

2:15 PM: Safety Planning Intervention to Reduce Suicide Risk: Foundational Skills by Gregory Brown, PhD

3:15 PM: Break

3:30 PM: Safety Planning Intervention to Reduce Suicide Risk: Applications by Gregory Brown, PhD

4:30 PM: Conference wrap-up

4:45 PM: Adjourn. Please join us for the post conference reception

2022 Montana Psychiatry Conference Speakers





Dr. Daniel Morehead is Residency Director for the General Psychiatry Training Program at Tufts Medical Center in Boston. Dr. Morehead received psychiatry training at the Menninger Clinic, and remained on staff for several years as Assistant Residency Director and Clinical Researcher, receiving the William C. Menninger Teaching Award and Herbert C. Modlin Professorship. For 20 years subsequent to this, Dr. Morehead maintained a private practice in Austin, Texas, specializing in psychotherapy and comprehensive evaluations of complex and difficult to treat cases. He joined the Tufts Medical Center on a full-time basis in 2021. He is author of *Science Over Stigma: Education and Advocacy for Mental Health*, published by American Psychiatric Press. He speaks regularly for mental health advocacy, and publishes a monthly column in *Psychiatric Times* called "Affirming Psychiatry." His board certified in both general psychiatry and neuropsychiatry, and maintains interests in brain science, psychotherapy and spirituality. His wife Carol is also a mental health advocate who serves as Priest of Grace Episcopal Church, Medford, MA.

Dr. Timothy Wilens is chief of the Division of Child and Adolescent Psychiatry and is co-director of the Center for Addiction Medicine at Massachusetts General Hospital. He is the MGH Trustees Chair in Addiction Medicine and a professor of psychiatry at Harvard Medical School. Dr. Wilens earned his MD at the University of Michigan Medical School in Ann Arbor and completed his residency in child, adolescent and adult psychiatry at Mass General. Dr. Wilens' research interests include the relationship among attention deficit/hyperactivity disorder (ADHD), bipolar disorder, and substance use disorders; embedded health care models, and the pharmacotherapy of ADHD across the lifespan. He has published more than 300 peer-reviewed articles, concerning these and related topics. He has also coedited more than 80 book chapters, 4 books, and 300 abstracts and presentations for national and international scientific meetings.

Dr. Gregory Brown is a Research Associate Professor of Clinical Psychology in Psychiatry, the Director of the Penn Center for the Prevention of Suicide and the Co-Director of the Penn Innovation in Suicide Prevention Implementation Research Center in the Perelman School of Medicine at the University of Pennsylvania. Dr. Brown is an internationally renowned expert in suicide prevention whose work has led to transformational advances in the treatment of suicidal individuals. His research aims to develop and evaluate the effectiveness and implementation of innovative, targeted interventions designed to reduce vulnerability factors associated with suicide behavior in high-risk populations. Dr. Brown is the co-developer of several widely used evidence-based practices to prevent suicide including the Columbia Suicide Severity Rating Scale and the Safety Planning Intervention. He has a history of grant funding from the National Institute of Mental Health, National Institute of Drug Abuse, Department of Veterans Affairs, Centers for Disease Control and Prevention, and American Foundation for Suicide Prevention and has over 150 peer-reviewed, research publications.