

TRAINING WORKSHOP



True Colors is an easily understood model of personality identification for people of all ages. **True Colors** has been used all around the world and has been translated into more than a dozen languages, with outcomes that include improved communication and the strengthening of teams and work units. Through the **True Colors** assessment, we open the door to understanding the behaviors and motivations of others relative to our own style, mitigating conflict and fostering positive relationships.

We are all four (4) colors, but one shines brightest!



True Colors Identifies:

- Communication Styles
- Listening Styles
- Motivations and Causes of Stress
- Introversion and Extraversion
- Why diversity in teams matters
- Strategies for engaging in challenging discussions
- Strategies for navigating conflict

True Colors Workshop Highlights:

- Highly Interactive
- Entertaining and FUN!
- Build Camaraderie
- Immediate Takeaways

Date



Time

(breaks and snacks will be provided)

Event facilitated by:

Roz J Strong, M.Ed., MCLC

Renovatio Learning & Development

Inner Strength Life Coaching

<https://RenovatioLearning.com>



Location

Location Address