

2026 Q2 L08 — Having Faith Participant Handout

Big Idea • Faith is a Spirit-given trust in God, grounded in His Word and evidence, strengthened through action, and centered in the faith of Jesus.

How to Use This Handout • Read the passage. • Notice what the text says. • Bring your questions and reflections to the discussion. • Leave space for what God is showing you.

Day 1 Afternoon — The Gift of Faith

Main Theme • Faith is not something we must frantically muster up on our own; it is a gift from God that connects us to His power.

Set the Scene • The writer of Hebrews gives the ultimate, foundational definition of what faith actually is and does.

Read “Now faith is the substance of things hoped for, the evidence of things not seen.” Hebrews 11:1 (NKJV)

Think About

- How does faith act as the "substance" and "evidence" for things we cannot yet physically see?
- How does viewing faith as a connection to God change how I handle my daily struggles?

Notice

- The definition of faith:

- The contrast:

- What this shows about Jesus:

Apply Where do I need faith to be the "evidence" for something I cannot yet see today?

Set the Scene • The Apostle Paul reminds believers exactly where this faith comes from so they will not boast in their own efforts.

Read “For by grace you have been saved through faith, and that not of yourselves; it is the gift of God.” Ephesians 2:8 (NKJV)

Think About

- Why is it a massive relief to learn that faith is a "gift of God" rather than something we must manufacture?
- What is my responsibility in making that seed of faith grow?

Notice • The origin of salvation:

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- The source of the faith:

- What this shows about God:

Apply How can I ask God today to water and grow the seed of faith He has already planted in me?

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Day 2 — Just Give Me a Sign!

Main Theme • True faith relies on the abundant evidence God has already provided rather than demanding constant miraculous signs.

Set the Scene • Despite seeing Jesus miraculously feed thousands and heal the sick, the religious leaders demand He prove His identity on their terms.

Read “...seeking from Him a sign from heaven, testing Him. But He sighed deeply in His spirit...” Mark 8:11, 12 (NKJV)

Think About

- Why is demanding a spectacular sign usually an indication of unbelief?
- If we base our faith entirely on emotional highs, what happens when life gets quiet or difficult?

Notice • The action of the Pharisees:

- The emotional response of Jesus:
-
- Jesus' definitive answer:
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Apply What is one specific piece of evidence from my past where God has proven He is trustworthy?

Day 3 — Jesus Sees Our Faith

Main Theme • The greatest faith is found in recognizing our own unworthiness while having absolute confidence in the power and authority of Jesus.

Set the Scene • A Roman centurion approaches Jesus with a desperate plea for his sick servant, demonstrating a level of faith that astounded Christ.

Read “...‘I am not worthy that You should enter under my roof. ... But say the word, and my servant will be healed.’” Luke 7:6, 7 (NKJV)

Think About • Why do humility and great faith always go hand in hand?

- How can I exercise this kind of "say the word" faith when praying for a breakthrough today?

Notice • The centurion's humility:

- The centurion's absolute trust:
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- What this shows about Jesus:
-

Apply What specific need do I need to hand over to Jesus today, trusting entirely in His authority?

Day 4 — Faith Is Not a Feeling

Main Theme • Faith is taking God at His Word and choosing to trust Him even when our emotions are a mess.

Set the Scene • A desperate father brings his demon-possessed son to Jesus, torn between a desperate hope and agonizing doubt.

Read “...the father of the child cried out and said with tears, ‘Lord, I believe; help my unbelief!’” Mark 9:24 (NKJV)

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Think About • Why is "Help my unbelief!" such a powerful and acceptable prayer to pray?

• If faith is not a feeling, how do I separate my true faith from my fluctuating emotions?

Notice • The father's immediate reaction:

• The paradox in his prayer:

• What this shows about Jesus:

Apply When I feel overwhelmed by doubt this week, what Bible promise will I choose to speak out loud instead of listening to my feelings?

Day 5 — Examples of Faith

Main Theme • The stories of biblical heroes prove that faith is a willingness to step out on God's promises before seeing the outcome.

Set the Scene • The author of Hebrews highlights ordinary men and women who accomplished extraordinary things by trusting God over their visible circumstances.

Read "By faith Abraham obeyed... And he went out, not knowing where he was going. ... for he waited for the city which has foundations..." Hebrews 11:8, 10 (NKJV)

Think About • Why is it so incredibly hard to follow God when we do not know the exact destination or timeline?

• How does remembering our "heavenly city" change our perspective on earthly setbacks?

Notice • The catalyst for Abraham's obedience:

• The level of uncertainty:

• What this shows about God:

Apply What "leap of faith" might God be asking me to take in my life right now?

Day 6 — The Faith OF Jesus

Main Theme • As we navigate the end times, we are called to possess the same unwavering, obedient reliance that Jesus demonstrated on the cross.

Set the Scene • In the book of Revelation, the Apostle John describes the defining characteristics of God's loyal people who stand firm through earth's final struggles.

Read "Here is the patience of the saints; here are those who keep the commandments of God and the faith of Jesus." Revelation 14:12 (NKJV)

Think About • What is the difference between having faith *in* Jesus and having the faith *of* Jesus?

• Why is keeping the commandments of God intrinsically linked to having the faith of Jesus?

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Notice • The required endurance:

• The action of the saints:

• What this shows about Jesus:

Apply How can I ask God today to reproduce the exact, unyielding trust and obedience of Jesus within my own heart?

Day 7 Reflection Section

This week I discovered:

1. _____
2. _____
3. _____
4. _____
5. _____

A truth about Jesus I want to remember:

One step I will take this week:

Prayer:
