



## AMERICAN LEGION POST-105 SUNRISE NEWSLETTER

651 El Camino Real, Redwood City, CA 94063 – Vol. 00017 March 2020

### COMMANDER GREETINGS



*Romie Bassetto, Commander*

Hoping all Post 105 legionnaire members and their families are doing fine! Sharing my gratitude and appreciation to ALL female veterans of our post, for their honorary contribution to society with military services – honoring **National Women’s History month of March 2020!** The monthly newsletter continues to share resources to help U.S. military veterans and their families with assistance when necessary – please let us know. Always many THANKS to our proactive **members and comrades** with their ongoing support of our post with local community services.

I also share my appreciation to all AL Post 105 members and all veterans for their contribution, to make a difference in local diversified communities for **God and Country!** Because it is our legionnaire mission in life with **100 plus awesome years** of Americanism patriotic services celebration in 2019.



**Happy St. Patrick’s Day – Wishing Happy Birthdays, Anniversaries, etc. to ALL Post 105 legionnaire members in March 2020 and many, many, more!!!**

### POST EVENTS & INFORMATION SHARING



*There is always one more thing we can do to make a difference. It's not just what we do, it is who we are!*

#### SamTrans Transit Hiring Veteran Drivers

Open Employment Hiring Process  
Administrative Office  
1250 San Carlos Avenue, San Carlos, CA 94070  
Phone Number: (650) 508-6200  
Website Address: [www.samtrans.com](http://www.samtrans.com)

#### AC Transit Hiring Veteran Drivers

Open Employment Hiring Process  
Administrative Office  
1600 Franklin Street, Oakland, CA 94612  
Phone Number: (510) 891-4777  
Website Address: [www.actransit.org](http://www.actransit.org)

<p><b>Veterans FREE Yoga</b>  Thursday, March 4, 2020 @ 3:15 PM – 4:15 PM  Purusha Yoga  3729 Balboa Street, San Francisco, CA 94121  Phone Number: (415) 668 – 9642  Website Address: <a href="http://www.purushayoga.org">www.purushayoga.org</a></p>	<p><b>Veterans Social Gathering</b>  Saturday, March 7, 2020 @ 8:30 AM – 11 AM  Cross Point Community Church  1235 M Street, Modesto, CA 95354  Phone Number: (209) 521 – 0181  Email: <a href="mailto:info@cpmodesto.org">info@cpmodesto.org</a></p>
<p><b>Post 105 General Meeting – NEED rsvp for dinner</b>  Wednesday, March 11, 2020 @ 7 PM  651 El Camino Real,  Redwood City, CA 94063  Phone Number: (650) 365-1337 <b>(FREE DINNER @ 6 PM)</b></p>	<p><b>Veterans Family Concert Tickets</b>  Sunday, March 8, 2020 @ 3 PM – 5 PM  Marin Symphony Association  4340 Redwood Hwy. #409, San Rafael, CA 94903  Phone Number: (415) 479 – 8100  Website Address: <a href="http://www.marinsymphony.org">www.marinsymphony.org</a></p>
<p><b>Veterans St. Patrick’s Day Dinner</b>  Tuesday, March 17, 2020 @ 12 PM – 7 PM  VFW Post 1051  12455 West Ripon Road, Ripon, CA 95366  Phone Number: (209) 599 – 6815  Email: <a href="mailto:yfw1051@gmail.com">yfw1051@gmail.com</a></p>	<p><b>Veterans Day At The Capitol – Department of California</b>  Tuesday, March 24, 2020 @ 8:30 AM – 3 PM  California State Capitol  Eureka Room in the basement of State Capitol Building  Contact Person: Dana Nichol @ (916) 558-1926  Email: <a href="mailto:dana.nichol@sbcglobal.net">dana.nichol@sbcglobal.net</a></p>
<p><b>Women Veterans Webinar Session</b>  Wednesday, March 18, 2020 @ 10 AM – 11 AM  CalVet Women Program Managers – Veteran Affairs  Phone Number: (916) 653 – 1402  Email: <a href="mailto:womenveterans@calvet.ca.gov">womenveterans@calvet.ca.gov</a></p>	<p><b>Vallejo Parlor #77 Crab Feed</b>  Friday, March 27, 2020 @ 6 PM  Vallejo Veterans Memorial Building  420 Admiral Callaghan Lane, Vallejo, CA 94591  Phone Number: (707) 644 – 3097  Email: <a href="mailto:info@vallejovetsbuilding.org">info@vallejovetsbuilding.org</a></p>

**IMPORTANT NOTICE:** The veterans can contact American Legion Post 105 and/or American Legion District 26 with information below, for assistance with veteran’s resources regarding how to secure appropriate assistance when necessary. The American Legion Post-105 and/or District-26 will align veterans with available resources for supportive services.

<p><b>American Legion Post 105</b>  651 El Camino Real,  Redwood City, CA 94063  Contact Phone: 650-365-1337  Website: <a href="http://www.americanlegionpost105rwc.org">www.americanlegionpost105rwc.org</a></p>	<p><b>American Legion District 26</b>  1159 Bush Street,  San Carlos, CA 94070  Contact Phone: 650-349-7146  Website: <a href="http://www.ALDistrict26.org">www.ALDistrict26.org</a></p>
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## **MEMBERSHIP VETERAN STORIES**

Post membership and/or all military veterans can share stories about the war (*all wartimes*) during their veteran services, community services to help veteran families, etc. and many THANKS to veterans for sharing.



The newsletter veteran story this month is about George Smith who served in the U.S. Marines with honorable services. He enlisted with 4 years of honorary military services and was a Corporal E-4 ranking veteran as an Air Wing and Night Crew soldier during the Vietnam War. He stationed in Chu Lai southern area of Da Nang in Vietnam with his comrades. He worked closely with his friends during the Vietnam War to become aware of incoming missiles with avoidance. His comrades would help each other when necessary during combat operation crews at night shift with 1<sup>st</sup> MAW and MAG13.

He attended CSM (College of San Mateo) when he completed his honorary military services and received his Associate Degree. He got married and started working at Peninsula Hospital, and continued his education and received another Associate Degree in Fire Science – was hired by San Mateo Fire Department. He is glad of serving his country and highly advocates for veterans benefits, and helps veteran families when necessary.

*THANKS to Kalidev Choudhury for sharing the veterans lost stories on his website [www.theloststories.org](http://www.theloststories.org)*





## POST EVENTS PICTORIAL LAYOUT

The Post 105 participates in various local and state veteran events for supportive services for veterans and their families. The following pictures illustrating examples of Post 105 supportive services for veterans and their families during an event in local communities. It's the post commitment for quality services supporting our veterans and their families – exemplifying by action throughout communities! *(THANKS Bill and George for pictures!)*



23<sup>rd</sup> Marine Division Honor Guard during the 100 years gala celebration event.



100 Years Centennial celebration cake for Post 105 and Post 82 during the gala event – similar to the Annual Rose Bowl Tournament Parade Float display.



Tom, Andrew, Chester, Sal, and veteran friend firing honor drill team for a veteran services at Post 105.



2018/2019 National Commander Brett Reistad sharing and addressing participants at Post 105 during his visit.



Post 105 Commander Romie Bassetto sharing and addressing participants during the post installation.



Nelson and Bill at the flag retirement ceremony services.

- **PROGRESSIVE MEMBERSHIP DRIVE:** The latest new membership drive report released by the district indicating our Post 105 is currently at **87%** as of February 28, 2020 and needs **13%** to reach our 100% goal. That's NOT bad considering our post is second with the highest membership goal setting within the district. Many THANKS to Post 105 Commander, Romie Bassetto, and First Vice Commander, George Smith, for the job well done – keep up the great progressive performance!!!



- The post Executive Board approved the development DDA (Disposition & Development Agreement) along with two resolutions including the scope of work exhibit aligned with the DDA. The identified resolutions and scope are submitted for review during the process, and the post Executive Board unanimously approved signing the development DDA for next step. The development agency received the DDA from the post for their procedural review in the process, including next steps within the development work plan – stay tuned!
- Please contact our post if anyone of our **Post 105** membership is aware of any Everlasting Post members, and/or anyone in the hospital because of his/her sickness and/or specific type of illness. We will keep them in our prayers with quick recovery including **Bill Jackson Jr.** and **Romie Bassetto**. Please contact our **Post Chaplain Dennis Lopez** at 650-346-9825 for assistance when necessary regarding logistical matters.
- The returning veterans to their families and local communities can become challenging thereafter their wartime service. Some veterans are continually serving during their civilian life and facing many challenging elements in life. The Veteran's Path is one agency that can certainly help veterans create a meaningful pathway for returning veterans – visit website [www.veteranspath.org](http://www.veteranspath.org) for more information.
- The U.S. Department of Veterans Affairs (VA) provides outreach information to help veterans with their families and children when necessary. The VA also tries to keep veterans updated with new regulations aligned with eligible veteran benefits. Go online with herein following linkage below to help you with VA claims when necessary: <https://www.calvet.ca.gov/veteran-services-benefits/va-claims>
- The personal information and privacy of all veterans should be well protected, because ID theft in America has elevated into higher numbers. A laptop was stolen during recent years in Washington D.C. at the VA Medical Center disclosing personal information for thousands of veterans. Please keep in mind, many veterans have lost their homes and/or personal belongings because of online scams, and having your personal information unprotected doesn't help. HIPAA (Health Insurance Portability and Accountability Act) federal regulation was established for enactment and protection. The HIPAA legislative regulation has been updated to protect personal information more since it was signed into the legislature during 1996. Go online to the following linkage: <https://www.calvet.ca.gov/Pages/HIPAA.aspx> for more information.



- THANKS to President Trump for signing the Legion Act legislation on July 30, 2019 in the Oval Office, and 2018/2019 AL National Commander Brett Reistad participated. The LEGION (Let Everyone Get Involved in Opportunities for National Service) Act opens the door for many U.S. military veterans more services. The past AL National Commander, Brett Reistad said, “The families of wounded veterans should take pride and knowing that we recognize their sacrifice and service during wartime.” Go online for more LEGION Act information with following three linkages below.

<https://www.legion.org/membership/246557/legion-act-signed-law>

<https://www.legion.org/membership/246558/11-things-you-need-know-about-legion-act>

<https://www.legion.org/membership/246573/www.legion.org/LEGIONActmaterials>

- The American Legion 100 Years Video **Featuring National Commander Brett Reistad** can be reviewed by copying and click online to herein linkage below to view – 100 years of service for God and Country!

<https://editor.legionemail.com/vo/?FileID=0cdd81b2-2fd1-4dd4-85cb-08fa95fb337d&m=365fca48-152a-437c-86cb-8f6555b62eac&MailID=36971394&listid=85833&RecipientID=17533407803>

- The statewide Women Veterans Affairs is growing rapidly and advocating for effective services throughout California. The CalVet women organization is having online webinar sessions by clicking to the following link. <https://www.calvet.ca.gov/WomenVets/Pages/Monthly-Statewide-Webinars.aspx>
- We know how critically IMPORTANT to help our veteran comrades and families with many ongoing human service challenges in life. Because many veterans may not be able to find appropriate help for assistance with health, safety, and human services including crisis matters. If a veteran is NOT sure where to start looking for help, please contact the Veterans Crisis Hotline at 1-800-273-8255. Copy and click online following linkage <http://www.knowavet.org> and/or text 838255 for more informational resources.
- The American Legion 100 years of excellence services for veterans and their families have been documented for many legendary historical years – for God and County! Please copy and click online to herein linkage [www.legion.org/legiontv](http://www.legion.org/legiontv) for more information on American Legion Centennial Documentary.
- The Elder Abuse among Veterans can become critical for veteran families and children to become aware of how serious therein matter can be in our communities. The documentary production can accessed on CCTV (Contra Costa Television) at [www.contracostatv.org](http://www.contracostatv.org) and contact Nathan Johnson [nathan@vs.cccounty.us](mailto:nathan@vs.cccounty.us) or 925-313-1481 for more awareness information.

### **NEWSLETTER EDITOR NOTICE**

Our post newsletter is offering this opportunity to reach out and work closely with our membership legionnaires and all veterans! The post members can provide future newsletter articles and/or “appropriate” newsletter posting information. Including stories and comments about post activities, veteran’s insight views and information sharing, pictures, etc. Please send information by email [mfcpalesoo@gmail.com](mailto:mfcpalesoo@gmail.com) or phone call at 650-365-1337 for informational message.

**American Historical Quote:** *“If you don’t like something, change it. If you can’t change it, change your attitude!”*

*Maya Angelou, Legendary Female Social & Civil Rights Activist*