



AMERICAN LEGION POST-105 SUNRISE NEWSLETTER

651 El Camino Real, Redwood City, CA 94063 – Vol. 00021 July 2020

COMMANDER GREETINGS



Romie Bassetto, Commander

Greetings! Hoping all Post 105 **legionnaire members and their families** are doing fine, as we move into the new administrative fiscal year 7/1/2020 – 6/30/2021. Wishing **Happy 4th Independence Day** to all veterans with their families, and our post is here to help during therein COVID-19 health pandemic. **Our post continues to stay closed and lockdown aligned with therein orders, to prevent more COVID-19 cases until further notice. Progressive recovery phases are starting to open up for local business communities.** Always many THANKS to our proactive **members and comrades** for their ongoing support of our post mission for **God and Country!**

I would like to continually share my gratitude and appreciation to all AL Post 105 members for their contribution, and making a difference in our diversified communities for **God and Country!** Because it is our legionnaire mission in life with **100 plus awesome years** of patriotic services – **STAY SAFE & HEALTHY!**



Happy July 4th to ALL post members

Wishing Happy Birthdays, Anniversaries, etc. to ALL Post 105 legionnaire members in **July 2020!**

POST EVENTS & INFORMATION SHARING



There is always one more thing we can do to make a difference. It's not just what we do, it is who we are!

Hiring Veteran Drivers – San Francisco Bay Area

MV Transportation – Headquarters
2711 N. Haskell Avenue, #1500
Dallas, TX 75204
Phone Number: 972-391-4600
Website Address: www.mytransit.com

Hiring Veteran Food Store Supervisor

Cheese Plus
2001 Polk Street,
San Francisco, CA 94109
Phone Number: 415-921-2001
Website Address: www.cheeseplus.com

IMPORTANT RED ALERT: PLEASE CONTACT IDENTIFIED PHONE NUMBER AND/OR EMAIL FOR EACH EVENT TO ENSURE IT'S STILL HAPPENING BECAUSE OF THEREIN COVID-19 HEALTH PANDEMIC.

<p>Veterans Matching Job Alerts Matched Jobs 1968 S. Coast Hwy. #1217, Laguna Beach, CA 92651 Email: alerts@moalerts.matchedjobs.com Website Address: www.matchedjobs.com</p>	<p>Trivalley Running Training Thursday, July 2, 2020 @ 6 PM Dicks Sporting Goods – Trivalley Running Club 43923 Pacific Commons Blvd., Fremont, CA 94538 Phone Number: (510) 897 – 6475 Website Linkage: http://trivalleyrunng.org</p>
<p>USS Hornet Aircraft Carrier Tour Tuesday, July 7, 2020 @ 10 AM USS Hornet Museum 707 West Hornet Avenue, Alameda, CA 94501 Phone Number: 510-521-8448 Website Address: www.uss-hornet.org</p>	<p>Post 105 General Meeting – NEED rsvp for dinner Wednesday, July 8, 2020 @ 7 PM 651 El Camino Real, Redwood City, CA 94063 Phone Number: (650) 365-1337 (FREE DINNER @ 6 PM)</p>
<p>Veterans Tindervention Comedy Wednesday, July 8, 2020 @ 8 PM Cobbs Comedy Club 915 Columbus Avenue, San Francisco, CA 94133 Phone Number: (415) 928-4320 Website Address: www.cobbscomedy.com</p>	<p>Veterans Free Pop-Up Comedy Show Friday, July 17, 2020 @ 7 PM Neck Of The Woods 406 Clement Street, San Francisco, CA 94118 Phone Number: 415-387-6343 Website Address: www.neckofthewoodssf.com</p>
<p>Lydia Pense & Cold Blood Tuesday, July 21, 2020 @ 8 PM Yoshi's – Jack London Square 510 Embarcadero West, Oakland, CA 94607 Phone Number: (510) 238 – 9200 Website Address: www.yoshis.com</p>	<p>Veterans Photography Walk Sunday, July 26, 2020 @ 7 PM Crissy Field (Presidio of San Francisco) 983 Marine Drive, San Francisco, CA 94129 Phone Number: (415) 234 – 0696 Website Address: www.islastudio.com</p>

IMPORTANT NOTICE: The veterans can contact American Legion Post 105 and/or American Legion District 26 with information below, for assistance with veteran’s resources regarding how to secure appropriate assistance when necessary. The American Legion Post-105 and/or District-26 will align veterans with available resources for supportive services.

<p>American Legion Post 105 651 El Camino Real, Redwood City, CA 94063 Contact Phone: 650-365-1337 Website: www.americanlegionpost105rwc.org</p>	<p>American Legion District 26 1159 Bush Street, San Carlos, CA 94070 Contact Phone: 650-349-7146 Website: www.ALDistrict26.org</p>
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MEMBERSHIP VETERAN STORIES

Post membership and/or all military veterans can share stories about the war (*all wartimes*) during their veteran services, community services to help veteran families, etc. and many THANKS to veterans for sharing.



The newsletter veteran story this month is about honorable military services by Colonel Arturo Thiele-Sardina who served in the U.S. Army for 32 years! He grew up with his family members in the military and encouraged him to enlist with the U.S. Army. He joined the Army National Guard with completion of basic training and joined the ROTC program, and successfully completed it with a commission ranking as a Lieutenant. He successfully finished the U.S. Army basic training and was commissioned a Second Lieutenant Officer. He was at Fort Bliss, Texas for Air Defense Artillery Training and Maintenance Repairs, and served with the 2/59 ADA Battalion as Maintenance Officer and Platoon Leader in Germany. He served in Fort Lee, Virginia and Fort Riley, Kansas, and was deployed to Saudi Arabia, Kuwait and Iraq for the Desert Storm operational mission.

He joined the U.S. Army Reserves thereafter his active duties as the Program Manager in support of Operation Iraqi Freedom. He worked closely with his comrades of not losing their focus on the mission of supporting armory, and infantry units on the combat battlefield in Kuwait. He finally retired as Colonel thereafter his successful 32 years of honorable military services. He still maintains good relationships with his comrades and friendship soldiers, and helps veteran communities when necessary. He said, "Joining the military was the best decision I have ever made in my life, and very proud to serve my country."

THANKS to Kalidev Choudhury for sharing the veterans lost stories on his website www.theloststories.org



POST EVENTS PICTORIAL LAYOUT

The Post 105 participates in various local and state veteran events for supportive services for veterans and their families. The following pictures illustrating examples of Post 105 supportive services for veterans and their families during an event in local communities. It's the post commitment for quality services supporting our veterans and their families – exemplifying by action throughout communities! *(THANKS Bill Jackson Jr. for pictures!)*



Bill, Dennis, George Silva, Frank, Dave, Cliff and veteran friends preparing for 2019 Post 105 July 4th parade.



Romie, Gary, Mike and veteran friends at 78th Annual Memorial Day Observance event.



Steve with veteran friends observing classical cars at the Post 105 barbeque at Menlo Park VA.



Leo, Chester, and Mike during a flag presentation at Mr. William Jackson Sr. celebration of life event.



Leo presiding with Navy soldiers during a flag presentation at Mr. Bob Page celebration of life event.



Bill hanging out with Gary and veteran friends thereafter the July 4th parade.

- **AL POST 105 RED ALERT BECAUSE OF COVID-19 HEALTH VIRUS:** The COVID-19 health pandemic crisis has created hardship for local veterans throughout the State of California, nationwide, and worldwide. Our Post 105 **CONTINUES TO REMAIN** closed to uphold therein order and local opening phases are progressively moving forward with health **protective standards**. The following CDC (Centers for Disease Control) and Prevention healthy standards are aligned with local cities and counties, as well as the State of California: **1) Wear Face Coverings, 2) Maintain Social Physical Distancing, and 3) Wash Your Hands**. The identified federal CDC health and safety protective standards **have been proven** by experts to stop the spread of therein COVID-19 virus, and protecting our veteran comrades and their families. The post bar **CONTINUES TO REMAIN** closed with no karaoke on Friday nights until further notice. Our post will have no July 4th barbeque celebration and **no Independence Day parade** this year.
- The San Mateo County Health Officer recently announced therein updated orderly findings on Wednesday, June 17, 2020 **allowing group gatherings**. The specified number of group gatherings **should not be more than 50 people** per therein new order stipulation. The gathering participants should follow therein federal CDC experts three protective healthy standards to stop the spread of the COVID-19 virus. The Post Commander and Executive Board unanimously approved to continue with the same Post 105 current administration until further notice. Because the regular post meetings **will not be in place** during these challenging times, as we move into the new fiscal year for our post regular business operation.
- Our Post 105 membership drive is coming along well considering our higher goal numbers, versus other district posts with lower goal numbers – we are at 90% as of 5/29/20!
- Many THANKS to our post First Vice Commander, Gorge Smith, for therein progressive membership drive with continual higher percentage. Our post is implementing a project called SAL (Sons of American Legion) aligned with our youth programs. Including the Post Auxiliary and Post 105 Legion Riders as onboard agencies helping our post. Pease visit our website www.americanlegionpost105rwc.org for more information with accessible forms. You can also contact our First Vice Commander Mr. George Smith by phone at 650-349-7146 or email at 1stvice105@gmail.com – THANK YOU for your support!



- The post development project title clearance is in the process as part of therein procedures for next steps. It's aligned with the post Executive Board approval of therein development DDA (Disposition & Development Agreement) along with two resolutions including the scope of work exhibit aligned with the DDA. The identified resolutions and scope are submitted for review during the process, and the post Executive Board unanimously approved signing the development DDA. The development agency received the DDA for their review, and next steps within the development work plan – stay tuned!
- Please contact our post if anyone else of our **Post 105** membership is aware of any other Everlasting Post members, and/or anyone in the hospital because of his/her sickness and/or specific type of illness – will keep them in our prayers with quick recovery. Please contact our **Post Chaplain Dennis Lopez** at 650-346-9825 for assistance when necessary regarding logistical matters.

- **HIGH RED ALERT:** The COVID-19 health crisis is giving MANY SCAMMERS an opportunity to virtually rob veterans and/or stealing personal information. Especially with telehealth and/or telemedical online payments for medical bills and pharmacy medications. The personal information and privacy of all veterans should be well protected, because ID theft in the United States of America has elevated to higher numbers. Please keep in mind, MANY **veterans have lost their homes and/or personal belongings** because of online SCAMS, and protecting personal information is critical. **HIPAA** (Health Insurance Portability and Accountability Act) federal regulation was established for enactment and protection. The HIPAA legislation has been updated to protect personal information since it was signed in 1996. Please sign the HIPAA form **with your health care provider** to protect your personal information. Go to the following linkage: <https://www.calvet.ca.gov/Pages/HIPAA.aspx> for more information and legislative updates.
- **Great Plates Delivered** is a food delivery program within San Mateo County **to help local senior veterans and their families**. It's a state food delivery program to help local older adults and seniors during the COVID-19 health crisis. Please go online to the following linkage <https://cmo.smcgov.org/press-release/county-san-mateo-launches-great-plates-delivered> for accessibility and more information.
- **The U.S. Department of Veterans Affairs (VA)** provides outreach information to help veterans with their families and children when necessary. The VA also tries to keep veterans updated with new regulations aligned with eligible veteran benefits. Go online with herein following linkage below to help you with VA claims when necessary: <https://www.calvet.ca.gov/veteran-services-benefits/va-claims>
- The American Legion, **Department of California Commander, Ed Grimsley, (2019-2020)** last fiscal year shared his concerns about Post 282 vandalism by protestors and/or looters in Southern California. He is highly requesting all American Legion post legionnaires to help each other and protect our local posts statewide to minimize any damages. His leadership commanding corner niche is about **Inspire, Motivate, and Lead** by helping each other in local diversified communities when necessary. Please go online to the following linkage <https://calegion.org/la-mesa-post-vandalized-during-george-floyd-protests/> for more information about therein post vandalism.
- We know how critically IMPORTANT to help our veteran comrades and families with many ongoing challenges in life. To find appropriate help for assistance with health, safety, and human services including crisis matters especially during the COVID-19 health crisis – please contact the **Veterans Crisis Hotline** at 1-800-273-8255 or go online to <http://www.knowavet.org> and/or text 838255 for more information.

NEWSLETTER EDITOR NOTICE

Our post newsletter is offering this opportunity to reach out and work closely with our membership legionnaires and all veterans! The post members can provide future newsletter articles and/or “appropriate” newsletter posting information. Including stories and comments about post activities, veteran’s insight views and information sharing, pictures, etc. Please send information by email mfcpalesoo@gmail.com or phone call at 650-365-1337 for informational message.

American Historical Quote: *“I leave you hope with the lamp of liberty, until there shall no longer be a doubt that all men are created free and equal.”*

President Abraham Lincoln