



AMERICAN LEGION POST-105 SUNRISE NEWSLETTER

651 El Camino Real, Redwood City, CA 94063 – Vol. 00018 April 2020

COMMANDER GREETINGS



Romie Bassetto, Commander

Hoping all Post 105 legionnaire members and their families are doing fine! Sharing my gratitude and appreciation to ALL Scottish-American veterans of our post, for their honorary contribution to society with military services – honoring **Scottish-American heritage month of April 2020!** Our post is closed and lockdown because of the coronavirus (COVID-19) health crisis to protect our members, and aligned with Shelter In Place order. Always many THANKS to our proactive members and comrades for their ongoing support – please contact our post for help if necessary.

I also share my appreciation to all AL Post 105 members and all veterans for their contribution, to make a difference in local diversified communities for **God and Country!** Because it is our legionnaire mission in life with **100 plus awesome years** of Americanism patriotic services.



Wishing Happy Birthdays, Anniversaries, etc. to ALL Post 105 legionnaire members in **April 2020** and many, many, more!!!

POST EVENTS & INFORMATION SHARING



There is always one more thing we can do to make a difference. It's not just what we do, it is who we are!

US Postal Service Hiring Veterans

Redwood City Postal Office
1100 Broadway Street,
Redwood City, CA 94063
Contact Phone Number: (800) 275 – 8777
Website Address: www.usps.com

SamTrans Transit Hiring Veteran Drivers

Open Employment Hiring Process
Administrative Office
1250 San Carlos Avenue, San Carlos, CA 94070
Phone Number: (650) 508-6200
Website Address: www.samtrans.com

IMPORTANT RED ALERT: PLEASE CONTACT IDENTIFIED PHONE NUMBER AND/OR EMAIL FOR EACH EVENT TO ENSURE IT'S STILL HAPPENING BECAUSE OF THE COVID-19 VIRUS DISEASE.

<p>Veterans Community Blood Drive Tuesday, April 7, 2020 @ 1 PM – 5 PM Benicia Veterans Memorial Hall 1150 First Street, Benicia, CA 94510 Phone Number: (707) 745 – 1769 Website Address: www.beniciavetshall.club</p>	<p>Veterans Service Day Wednesday, April 8, 2020 @ 9 AM – 3 PM Santa Cruz County Veterans Memorial Building 846 Front Street, Santa Cruz, CA 95060 Phone Number: (831) 454 – 0478 Website Address: www.veterannshall.org</p>
<p>Post 105 General Meeting – NEED rsvp for dinner Wednesday, April 8, 2020 @ 7 PM – POSTPONED 651 El Camino Real, Redwood City, CA 94063 Phone Number: (650) 365-1337 (FREE DINNER @ 6 PM)</p>	<p>Free Veterans Employment Workshop Tuesday, April 14, 2020 @ 9 AM – 12 PM Stockton WorkNet 56 South Lincoln Street, Stockton, CA 95203 Phone Number: (209) 468 – 3500 Website Address: www.sjcworknet.org</p>
<p>Veterans Comedy Night Friday, April 17, 2020 @ 5:30 PM Olde Vets Hall 231 North 1st Street, Dixon, CA 95620 Phone Number: (707) 678 – 7000 Website Address: www.ci.dixon.ca.gov</p>	<p>Salute To Military Game Saturday, April 18, 2020 @ 5:30 PM – 9:30 PM San Jose Giants/OCC – Excite Ballpark 588 E. Alma Avenue, San Jose, CA 95112 Phone Number: (408) 408 – 1435 Website Address: www.milb.com</p>
<p>Veterans Affairs Farmers Market Wednesday, April 22, 2020 @ 10 AM – 2 PM San Francisco VA Medical Center 4150 Clement Street, San Francisco, CA 94121 Phone Number: (415) 221 – 4810 Website Address: www.sanfrancisco.va.gov</p>	<p>Veterans Community Blood Drive Friday, April 24, 2020 @ 1 PM – 5:30 PM Lincoln Veterans Memorial Hall 541 Fifth Street, Lincoln, CA 95648 Phone Number: (916) 645 – 9571 Website Address: www.placer.ca.gov</p>

IMPORTANT NOTICE: The veterans can contact American Legion Post 105 and/or American Legion District 26 with information below, for assistance with veteran’s resources regarding how to secure appropriate assistance when necessary. The American Legion Post-105 and/or District-26 will align veterans with available resources for supportive services.

<p>American Legion Post 105 651 El Camino Real, Redwood City, CA 94063 Contact Phone: 650-365-1337 Website: www.americanlegionpost105rwc.org</p>	<p>American Legion District 26 1159 Bush Street, San Carlos, CA 94070 Contact Phone: 650-349-7146 Website: www.ALDistrict26.org</p>
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MEMBERSHIP VETERAN STORIES

Post membership and/or all military veterans can share stories about the war (*all wartimes*) during their veteran services, community services to help veteran families, etc. and many THANKS to veterans for sharing.



The newsletter veteran story this month is about an honorable service lady Tracie Murray, who served in the U.S. Army and National Guard. She served with honorary military services from 1985–1992 as the Intelligence Analyst. She stationed at Fort Dix, New Jersey and Fort Huachuca, Arizona, and National Guard units in Los Alamitos, Stockton, and Fresno, California. She was an E6 Staff Sergeant and served at Division Headquarters and Attack Helicopter Battalion. She served with different people and worked closely with her comrades to share enemy locations with preparations for attack – loves her military services!

She completed her educational college with a degree and decided to serve her country in the military. She feels the military provided her with great leadership skills regardless of demographical background. She met her husband in the military and started a family, and stays in contact with her military friends! She shares a great positive overview of veterans in society and making connections with support.

THANKS to Kalidev Choudhury for sharing the veterans lost stories on his website www.theloststories.org



POST EVENTS PICTORIAL LAYOUT

The Post 105 participates in various local and state veteran events for supportive services for veterans and their families. The following pictures illustrating examples of Post 105 supportive services for veterans and their families during an event in local communities. It's the post commitment for quality services supporting our veterans and their families – exemplifying by action throughout communities! *(THANKS Bill Jackson Jr. for pictures!)*



Cliff and Helen during Veteran of the Year Award ceremony for Col. Leo McArdle.



Bill, Vice Admiral Linda Fagen, and Mike during therein award ceremony.



John and Pauline with a veteran friend at therein event.



Cliff, Helen, Mike, Ken with his wife, and Bill at event.



The legendary picture of America Legion Baseball Team in East Palo Alto. American Legion Post 105 Bill Jackson Jr. played with some of therein team members during the Menlo Park Baseball League.

- **AL POST 105 RED ALERT BECAUSE OF COVID-19 VIRUS DISEASE:** The COVID-19 health pandemic issue has created hardship for local veterans throughout the State of California, nationwide, and worldwide. Therefore, our Post 105 is closed to uphold therein “Shelter In Place” order and protecting our membership veterans from the COVID-19 virus disease. The bar is also closed with no karaoke on Friday nights until further notice when necessary. The Executive Board members have been meeting online to be compliance with therein lockdown orders and maintain social distancing.
- Our Post 105 membership drive is coming along very well considering our higher goal numbers, versus other district posts with lower goal numbers – we are at 87% as of 2/28/20! Many THANKS to our post members who already paid their dues for this year in 2020 – \$45 for the whole year! As a REMINDER for our members, please pay your annual dues to continually help our veterans and their families. Your help and support for our post veterans is certainly appreciated and especially during the current COVID-19 health crisis. Some of our American Legion Post 105 programs to help veterans with their families includes the Post Auxiliary. Our post is implementing a project called SAL (Sons of American Legion) as aligned with our youth programs for veterans support. Please visit our website www.americanlegionpost105rwc.org for more information with accessible forms, and/or contact our First Vice Commander Mr. George Smith by phone at 650-349-7146 or email at 1stvice105@gmail.com – THANK YOU for your support!



- The post development project is going through therein title clearance elements on Monday, April 6, 2020 as part of the procedural process for next steps. It’s aligned with the post Executive Board approval of therein development DDA (Disposition & Development Agreement) along with two resolutions including the scope of work exhibit aligned with the DDA. The identified resolutions and scope are submitted for review during the process, and the post Executive Board unanimously approved signing the development DDA. The development agency received the DDA for their review, including next steps within the development work plan – stay tuned!
- It’s sad that we lost one of our Post 105 honorary legionnaire service member Steve Davis during last month, and will keep him and kinship family members in our prayers. He was one of our post proactive member and will miss him – will see him at next everlasting time! Please contact our post if anyone else of our **Post 105** membership is aware of any other Everlasting Post members, and/or anyone in the hospital because of his/her sickness and/or specific type of illness – will keep them in our prayers with quick recovery. Please contact our **Post Chaplain Dennis Lopez** at 650-346-9825 for assistance when necessary regarding logistical matters.
- The returning veterans with their families to local communities can become challenging thereafter their wartime service. Some veterans are continually serving during their civilian life and facing many other challenges in life. The **Veteran’s Path** organization is certainly helping veterans create a meaningful pathway for returning veterans. Please visit therein following agency website www.veteranspath.org for more information and activities.

- **UCSF Health Care** opens the new clinic within San Mateo County to help veterans and their families locally, and make it easier for them especially during the COVID-19 health crisis. Please go online to the following linkage <https://www.ucsf.edu/news/2020/01/416536/ucsf-health-opens-new-clinics-peninsula> for more information and accessible threshold contact – AL Post 105 advocated for therein local clinic.
- **The U.S. Department of Veterans Affairs (VA)** provides outreach information to help veterans with their families and children when necessary. The VA also tries to keep veterans updated with new regulations aligned with eligible veteran benefits. Go online with herein following linkage below to help you with VA claims when necessary: <https://www.calvet.ca.gov/veteran-services-benefits/va-claims>
- The personal information and privacy of all veterans should be well protected, because ID theft in America has elevated into higher numbers. A laptop was stolen during recent years in Washington D.C. at the VA Medical Center disclosing personal information for thousands of veterans. Please keep in mind, many veterans have lost their homes and/or personal belongings because of online scams, and having your personal information unprotected doesn't help. HIPAA (Health Insurance Portability and Accountability Act) federal regulation was established for enactment and protection. The HIPAA legislative regulation has been updated to protect personal information more since it was signed into the legislature during 1996. Go online to the following linkage: <https://www.calvet.ca.gov/Pages/HIPAA.aspx> for more information.
- The statewide Women Veterans Affairs is growing rapidly and advocating for effective services throughout California. The CalVet women organization is having online webinar sessions by clicking to the following link. <https://www.calvet.ca.gov/WomenVets/Pages/Monthly-Statewide-Webinars.aspx>
- The Elder Abuse among veterans can become critical for veteran families and children, and to become aware of how serious therein matter can become during the COVID-19 health crisis. The American Legion has created the “**Buddy Check**” approach aligned with our Post Commander’s contact. It’s checking up on our post veteran comrades during the current COVID-19 pandemic challenging times to ensure they’re doing fine. Please visit our post website www.americanlegionpost105rwc.org for more information and/or contact our Post Commander, Romie Bassetto by email at post105rc@aol.com if you have questions.
- We know how critically IMPORTANT to help our veteran comrades and families with many ongoing challenges in life. To find appropriate help for assistance with health, safety, and human services including crisis matters especially during the COVID-19 health crisis – please contact the Veterans Crisis Hotline at 1-800-273-8255 or go online to <http://www.knowavet.org> and/or text 838255 for more information.

NEWSLETTER EDITOR NOTICE

Our post newsletter is offering this opportunity to reach out and work closely with our membership legionnaires and all veterans! The post members can provide future newsletter articles and/or “appropriate” newsletter posting information. Including stories and comments about post activities, veteran’s insight views and information sharing, pictures, etc. Please send information by email mfcpalesoo@gmail.com or phone call at 650-365-1337 for informational message.

American Historical Quote: *“The basis of effective government is public confidence!”*

President John F. Kennedy