

COMMUNITY ALLIANCE FOR RECOVERY & EDUCATION, INC.

CERTIFIED SINCE 2004

PARENTING PROGRAMS

52-Week Child Abuser Treatment Program (CAT)

16-Week Parenting Without Violence Program (PWV)

Cooperative Parenting (CoPAR) and Parallel Parenting (ParPAR) Programs

10-Week Positive Parenting Program (PPP)



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PARENTING PROGRAMS

52-Week Child Abuser Treatment Program (CAT): C.A.R.E.'s program is a curriculum-based program designed to serve parents convicted of child abuse, as well as other maltreating or non-protecting parents. Clients are presented with definitions and examples of ten types of abuse and neglect so as to help them identify and take accountability for harmful behaviors they have been using in their role as a parent. Corrective, non-abusive parenting strategies are presented and role-played in order to ensure that clients leave program with well-honed, effective parenting skills that are appropriate for each stage of child development. Referrals are accepted from all California counties.

16-Week Parenting Without Violence Program (PWV): This program is designed for parents identified as domestic violence offenders, whose violence has spilled over into the lives of their children. C.A.R.E.'s program offers a 3-pronged approach which helps clients to 1) identify the harmful effects children suffer as a result of witnessing domestic violence in their parents' relationship, 2) understand that they, the parent, may be using the same power tactics with their children as they have used against the adult victim of their domestic violence, and 3) learn nurturing parenting skills to use in day-to-day life and especially as a non-abusive response when their children display symptoms of trauma. Referrals are accepted from all California counties.

Cooperative Parenting (CoPAR) and Parallel Parenting (ParPAR) Programs: These two programs help divorced, separated, or never-married parents learn how to keep conflict low while both parents maintain a healthy presence in their children's lives. In C.A.R.E.'s CoPAR program, parents are taught how to use respectful communication and teamwork to make coordinated decisions about their children's upbringing. In C.A.R.E.'s ParPAR program, parents who require very minimal communication in order to prevent conflict are taught how to forge boundaries and respect those of their ex-partner while making parenting decisions that allow both parents to be active in their children's lives. Referrals are accepted from all California counties. Program length is individually tailored to meet client's court order, or individual needs if self-referred.

10-Week Positive Parenting Program (PPP): In C.A.R.E.'s parenting program, clients learn the developmental stages children pass through as they grow, as well as appropriate communication techniques and nurturing discipline strategies parents can use to meet their children's needs at each stage of development. Tools for stress management and anger management are examined, as well as rights and responsibilities of both children and parents. Referrals are accepted from all California counties. Self-referral is also welcomed.