

# UNLOCK **WHAT'S POSSIBLE**

## About Me

I believe that when people grow, organizations thrive...and when individuals who feel lost find their way through, I celebrate their wins and cheer them on. I've built my career on helping individuals and teams reach their full potential through training, coaching, and strategic HR solutions. As the founder of Renovatio Learning & Development, I design, customize, and facilitate dynamic training workshops that inspire action and results. Through Inner Strength Life Coaching, I help leaders, businesses, and individuals gain clarity so they can grow with confidence and navigate change with resilience. Through Strategic HR Consulting, I help bridge the gap between people and strategy. By aligning talent management, employee and leadership vision, and organizational goals, I help leaders create workplaces where employees thrive and organizations achieve measurable results.

Backed by more than 35 years of experience in human resources, training, and coaching, I deliver practical, people-centered solutions that create lasting impact.

### What I Offer

#### Describe the need, and we'll develop solutions together

- HR Process Analyses and Recommendations Fresh Perspective
  - True Colors Workshops
- Workplace Investigations
- Individual Coaching
- DISC Assessments and Interpretation
- Content Creation / Resources / Intranet Design and Launch
- Professional Coaching
  Customized Training and Workshops
  - Survey Design, Delivery, and Analysis
  - Conflict Navigation and Resolution / Employee Relations

#### Customized Workshops

Have a topic in mind? I design and deliver customized workshops tailored to meet the unique needs of your organization. Workshops and training can be delivered to large groups, small teams, or individuals, ensuring the right level of depth and interaction for every audience. A sampling:

- DISC Assessments and Workshops
- True Colors Workshops
- Customer Service Excellence
- Leadership Foundations
- Recognition and Retention
- The Power of 1% / Goal-Setting
- Workplace Investigations
- Coaching, Redirection, and Discipline
- Behavior-Based Interviewing
- You name it...I'll create it!

#### Coaching

Individual or small group coaching inspires growth and propels forward motion. "Get unstuck" and receive guidance, support, and education on dozens of resources.

#### Consulting

I help organizations take a thoughtful look at their department functions to understand what's working, what isn't, and where improvements can make the greatest impact. From evaluating departmental effectiveness to streamlining processes, automating where feasible, creating resources and modernizing policies, I work alongside leadership to build systems that support people, strengthen operations, and create a foundation for lasting organizational success.

Visit my websites for more information!