

APRIL 2024

fitness class schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Functional Fitness @6am Total Body Reset @8am Pilates @5pm	2 Pilates @8AM Dance Aerobics @5pm	3 Functional Fitness @6am Total Body Reset @8am Pilates @5pm Country Dance @6pm	4 Pilates @8AM Dance Aerobics @5pm	5 Functional Fitness @6am Total Body Reset @8am	6 Pilates @ 9AM
8 Functional Fitness @6am Total Body Reset @8am Pilates @5pm	9 Pilates @8AM Dance Aerobics @5pm	10 Functional Fitness @6am Total Body Reset @8am Pilates @5pm Country Dance @6pm	11 Pilates @8AM Dance Aerobics @5pm	12 Functional Fitness @6am Total Body Reset @8am	13 Pilates @ 9AM
15 Functional Fitness @6am Total Body Reset @8am Pilates @5pm	16 Pilates @8AM Dance Aerobics @5pm	17 Functional Fitness @6am Total Body Reset @8am Pilates @5pm Country Dance @6pm	18 Pilates @8AM Dance Aerobics @5pm	19 Functional Fitness @6am Total Body Reset @8am	20 
22 Functional Fitness @6am Total Body Reset @8am Pilates @5pm	23 Pilates @8AM Dance Aerobics @5pm	24 Functional Fitness @6am Total Body Reset @8am Pilates @5pm Country Dance @6pm	25 Pilates @8AM Dance Aerobics @5pm	26 Functional Fitness @6am Total Body Reset @8am	27 Pilates @ 9AM
29 Functional Fitness @6am Total Body Reset @8am Pilates @5pm	30 Pilates @8AM Dance Aerobics @5pm				