



## AMERICAN LEGION POST-105 SUNRISE NEWSLETTER

651 El Camino Real, Redwood City, CA 94063 [www.americanlegionpost105rwc.org](http://www.americanlegionpost105rwc.org) – Vol. 00037 November 2021

### COMMANDER GREETINGS



*George Smith, Commander*

I am hoping all our Post 105 **legionnaire members and their families** are doing fine and wishing every family a great **HAPPY THANKSGIVING!** It's a great feeling of openly having Thanksgiving Holidays with our families and friends again – THANKS to God Almighty! It's my gratitude to share this monthly newsletter honoring all Native American veterans of our post, for their honorary contribution aligned with the **American Indian Heritage Month** of November 2021 nationwide! Including all our post veterans for their honorary military services to protect our patriotic freedom in America. Our post is here to help veterans and their families, and featuring our post human services supportive resources – **please let us know quickly** for needs assistance!

A great outstanding special THANKS to our **proactive membership and comrades** with their ongoing support, and for our post mission in life with diversified communities for **God and Country!** Encouraging our Post 105 members to join our membership meetings on the second Wednesday of each month at 6 PM. The meeting veteran participants can enjoy a FREE dinner meal and possibly WIN a cash monetary prize!

Because our freedom in America is NOT free like it appears within our social environments, and many THANKS to our military veterans for their services! It is our post legionnaire mission in life with **100+ years** of patriotic services for **God and Country** with the ability to strengthen America. Our Post 105 family team is always WELCOMING **new veteran legionnaires** for our post mission! **STAY SAFE & HEALTHY!**



Happy Veterans Day and Happy Thanksgiving, Happy Birthdays, Anniversaries, etc. to all legionnaire members in November 2021 and many more! Enjoy and have fun at your celebrations – **STAY SAFE & HEALTHY!**



**POST EVENTS & INFORMATION SHARING**



*There is always one more thing we can do to make a difference. It's not just what we do, it is who we are!*

<p><b>Priority Is Hiring Veteran Drivers</b>                  SamTrans Transit Bus Services – Offering financial bonus                  1250 San Carlos Avenue,                  San Carlos, CA 94070                  Phone Number: 650-508-6200                  Website: <a href="http://www.samtrans.com">www.samtrans.com</a></p>	<p><b>Priority Is Hiring Veteran Drivers</b>                  LAVTA Transit Bus Services – Offering financial bonus.                  1362 Rutan Court, Suite 100,                  Livermore, CA 94551                  Phone Number: 925-455-7500                  Website: <a href="http://www.wheelsbus.com">www.wheelsbus.com</a></p>
<p><b>Flag Retirement Ceremony</b>                  Saturday, November 6, 2021 @ 11 AM                  Cypress Lawn Cemetery – Noble Chapel (Eastside)                  1363 El Camino Real, Colma, CA 94014                  Website: <a href="http://www.cypresslawn.com">www.cypresslawn.com</a></p>	<p><b>AL Post 105 Early Bird Dinner – NEED dinner RSVP</b>                  Wednesday, November 10, 2021 @ 6 PM                  651 El Camino Real, Redwood City, CA 94063                  Contact Phone: 650-365-1337                  Website: <a href="http://www.americanlegionpost105rwc.org">www.americanlegionpost105rwc.org</a></p>
<p><b>Veterans Day Celebration</b>                  Thursday, November 11, 2021 @ 9:30 AM – 12 PM                  Courthouse Square,                  2200 Broadway, Redwood City, CA 94063                  Contact Phone: 650-780-7000                  Website: <a href="http://www.redwoodcity.org">www.redwoodcity.org</a></p>	<p><b>US Postal Services Job Faire</b>                  Wednesday, November 17, 2021 @ 9 AM – 3 PM                  American Legion Post 105                  651 El Camino Real, Redwood City, CA 94132                  Phone Number: (650) 365-1337                  Website: <a href="http://www.americanlegionpost105rwc.org">www.americanlegionpost105rwc.org</a></p>
<p><b>10<sup>th</sup> Annual Bikes 4 Vets Event</b>                  Saturday, November 20, 2021 @ 10:30 AM                  Atwater Tavern – Sponsored by Lions &amp; Rotary,                  295 Terry A Francois Blvd., San Francisco, CA 94158                  Phone Number: 415-512-7153                  Website: <a href="http://www.atwatertavern.com">www.atwatertavern.com</a></p>	<p><b>Veterans Affairs Farmers Market</b>                  Wednesday, November 24, 2021 @ 10 AM – 2 PM                  San Francisco VA Medical Center,                  4150 Clement Street, San Francisco, CA 94121                  Phone Number: (415) 221-4810                  Website: <a href="http://www.sanfrancisco.va.gov">www.sanfrancisco.va.gov</a></p>

**IMPORTANT NOTICE:** The veterans can contact American Legion Post 105 and/or American Legion District 26 with information below, for assistance with veteran’s resources regarding how to secure appropriate assistance when necessary. The American Legion Post-105 and/or District-26 will align veterans with available resources for supportive services.

<p><b>American Legion Post 105</b>                  651 El Camino Real,                  Redwood City, CA 94063                  Contact Phone: 650-365-1337                  Website: <a href="http://www.americanlegionpost105rwc.org">www.americanlegionpost105rwc.org</a></p>	<p><b>American Legion District 26</b>                  1159 Bush Street,                  San Carlos, CA 94070                  Contact Phone: 650-349-7146                  Website: <a href="http://www.ALDistrict26.org">www.ALDistrict26.org</a></p>
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## MEMBERSHIP VETERAN STORIES

Post membership and/or all military veterans can share stories about the war (*all wartimes*) during their veteran services, community services to help veteran families, etc. and many THANKS to veterans for sharing.



The newsletter veteran story this month is about our honorary military services comrade Spec 5 Andy Williams who served in the U.S. Army during the Vietnam War. He served as an Infantry Communications Specialist during his military services. He worked closely with his comrades on the battlefield during combat and sending messages to target enemies on the attack. He repaired radars and send messages from the battlefield at the same time to assist his infantry comrades when necessary. Including signal and tech support for his comrades on the battlefield and maintaining communications equipment for combat readiness. He worked closely with his comrades to detect enemy signals and sending messages to disrupt transmitting networks on the battlefield.

His military experience helped him for his future and learning how to face situations with resolutions, and he feels the same thing in life. He had a hard way to start in the military and was able to learn ways to handle tough situations and is proud of serving in the Army. He also met a lot of different people in the military and made many friends, and is staying in contact with them during chatting times. He helps veterans and their families in communities when necessary, and would serve his country if he has to serve again.



## POST EVENTS PICTORIAL LAYOUT

The Post 105 participates in various local and state veteran events for supportive services for veterans and their families. The following pictures illustrating examples of Post 105 supportive services for veterans and their families during an event in local communities. It's the post commitment for quality services supporting our veterans and their families – exemplifying by action throughout communities! *(THANKS Bill Jackson Jr. for photos)*



The front area location of therein VA Palo Alto Healthcare, and ALR Chapter 105 preparing to handover their support fundraising check for veterans Suicide Prevention.



A copy of the fundraising check provided for VA Palo Alto Healthcare to support veterans Suicide Prevention.



Ken, Andrew, John, and George handing over therein check to Alberto of VA Palo Alto Healthcare staffing.



Bud and Bill on the 100<sup>th</sup> Birthday Celebration with a lifetime veterans friendship!



AL Post 105 ALR members with their supportive friends of Golden Gate "HOG" Chapter in San Francisco in front of VA Palo Alto Healthcare – mission accomplished!



AL Post 105 ALR members Ken, Andrew, John, and George handing over therein supportive check to staff member Alberto of VA Palo Alto Healthcare.



## BLUE STAR MOMS NIGHT!

HOOPS FOR TROOPS NIGHT  
FRIDAY, NOVEMBER 12 | 7:00PM



- Gather your family and friends and join us in celebrating Hoops For Troops Night at Chase Center as your Warriors take on the Chicago Bulls!
- 20 participants (ages 12-18) will be selected to cheer on the players as they run onto the court!  
*\*All participants engaging in this experience, must be fully vaccinated.*
- A Hoops For Troops Night t-shirt is included with every special event ticket purchased through this offer.  
*\*Must have Special Event Voucher to receive giveaway item.*
- **More to come** – Stay tuned as we look to announce additional Hoops For Troops Night event details!
- **Getting to Chase Center** – Visit [www.chasecenter.com/transportation-guide](http://www.chasecenter.com/transportation-guide) to learn more about Public Transportation options and game day transportation information. Reminder - Your game day ticket is also your all-day Muni ticket.
- **Fan Safety & Protocol** – All fans 12 and older are required to show proof of full vaccination to enter Chase Center. Children ages 24 months through 11 years must provide proof of a negative COVID-19 test administered within 72 hours of the event. Visit [chasecenter.com/fan-safety](http://chasecenter.com/fan-safety) to learn more.

LOCATION	PRICE
UPPER LEVEL CORNER/BASELINE	\$75

DEADLINE FOR ORDERS: NOVEMBER 5, 2021  
*\*Rates can increase based on factors affecting supply and demand.*

**CLICK OR VISIT THE LINK BELOW TO SECURE YOUR TICKETS!**

**[WARRIORS.COM/BLUESTAR](http://WARRIORS.COM/BLUESTAR)**  
PROMO CODE: **BLUESTAR**

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:  
ADAM POSTIGLIONE | 415.349.3100 | [APOSTIGLIONE@WARRIORS.COM](mailto:APOSTIGLIONE@WARRIORS.COM)  
AMY WALSH | [AMY.K.WALSH300@GMAIL.COM](mailto:AMY.K.WALSH300@GMAIL.COM)



CHASE

© 2021 Golden State of California Warriors

The image above is our partnership with Blue Star Moms brochure regarding “**HOOPS FOR TROOPS**” Warriors game night at Chase Center. The American Legion Post 105 Family is partnering with community organizations to support our military veterans, and Blue Star Moms is a respected organization to make things happen in our diverse veterans communities.

➤ **From the Office of the Commander**

Legionnaires...

I hope this finds you and your family in good health. Can you believe it's November already? This year is almost over!

November is going to be a very busy month for the Post, many things going on.

The hall is booked every Saturday this month.

Saturday, November 6 American Legion Post 105 Family will be participating in an American Flag retirement at Cypress Lawn Cemetery in the old chapel on the East side of El Camino Real at 11:00 AM. If you have any cotton or wool flags (**no synthetics**) that you'd like to retire, please bring them to the Post if you can't make the ceremony or bring them with you if you can make it. A catered lunch will be served on the lawn after the ceremony.

Thursday, November 11<sup>th</sup> at the Courthouse Square in Redwood City, the American Legion Post 105 and Redwood City Downtown Lyons Club will be hosting the Veterans Day Celebration. Our guest of honor is USN(R) **Captain Hank Scherf** with **Supervisor Warren Slocum** as our Master of Ceremony. Please join us, coffee and donuts at 10:00 AM, ceremony starts at 10:30 AM. Brown bag lunch for the first 200 attendees.

Thursday, November 25<sup>th</sup>, Thanksgiving! The Post will be closed.

The last Wednesday of the month (every month) is **Commander's Coffee** from 9:00 AM to 12:00 noon. Come down and join us for coffee and pastries, post officers will be there to answer any questions you might have. Starting January 2022, **we will be highlighting specific issues**, i.e., MyLegion.org and how to use it, Veteran Service Office explaining earned benefits. If you have anything you'd like us talk about, please call me at 650-365-1337 or send me an email, [CommanderPost105@gmail.com](mailto:CommanderPost105@gmail.com)

Until next month, be safe.

George

Commander Post 105

- Our EBoard continues to keep up with our post updates with therein post development status, and therein comprehensive DDA/Development Agreement ("Agreement") has been signed appropriately by all involved parties and moving forward for next steps – **development status letter** was sent to our post membership. The next steps may take two years because of development permits and/or assessments for therein project.
- Our membership is coming along well with **84** early bird membership renewals and **1 member** is eligible for 60 years membership, and **4 eligible** for 50 years membership certificates. Our AL Post 105 First Vice Commander recommends having a special recognition event for therein **5 legionnaire members** of our post.

Total Members	Membership Goal	New Members	PUFL Members	Paid To The Post
84	233	1	45	38

Many THANKS to renewal members who are already in place and **your membership dues** go directly to help veterans and their families. Please visit our website [www.americanlegionpost105rwc.org](http://www.americanlegionpost105rwc.org) for more membership information and updates.



- The **American Legion Riders Chapter 105** President, Ed Fifer and colleagues shared herein following progressive activities. American Legion Riders Chapter 105 has participated in many missions supporting our veterans and participating on rifle firing details. It was recognized in **The Docket** publication and **The American Legion**. Successfully completed their recent **Suicide Prevention** ride mission to Palo Alto VA with a delicious barbeque. It was a great team effort with 22 miles to support Veterans Suicide Prevention and successfully raised **\$3739.86** for contribution! If you own a freeway legal motorcycle, are a member of the American Legion, American Legion Auxiliary or Sons of the American Legion and would like to join us, please drop me an email at [ALRChapt105@gmail.com](mailto:ALRChapt105@gmail.com) or call me at 650-349-7146.
- The **SAL Unit 105** Commander, Andrew Trapani reported previously another new member joined and elevated their membership numbers. The AL California Department identifies SAL Unit 105 with **80% membership** retention versus their membership goal. The SAL Unit 105 participated in **5 Final Hours Details** during rifle-firing details to honor our veterans, and with **105 participants** during the month of October 2021 – more details are scheduled for this month of November 2021. The SAL Unit 105 donated **\$100** for the Veterans Day Celebration and they contributed **28 hours** of volunteering time with **239 miles**. We are constantly **looking for new qualified members**, and not only can Patriots join but veterans can also join the Sons of The American Legion. The following are eligibility qualifications for SAL Unit 105: A male descendants adopted sons, and stepsons of members of The American Legion, and such male descendants of veterans who died in service during the period of April 6, 1917. Through November 11, 1918, or any time from December 7, 1941, to date, who served honorably, as set forth in Article IV, Section 1, of the National Constitution of The American Legion, or who died subsequent to their honorable discharge from such service shall be eligible for membership.
- The AL **Auxiliary Unit 105** President, Carol Rael continues to meet with our unit in-person at the Post--second Tuesday @ 6pm. SPECIAL TIME for truncated November 10 Auxiliary meeting--**5:30pm**; Zoom alternative available for out-of-county members. Early Bird Dinner at 6pm. Continuing our engagement with our Girls State Citizens, Nueva School Citizen Adrienne leads their community service club this month in a Coffee Drive benefiting VA-Menlo Park residents. College Park Girl Scouts are partnering with our Unit by contributing toiletries for the VA-MP short-term holiday gift bags (along with their handmade holiday cards for all Bldg. 331 patients). Foster City Girls Scouts Brownies are also contributing their handmade holiday cards as well. We look forward to seeing everyone at RWC's Veterans Day celebration at Courthouse Square on November 11. Auxiliary members are poised to volunteer at the VA-Menlo Park's "Toys for Vets" on December 16; we'll wrap free toys for veterans to present to their family members.

BLUE STAR MOMS EVENT: FRIDAY, November 12 "Hoops for Troops"--Warriors v Chicago Bulls game @ 7pm. Included: T-shirt and our selected youngsters cheering on players as they run onto the court. Deadline to buy \$75 tickets is November 5. Order online at [www.Warriors.com/BlueStar](http://www.Warriors.com/BlueStar); promo code: BLUESTAR [See Flyer at this link](#).

- Our Post 105 has a calendar identifying daily and/or monthly events as well as specified holidays, and other national calendar dates for your review, etc. Please visit herein following linkage below to review our <https://americanlegionpost105rwc.org/calendar> calendar of events and for more information.

- Our **AL Post 105 Family** has been recognized by local publications and The American Legion regarding suicide prevention efforts to help veterans and their families. Many THANKS to **ALR Chapter 105** for their local efforts with therein 22 miles bike ride to VA Palo Alto Healthcare, and donated \$3739.86 for their fundraising contribution – **mission accomplished!**
- Please contact our post if anyone else of our **Post 105** membership is aware of any other Everlasting Post members, and/or anyone in the hospital because of his/her illness. Please contact our **Post Chaplain Dennis Lopez** at 650-346-9825 for assistance when necessary regarding logistical matters.



- The statewide **Women Veterans Affairs** is growing rapidly and advocating for effective services throughout California. The CalVet women organization is having online webinar sessions by clicking to the following link. <https://www.calvet.ca.gov/WomenVets/Pages/Monthly-Statewide-Webinars.aspx>
- We know how critically **IMPORTANT** to help our veteran comrades and families with many ongoing human service challenges in life. Because many veterans may not be able to find appropriate help for assistance with **health, safety, suicide and human services** including crisis matters. If a veteran is NOT sure where to start looking for help, please contact the **Veterans Crisis Hotline** at 1-800-273-8255. Copy and click online following linkage <http://www.knowavet.org> and/or text 838255 for more information.
- The U.S. Department of Veterans Affairs recently released their **2021 National Veterans Suicide Prevention Report** for the public. The report provides critical information and click online to herein following linkage <https://www.mentalhealth.va.gov/docs/data-sheets/2021/2021-National-Veteran-Suicide-Prevention-Annual-Report-FINAL-9-8-21.pdf> for more information. Other resources that may help prevent suicide for **veterans and their families** is visiting herein online website [www.godsnotdead.com](http://www.godsnotdead.com) for God's Not Dead series film.
- The SamTrans Transit District has a public traveling program called Veterans Mobility Corps **Vet 2 Vet Program** to help veterans with local transportation within San Mateo County. Please go online with the following website [www.samtrans.com](http://www.samtrans.com) for more program information. The transit program staff can train veterans and share available traveling elements, as well as shuttling services for each coverage area within countywide jurisdictions to make it convenient for veterans.

### **NEWSLETTER EDITOR NOTICE**

Our post newsletter is offering this opportunity to reach out and work closely with our membership legionnaires and all veterans! The post members can provide future newsletter articles and/or “appropriate” newsletter posting information, and posting information can be verbatim if necessary. Including stories and comments about post activities, veteran’s insight views and information sharing, pictures, etc. Please send information by email [mfcpalesoo@gmail.com](mailto:mfcpalesoo@gmail.com) or phone call at 650-365-1337 for informational message.

**American Historical Quote:** *“It is easier to build strong children than to repair broken men.”*

*Abolitionist Frederick Douglas*