## **Emotion Chart**

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Emotion	Visual Representation	Description	Example
Нарру		When you feel good or excited.	I feel happy when I play with my friends.
Sad		When you feel upset or disappointed.	I feel sad when my favorite toy breaks.
Angry		When something feels unfair	I feel angry when someone takes my turn
Scared		When something feels dangerous or new	I feel scared when it's dark.
Excited		When you're really looking forward to something	I feel excited about my birthday party!
Calm		When you feel peaceful and relaxed	I feel calm when I hear my favorite lullaby.