



AMERICAN LEGION POST-105 SUNRISE NEWSLETTER

651 El Camino Real, Redwood City, CA 94063 www.americanlegionpost105rwc.org – Vol. 00023 September 2020

COMMANDER GREETINGS



Romie Bassetto, Commander

Greetings – hoping all Post 105 legionnaire members and their families are doing fine! Sharing my gratitude and appreciation to ALL Hispanic and Latino veterans of our post, for their honorary contribution to society with military services. Honoring the **Hispanic Heritage Month** of September 2020! **Our post continues to stay closed and lockdown aligned with therein orders to prevent more COVID-19 infections until further notice. Some progressive recovery phases are starting to open up for local business communities.** Always many THANKS to our **proactive members and comrades** for their ongoing support of our post mission for **God and Country!**

I would also like to share my gratitude and appreciation to all our POW/MIA comrades for their honorary military services on **Friday, September 18, 2020** – you are NOT forgotten for **God and Country!** Because it is our legionnaire mission with **100 plus awesome years** of patriotic services – **STAY SAFE & HEALTHY!**



Wishing Happy Birthdays, Anniversaries, etc. to ALL Post 105 legionnaire members in **September 2020** and more to come!

POST EVENTS & INFORMATION SHARING



There is always one more thing we can do to make a difference. It's not just what we do, it is who we are!

Hiring Mechanic Veterans

Jiffy Lube
2517 S. El Camino Real,
San Mateo, CA 94403
Phone Number: (650) 349 – 7222
Website Linkage: www.jiffylube.com/locations/ca/san-mateo/608

Hiring Veterans

Sigona's Farmers Market
2345 Middlefield Road,
Redwood City, CA 94063
Phone Number: 650-368-6993
Website Address: www.sigonas.com

IMPORTANT RED ALERT: PLEASE CONTACT IDENTIFIED PHONE NUMBER AND/OR EMAIL FOR EACH EVENT TO ENSURE IT'S STILL HAPPENING BECAUSE OF THEREIN COVID-19 HEALTH PANDEMIC.

<p>Veterans Matching Job Alerts Matched Jobs 1968 S. Coast Hwy. #1217, Laguna Beach, CA 92651 Email: alerts@moalerts.matchedjobs.com Website Address: www.matchedjobs.com</p>	<p>Kentucky Derby Party 2020 Saturday, September 5, 2020 @ 1 PM – 4:30 PM Veterans Memorial Building, 400 Hartz Avenue, Danville, CA 94526 Phone Number: 888-252-5939 Contact Email: info@one-bread.org</p>
<p>Post 105 General Meeting – NEED RSVP for dinner Wednesday, September 9, 2020 @ 7 PM CANCELLED 651 El Camino Real, Redwood City, CA 94063 Phone Number: (650) 365-1337 (FREE DINNER @ 6 PM)</p>	<p>20th Annual Diversity Job Fair Wednesday, September 9, 2020 @ 11 AM – 3 PM County of Alameda Training & Education Center 125 12th Street, Suite 400, Oakland, CA 94607 Phone Number: 510-272-6467 Website Address: www.trainingcenter.acgov.org</p>
<p>Veterans Singing With Richard Brandenburg Thursday, September 10, 2020 @ 5:30 PM Freight & Salvage Coffeehouse 2020 Addison Street, Berkeley, CA 94704 Phone Number: 510-644-2020</p>	<p>Back to Basic Sound 101 Thursday, September 17, 2020 @ 5 PM – 7 PM Lavish Showroom 1044 Fourth Street, Santa Rosa, CA 95404 Phone Number: 707-595-2020 Website Address: www.lavishautomation.com</p>
<p>Veterans Downtown Los Altos Beer Stroll 2020 Friday, September 25, 2020 @ 6 PM – 9 PM Beautiful Downtown Los Altos 88 Main Street, Los Altos, CA 94022 Phone Number: 650-949-5282 Website Address: www.downtownlosaltos.org</p>	<p>Veterans Self Defense and Fitness Tour Saturday, September 26, 2020 @ 12:30 PM – 2 PM Pugilist Connections LLC Lake Merritt Fairyland, Lakeside Drive, Oakland, CA 94612 Phone Number: 334-224-2421 Contact Email: exceptionalep16@gmail.com</p>

IMPORTANT NOTICE: The veterans can contact American Legion Post 105 and/or American Legion District 26 with information below, for assistance with veteran’s resources regarding how to secure appropriate assistance when necessary. The American Legion Post-105 and/or District-26 will align veterans with available resources for supportive services.

<p>American Legion Post 105 651 El Camino Real, Redwood City, CA 94063 Contact Phone: 650-365-1337 Website: www.americanlegionpost105rwc.org</p>	<p>American Legion District 26 1159 Bush Street, San Carlos, CA 94070 Contact Phone: 650-349-7146 Website: www.ALDistrict26.org</p>
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MEMBERSHIP VETERAN STORIES

Post membership and/or all military veterans can share stories about the war (*all wartimes*) during their veteran services, community services to help veteran families, etc. and many THANKS to veterans for sharing.



The newsletter story this month is about honorable military services by our veteran comrade Captain Robert Safreno who served in the U.S. Air Force. He was inspired to become a pilot and successfully earned his pilot license. He joined the Air Force ROTC in college and graduated as a commissioned Second Lieutenant, and he proudly wore his Air Force uniform during the graduation. He was in navigation training during his military career in Texas and missile training systems in South Dakota. He was active with his comrades during the Vietnam War and temporarily stationed in Guam during his honorable services. He worked closely with his navigating comrades as B-52 bombing officers and targeting their enemies effectively. He successfully finished his military career in the National Guard and retired as a Captain.

He was happy to return on American land thereafter his honorable military services in foreign land. He learned different things about life and the government during his military career, and encourages future veterans to have someone guide them through their military career. Because it can help veterans avoid making mistakes and having a greater future in life thereafter their military services.

THANKS to Kalidev Choudhury for sharing the veterans lost stories on his website www.theloststories.org



POST EVENTS PICTORIAL LAYOUT

The Post 105 participates in various local and state veteran events for supportive services for veterans and their families. The following pictures illustrating examples of Post 105 supportive services for veterans and their families during an event in local communities. It's the post commitment for quality services supporting our veterans and their families – exemplifying by action throughout communities! *(THANKS Bill Jackson Jr. for pictures!)*



Bill, US Coast Guard Vice Admiral Linda Fagen, and Michael during 2019 Veterans Of The Year event.



Leo, Romie, Gary, Cliff and veteran friends during the 2019 Veterans Of The Year event.



John and wife Pauline with a veteran friend during the 2019 Veterans Of The Year event.



Bill, Ken and wife Helen, Michael, Gary, Helen, Cliff and veteran friends during therein same event.



Our very own Post 105 Col. Leo McArdle accepting his honorary 2019 Veteran Of The Year award with Vice Admiral Linda Fagen and veteran friend!



23rd Marine Division Honor Guard with presentation and retiring colors during 2019 Veterans Of The Year event.

- **COVID-19 PREVENTION RED ALERT:** Our Post 105 **continues to remain** closed to uphold therein order for prevention of therein COVID-19 until further notice. The local opening phases are progressively moving forward with identified protective healthy standards: **1) Wear Face Coverings, 2) Maintain Social Physical Distancing, and 3) Wash Your Hands.** The identified CDC (Centers for Disease Control) and Prevention healthy standards **have been proven** to stop therein COVID-19 virus, and consistent with local, state, and federal health guidelines – just follow thereby **3 protective elements.**
- The AL Post 105 Commander, Romie Bassetto, is requesting letters of support from our membership and/or agencies supporting our Redwood City Station Post Development project. Please contact our post for more information on thereby support letters, and/or contact our commander directly by phone at 650-207-0426 or by email at post105rc@aol.com for clarification.
- Many THANKS to our post First Vice Commander, George Smith, for therein progressive membership drive. Our Post 105 membership drive is coming along well considering our higher goal numbers, versus other district posts with lower goal numbers. The following is our post statistical data information for herein new Fiscal Year 2020/2021: **Total Membership – 257, Paid Up For Life Members – 41, Renewed By Mail Members – 54, Renewed Online Members – 19** with 44% status as of 8/28/20. Many THANKS to all members with their membership renewals, and looking forward to 100% positive effort this year! Please visit our website www.americanlegionpost105rwc.org for more membership information with accessible forms. You can also contact our First Vice Commander Mr. George Smith by phone at 650-349-7146 or email at 1stvice105@gmail.com – THANK YOU for your support!
- **WELCOME** and congrats to Andrew Trapani who is the Commander for SAL (Sons of American Legion) Unit 105. He will provide our AL Post 105 Commander Romie Bassetto with monthly administrative reports and unit updates. Including SAL activities to support our veterans and their families for information sharing with our post – he will do a great job!
- **WELCOME** American Legion Auxiliary Unit 105 with their honorary leadership team! July marked the start of U105's work. We helped San Mateo County Blue Star Moms assemble 120 care bags for homeless veterans. We were the recipients of face masks donated by two young sisters wanting to do more for veterans; our story was featured in the [San Mateo Daily Journal on Aug 3](#). Their Girl Scouts troop had previously created holiday cards for our veterans. We've already distributed masks to VA staff and patients. For a nominal donation of \$10, you can receive a mask ([two designs available: "PROUD VETERAN" or "Supporting Veterans"](#)). For masks, contact AuxUnit105secy@gmail.com. U105 is currently trying to establish our Girls State program. Details to follow. Current membership headcount: 23.



- The post development project title clearance is signed and ready for therein-procedural process for next steps. It's aligned with the post Executive Board approval of therein development DDA (Disposition & Development Agreement) along with two resolutions including the scope of work exhibit aligned with the DDA. The identified resolutions and scope are submitted for review during the process, and the post Executive Board unanimously approved signing the development DDA. The development agency received the DDA for their review, and next steps within the post development work plan – stay tuned!

- Please contact our post if anyone else of our **Post 105** membership is aware of any other Everlasting Post members, and/or anyone in the hospital because of his/her illness. Please contact our **Post Chaplain Dennis Lopez** at 650-346-9825 for assistance when necessary regarding logistical matters.
- The COVID-19 health crisis is giving **MANY SCAMMERS** an opportunity to rob veterans and/or stealing personal information. The **HIPAA** (Health Insurance Portability and Accountability Act) federal regulation was established for protection. Please sign the HIPAA form **with your health care provider** for protection – go online to the following linkage: <https://www.calvet.ca.gov/Pages/HIPAA.aspx> for updates.
- **The U.S. Department of Veterans Affairs** (VA) provides outreach information to help veterans with their families and children when necessary. The VA also tries to keep veterans updated with new regulations aligned with eligible veteran benefits. Go online with herein following linkage below to help you with VA claims when necessary: <https://www.calvet.ca.gov/veteran-services-benefits/va-claims>
- **Nutritional Food** for veteran families and children through the CalFresh Program by state and/or county Department of Social Services. The San Mateo County Social Services Office can be contacted at 800–223–8383 or 650–802–6576 and/or email at antorres@smcgov.org for more information. Go online to herein linkage for more information and accessibility: <https://www.cdss.ca.gov/food-nutrition/calfresh> or visit **Second Harvest Food Bank** at following linkage: <https://www.shfb.org/get-food/> for more information.
- **Friday, September 18, 2020** is POW/MIA Recognition Day & Remembrance – **you are NOT forgotten!**



Our AL Post 105 will always honor and account for all POW/MIA veteran comrades on their Recognition Day for accountability. Please visit online the following linkage for the national review to commemorate our POW/MIA veteran comrades <https://www.legion.org/honor/powmia> and for more information.

- We know how critically **IMPORTANT** to help our veteran comrades and families with many ongoing challenges in life. To find appropriate help for assistance with health, safety, and human services including crisis matters especially during the COVID-19 health crisis – please contact the **Veterans Crisis Hotline** at 1-800-273-8255 or go online to <http://www.knowavet.org> and/or text 838255 for more information.

NEWSLETTER EDITOR NOTICE

Our post newsletter is offering this opportunity to reach out and work closely with our membership legionnaires and all veterans! The post members can provide future newsletter articles and/or “appropriate” newsletter posting information. Including stories and comments about post activities, veteran’s insight views and information sharing, pictures, etc. Please send information by email mfcpalesoo@gmail.com or phone call at 650-365-1337 for informational message.

American Historical Quote: *“Ask not what your country can do for you, and ask what you can do for your country!”*

President John F. Kennedy