



AMERICAN LEGION POST-105 SUNRISE NEWSLETTER

651 El Camino Real, Redwood City, CA 94063 www.americanlegionpost105rwc.org – Vol. 00026 December 2020

COMMANDER GREETINGS



Romie Bassetto, Commander

Greetings! Hoping all Post 105 legionnaire members and their families are doing fine during these challenging times. Sharing my gratitude and appreciation to all AL Post 105 members with families for their honorary contribution to society with quality military services. Wishing everyone a wonderful and **Happy Holiday** season with a joyful **Merry Christmas** and **Happy New Year!** **Our post continues to stay closed and lockdown until further notice to prevent more COVID-19 virus infections.** Always many THANKS to our **proactive members and comrades** for their ongoing support of our post mission for God and Country!

As this year 2020 is closing with challenging elements caused by therein COVID-19, and our AL Post 105 continues to make a difference in diversified communities for **God and Country** in challenging times! Because it's our legionnaire mission with **100+ awesome years** of patriotic services – **STAY SAFE & HEALTHY!**



Happy Birthdays, Anniversaries, etc. to all Post 105 legionnaire members in **December 2020 and more!!!**

POST EVENTS & INFORMATION SHARING



There is always one more thing we can do to make a difference. It's not just what we do, it is who we are!

Hiring Local Veterans

Quality Automotive Shop
501 El Camino Real,
San Bruno, CA 94066
Phone Number: (650) 588 – 3589
Website Address: www.qualityautomotiveshop.com

Hiring Local Veterans

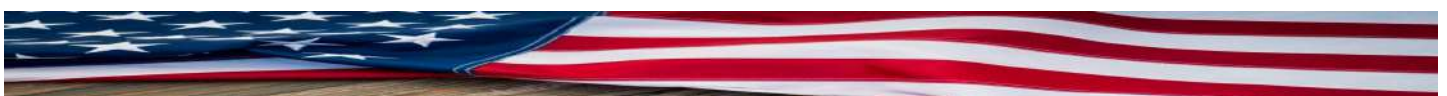
Mountain Mike's Pizza
390 El Camino Real,
Belmont, CA 94002
Phone Number: (650) 508 – 1100
Website Address: www.mountainmikespizza.com

IMPORTANT RED ALERT: PLEASE CONTACT IDENTIFIED PHONE NUMBER AND/OR EMAIL FOR EACH EVENT TO ENSURE IT'S STILL HAPPENING BECAUSE OF THEREIN COVID-19 HEALTH PANDEMIC.

<p>Hiring Local Veterans My Gym San Carlos 189 El Camino Real, San Carlos, CA 94070 Phone Number: 650-551-0051 Website Address: www.mygym.com</p>	<p>Hiring Local Veterans Central Computers 2727 S. El Camino Real, San Mateo, CA 94403 Phone Number: 650-345-5888 Website Address: www.centralcomputer.com</p>
<p>Counseling Project – Caregiving for Veterans Thursday, December 3, 2020 @ 10 AM – 12:30 PM PST Pro Bono Counseling Project Virtual Online Event Phone Number: 410-825-1001 Website Address: www.probonocounseling.org</p>	<p>Veterans Mental Healthcare Wednesday, December 9, 2020 @ 11 AM – 12 PM PST Mental Health Partners Virtual Online Zoom Event Phone Number: 303-443-8500 Website Address: www.mhpcolorado.org</p>
<p>Post 105 General Meeting – NEED rsvp for dinner Wednesday, December 9, 2020 @ 7 PM CANCELLED 651 El Camino Real, Redwood City, CA 94063 Phone Number: (650) 365-1337 (FREE DINNER @ 6 PM)</p>	<p>FREE Veterans Roundtable Tuesday, December 15, 2020 @ 4 PM – 5:30 PM PST BRACE Veterans Expression Virtual Online Discussion Phone Number: 850-39-3983 Website Address: www.bereadyalliance.org</p>
<p>FREE Design Thinking Of Veterans Perspective Wednesday, December 16, 2020 @ 1 PM – 2 PM PST Hillsborough Community College – InLab@HCC Virtual Online Event Phone Number: 813-253-7000 Website Address: www.hccfl.edu</p>	<p>FREE Veterans Caregiver Resiliency Workshop Monday, December 21, 2020 @ 5 PM – 6:30 PM PST American Red Cross – Military Veterans Caregiver Network Virtual Online Event Phone Number: 800-733-2767 or 202-303-4498 Website Address: www.redcross.org</p>

IMPORTANT NOTICE: The veterans can contact American Legion Post 105 and/or American Legion District 26 with information below, for assistance with veteran’s resources regarding how to secure appropriate assistance when necessary. The American Legion Post-105 and/or District-26 will align veterans with available resources for supportive services.

<p>American Legion Post 105 651 El Camino Real, Redwood City, CA 94063 Contact Phone: 650-365-1337 Website: www.americanlegionpost105rwc.org</p>	<p>American Legion District 26 1159 Bush Street, San Carlos, CA 94070 Contact Phone: 650-349-7146 Website: www.ALDistrict26.org</p>
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MEMBERSHIP VETERAN STORIES

Post membership and/or all military veterans can share stories about the war (*all wartimes*) during their veteran services, community services to help veteran families, etc. and many THANKS to veterans for sharing.



The newsletter story this month is about our honorary veteran comrade Chief Master Sergeant Stacey Kittle who served in U.S. Air Force military services. Stacey had a passion working with medicine and decided to help wounded military veterans as necessary on the battlefield. Stacey was able to fly veteran patients to their home base for medical assistance and intensive care for wounded soldiers from the battlefield. Stacey worked at Wolford Hall Hospital with the neurosurgery and medical intensive care units, as well as Clark Air Force Base in the Philippines. Stacey also served in Vietnam and operated with the assigned unit comrades, to ensure wounded combat soldiers were medically under great intensive care.

Stacey successfully received the nursing license and passing exams without any problems in the procedural process thereafter military active duty. The military really helped Stacey in training with medicine within the medical field, leading to professional work thereafter honorable military services. Stacey said, "I would do it again in a heartbeat and apply it in America's military academies." Stacey mentioned a quote about "If you're not a good follower then you will never be a good leader." Stacey and family with friends will continue to help veterans with hope of paying enlisted soldiers more in the military services.

THANKS to Kalidev Choudhury for sharing the veterans lost stories on his website www.theloststories.org



POST EVENTS PICTORIAL LAYOUT

The Post 105 participates in various local and state veteran events for supportive services for veterans and their families. The following pictures illustrating examples of Post 105 supportive services for veterans and their families during an event in local communities. It's the post commitment for quality services supporting our veterans and their families – exemplifying by action throughout communities! *(THANKS Bill Jackson Jr. for pictures!)*



Carol Rael, President of AL Auxiliary Unit 105 with therein chartership official certificate.



Auxiliary Unit 105, Forester Financial, National Charity League, Rotary, and Young Mens Service League helping Blue Star Moms with the veterans project.



Amy, Chaplain of Auxiliary Unit 105 and Arlene, VA & R Representative working with toiletries for therein veterans project.



Brenda, President of Blue Star Moms, and Rich a volunteer of Blue Star Moms with Tammy of Forester Financial coordinating with project volunteers.



23rd Marine Division Honor Guard in action during the AL Post 105 veteran services for 100 years celebration.



Always remembering our comrades at veteran activities to honor their military services and will never be forgotten.



- **COVID-19 PREVENTION RED ALERT:** Our Post 105 **continues to remain** closed to uphold therein order for prevention of therein COVID-19 until further notice. The three identified CDC (Centers for Disease Control) and Prevention healthy standards **have been proven** to stop therein COVID-19 virus. It's consistent with local, state, and federal health guidelines – just follow herein **three protective** healthy standards: **1) Wear Face Coverings, 2) Maintain Social Physical Distancing, and 3) Wash Your Hands.**
- Our Post 105 EBoard (Executive Board) has been working closely with our Commander, Romie Bassetto and therein comprehensive DDA/Development Agreement (“Agreement”) has been signed by both parties involved to move forward for next steps – development status letter was sent to our post membership. The new Post 105 building will have available parking and below-market rates apartments for veterans and their families. We have to work closely with local municipal agencies regarding therein post development for next steps, and it may take approximately two years before construction begins. The EBoard continues to meet virtually online because of therein COVID-19 pandemic and to adhere with government orders.

Many THANKS to our Commander, Romie Bassetto for his spearheading efforts of getting therein development project moving forward. We're requesting letters of support from our membership and/or agencies supporting our Redwood City Station Post Development project. Please contact our post directly and/or contact our post commander at 650-207-0426 or by email at post105rc@aol.com for more info.

Many THANKS to our post production team for putting together an awesome Veterans Day video to virtually celebrate, and for people to view a virtual online celebration video with regards from our post. Our Post 105 Commander, Romie Bassetto, sent an invitation message to our post legionnaires and friends regarding therein Veterans Day celebration video. To watch it during Veterans Day on November 11, 2020 featuring himself, Major General Garret Yee – U.S. Army, Kevin Mullin – CA State Assemblyman, and Diane Howard – Mayor of Redwood City, California. Please visit our post website for therein video at www.americanlegionpost105rwc.org for more information and/or reviewing our virtual video celebration.

- Our AL Post 105 successfully provided voting assistance for therein Election Team from San Mateo County Elections Office on November 3, 2020 for the Presidential Elections. Our post was one of the county **Election Polling Place** during elections in San Mateo County, and many THANKS to our Post 105 Adjutant, John Robinson for a job well done! He worked closely with the county Elections Office for appropriate elements aligned with the county elections procedural processing policies.
- Our AL Post 105 and County of San Mateo Veterans Services Office sponsored a **COVID-19 testing** location at our post on Saturday, November 21, 2020. The event was very successful with many volunteers and great service for our local veterans and their families. The COVID-19 testing is free and welcoming walk-in veterans with proof of military services i.e. VA Card, DD214, Military ID Card. Many THANKS to our post First Vice Commander – George Smith, SAL Commander – Andrew Trapani, and Auxiliary Unit 105 President – Carol Rael with their team efforts for a successful mission! Please visit our post website www.americanlegionpost105rwc.org for more information and/or COVID-19 free testing scheduling.

- The following identified numbers reflect thereby updated status information shared by District 26 membership report.

AL Department of California 2021 District 26 (Area 2) Membership Report				Post 105 Redwood City Update Membership Status Date: 11/25/2020			
New Members	PUFL	Paid Online	Paid By Mail	Transfers	Total Members	Membership Goal	Achieved Percentage
1	43	36	92	5	177	228	78%

- Many THANKS to all members with their membership renewals and looking forward to **100%** positive effort this year! Please visit our website www.americanlegionpost105rwc.org for more membership information with accessible forms. You can also contact our First Vice Commander, Mr. George Smith by phone at 650-349-7146 or email at 1stvice105@gmail.com – THANK YOU for your support! The more members we have and the more members renewing their membership, provides us with that much more money to help our veterans – be safe and we hope to see you soon!
- The **American Legion Riders Chapter 105** President, Mr. George Smith submitted herein following progressive activities. American Legion Riders Chapter 105 has participated in many missions supporting our deceased veterans by participating on Firing Details, and driven many miles and donated volunteer hours. Including celebration of a WWII veteran’s birthday with 100 years young with life experience! Thanks to other post members for their support and participation to make a successful mission. If you own a freeway legal motorcycle, are a member of the American Legion, American Legion Auxiliary or Sons of the American Legion and would like to join us, please drop me an email at ALRChapt105@gmail.com or call me at 650-349-7146, we would love to have you helping us serving the Veterans in our community.
- The **SAL Unit 105** Commander, Andrew Trapani reported 11 members in their unit and will continue to help veterans and their families when necessary. The SAL Unit 105 worked closely with ALR Post 105 and Auxiliary Unit 105 to coordinate free COVID-19 testing activities at our post. He also shared what makes a person eligible to become a SAL member because somebody at therein COVID-19 testing event asked him. The following are eligibility qualifications: A male descendants adopted sons, and stepsons of members of The American Legion, and such male descendants of veterans who died in service during the period of April 6, 1917. Through November 11, 1918, or any time from December 7, 1941, to date, who served honorably, as set forth in Article IV, Section 1, of the National Constitution of The American Legion, or who died subsequent to their honorable discharge from such service, shall be eligible for membership in the Sons of The American Legion.
- The **Auxiliary Unit 105** President, Carol Rael continues to meet monthly via Zoom with her team. The Auxiliary delighted in volunteering on Nov. 21 with Blue Star Moms to assemble 210 care packages for in-need veterans. Ladies also assisted at the Post’s COVID-19 testing event. Thanks go to Post 105 for permitting Aux District 26 to stage/store their holiday gifts onsite. Correction: Piecemakers by the Bay donated quilts for long-term patients. Blue Star Moms donated toiletries towards D26’s 30 gift bags for short-term patients who will also receive sets of mittens, scarves & hats. On Dec 9, Unit 105 members will deliver D26’s holiday gifts to VA-Menlo Park Bldg. 331. Contact Info: bsmavolunteer@gmail.com, AuxUnit105secy@gmail.com or ALAUnit105rwc.com. Current membership stands at 25 with a few officer openings (vice president & sgt.-at-arms) and website www.alaunit105rwc.com



- Please contact our post if anyone else of our **Post 105** membership is aware of any other Everlasting Post members, and/or anyone in the hospital because of his/her illness. Please contact our **Post Chaplain Dennis Lopez** at 650-346-9825 for assistance when necessary regarding logistical matters.
- The **5th Annual Veteran Of The Year** event was held virtually on Tuesday, November 10, 2020 at 10 AM to recognize **Veteran Of The Year, Patriots Of The Year, and Enterprise Of The Year** award honorees. Our post very own honorary member Second Vice Commander, Col. Leo McArdle provided the opening prayer for therein event. Please visit herein linkage online <https://hsa.smcgov.org/veterans> for more virtual event information and/or review.
- The statewide **Women Veterans Affairs** is growing rapidly and advocating for effective services throughout California. The CalVet women organization is having online webinar sessions by clicking to the following link. <https://www.calvet.ca.gov/WomenVets/Pages/Monthly-Statewide-Webinars.aspx>
- We know how critically IMPORTANT to help our veteran comrades and families with many ongoing human service challenges in life. Because many veterans may not be able to find appropriate help for assistance with health, safety, and human services including crisis matters. If a veteran is NOT sure where to start looking for help, please contact the **Veterans Crisis Hotline** at 1-800-273-8255. Copy and click online following linkage <http://www.knowavet.org> and/or text 838255 for more informational resources.
- **The U.S. Department of Veterans Affairs (VA)** provides outreach information to help veterans with their families and children when necessary. The VA also tries to keep veterans updated with new regulations aligned with eligible veteran benefits. Go online with herein following linkage below to help you with VA claims when necessary: <https://www.calvet.ca.gov/veteran-services-benefits/va-claims>
- **Great Food Plates Delivered** is a food delivery program within San Mateo County **to help local senior veterans and their families**. It's a state food delivery program to help local older adults and seniors during the COVID-19 health crisis. Please go online to the following linkage <https://cmo.smcgov.org/press-release/county-san-mateo-launches-great-plates-delivered> for accessibility and more information.
- **UCSF Health Care** opens the new clinic within San Mateo County to help veterans and their families locally, and make it easier for them especially during the COVID-19 health crisis. Please go online to the following linkage <https://www.ucsf.edu/news/2020/01/416536/ucsf-health-opens-new-clinics-peninsula> for more information and accessible threshold contact – **AL Post 105 advocated for therein local clinic**.
- The returning veterans to their families and local communities can become challenging thereafter their wartime service. Some veterans are continually serving during their civilian life and facing many challenging elements in life. The **Veteran's Path** is one agency that can certainly help veterans create a meaningful **pathway for returning veterans** – visit website www.veteranspath.org for more information.

- The personal information and privacy of all veterans should be well protected, because ID theft in America has elevated into higher numbers. A laptop was stolen during recent years in Washington D.C. at the VA Medical Center disclosing personal information for thousands of veterans. Please keep in mind, many veterans have lost their homes and/or personal belongings because of online scams, and having your personal information unprotected doesn't help. **HIPAA** (Health Insurance Portability and Accountability Act) federal regulation was established for enactment and protection. The HIPAA legislative regulation has been updated to protect personal information more since it was signed into the legislature during 1996. Go online to the following linkage: <https://www.calvet.ca.gov/Pages/HIPAA.aspx> for more information.

NEWSLETTER EDITOR NOTICE

Our post newsletter is offering this opportunity to reach out and work closely with our membership legionnaires and all veterans! The post members can provide future newsletter articles and/or "appropriate" newsletter posting information. Including stories and comments about post activities, veteran's insight views and information sharing, pictures, etc. Please send information by email mfcpalesoo@gmail.com or phone call at 650-365-1337 for informational message.

American Historical Quote: *"My concern is not whether God is on our side; my greatest concern is to be on God's side, for God is always right!"*

President Abraham Lincoln

THE HOLIDAY SEASON IS HERE AND WISHING ALL POST MEMBERS A GREAT

Merry Christmas



Happy New Year!



Ronie Bassetto, Commander, American Legion Post ~ 105