

Winter Life Skills Mini Scavenger Hunt

Turn your winter break into an adventure of learning and helping! Complete these six fun challenges to become a Winter Break Champion.

Challenge 1: Holiday Helper

- Choose your work zone ■ Sort and organize decorations ■ Create clear labels ■ Help store everything safely

Bonus: Take pictures of favorite decoration spots for next year

Challenge 2: Thank You Note Navigator

- Pick someone to thank ■ Write a heartfelt note ■ Share specific details ■ Send your kindness

Bonus: Decorate your note with holiday drawings

Challenge 3: Winter Weather Pro

- Check the forecast ■ Pack your winter gear ■ Prepare emergency supplies ■ Know your safety rules

Bonus: Help create a family car kit

Challenge 4: Holiday Leftover Chef

- Plan your creation ■ Gather ingredients safely ■ Make something yummy ■ Clean up like a pro

Bonus: Write down your recipe to share

Challenge 5: New Year Goal Setter

- Choose one achievable goal ■ Make it SMART ■ Create action steps ■ Track your progress

Bonus: Draw a picture of your goal

Challenge 6: Responsibility Champion

- Pick your special task ■ Learn to do it right ■ Help for a whole week ■ Make a difference

Bonus: Teach your task to someone else

How to Play:

1. Pick any challenge to start
2. Read through instructions carefully
3. Gather needed supplies
4. Complete your challenge
5. Get parent signature
6. Move to next challenge!

Track Your Progress:

☐ Holiday Helper ☐ Thank You Navigator ☐ Winter Weather Pro ☐ Leftover Chef ☐ Goal Setter ☐ Responsibility Champion

Name: _____ Start Date: _____

Super Champion Award

Completed all challenges: Date: _____ Parent Signature: _____

Remember: Each challenge has its own detailed instruction sheet with age-appropriate tips and guidance. Ask a grown-up for help choosing which challenges are right for you!

Holiday Helper Challenge

Your Mission

Become a Holiday Organization Expert by helping pack away seasonal decorations! This important job helps keep decorations safe and makes them easy to find next year.

Challenge Checklist

- Pick your work zone (tree decorations, outdoor items, etc.)
- Gather your supplies (boxes, bubble wrap, markers)
- Sort decorations by type
- Pack items carefully
- Create clear labels
- Help store boxes safely

Bonus Points

- Take pictures of favorite decoration spots
- Make a "broken/replace" list
- Create a decoration map

Tips For Success

Little Helpers (Ages 4-6)

- Make it a game! Can you...
 - Find all the red ornaments?
 - Count the snowmen?
 - Sort soft and hard decorations?
 - Draw pictures for the box labels?
 - Sing clean-up songs?

Junior Organizers (Ages 7-10)

- Level up your skills:
 - Write simple box labels
 - Group similar items together
 - Find the best way to pack boxes
 - Remember where decorations were displayed
 - Learn to wrap fragile items

Master Planners (Ages 11+)

- Take charge:
 - Create detailed labels
 - Make an organization system
 - Take photos of displays
 - Test lights and mark broken ones
 - Design efficient storage plans



Reflection Space

What was your favorite decoration to pack away? Why?

What's one thing you learned about organizing?

Parent Corner

- Break tasks into manageable zones
- Share decoration stories while working
- Let kids lead the organization process
- Focus on praise for careful handling
- Use this time for holiday memories



Completion Certificate

I, _____, successfully completed the Holiday Helper Challenge!

Date: _____

Parent Signature: _____

Remember

- Work with a grown-up
- Handle fragile items carefully
- Take breaks if needed
- Have fun while helping!



Thank You Note Navigator Challenge



Your Mission

Become a Gratitude Expert by writing a thoughtful thank you note! This special skill shows people you appreciate their kindness and helps build strong relationships.

✨ Challenge Checklist

- Choose who to thank
- Gather your supplies (paper, pen, envelope)
- Write your note
- Address the envelope
- Mail or deliver your note
- Feel proud of spreading kindness!

The Thank You Note Formula

1. Greeting

- Dear [Name],
- Hi [Name]!
- Hello [Name],

2. Say Thank You

- "Thank you for..."
- "I wanted to thank you for..."
- "I'm writing to thank you for..."

3. Share Why You Like It

- Tell how you'll use the gift
- Share what makes it special
- Describe your favorite part

4. Make a Connection

- Mention when you'll see them next
- Share a memory you have together
- Tell them something that reminded you of them

5. Close Your Note

- Love,
- Thanks again,
- Sincerely,
- Best wishes,

Tips For Success

Beginning Writers (Ages 4-6)

- Draw a picture of the gift
- Practice writing "Thank you"
- Dictate your message to a grown-up
- Sign your name
- Add stickers or decorations

Growing Writers (Ages 7-10)

Try this template:

Dear [Name],

Thank you for the [gift]. I like it because [reason]. I am going to use it to [activity].

Thanks again!

Love,

[Your Name}

Advanced Writers (Ages 11+)

Make it personal:

- Share specific details about the gift
- Include a funny or happy memory
- Tell them about your plans
- Ask them a question
- Make connections to your relationship



Sample Thank You Notes

Simple Version:

Dear Grandma,

Thank you for the blue sweater. It's so soft! I wore it to school today.

Love,

Jamie

Detailed Version:

Dear Grandma,

Thank you so much for the cozy blue sweater! The color reminds me of the ocean we saw when we visited you last summer. I've already worn it twice and it keeps me so warm during recess. I can't wait to show it to you when you visit next month!

Love,

Jamie

Parent Corner

- Help with spelling if needed
- Discuss why we write thank you notes
- Share stories about thank you notes you've written
- Make it fun, not a chore
- Consider making thank you note writing a regular practice



Completion Certificate

I, _____, successfully completed the Thank You Note Navigator Challenge!

Date: _____

Parent Signature: _____

Remember

- Be specific about what you're thankful for
- Write neatly
- Be sincere
- Send your note soon after receiving a gift
- Have fun expressing your gratitude!



Winter Weather Pro Challenge



Your Mission

Become a Winter Weather Expert by learning to pack and prepare for cold weather! Being prepared helps you stay safe, warm, and ready for winter fun.



Winter Ready Checklist

- Check the weather forecast
- Gather your winter gear
- Pack your winter bag
- Create a car kit (with grown-up help)
- Know your winter safety rules
- Be ready for winter fun!

The Winter Packing Formula

Layer 1: Base Layer (Next to Skin)

- Long underwear or thermals
- Warm socks (not cotton!)
- Undershirt or tank top

Layer 2: Warm Layer

- Sweater or fleece
- Warm pants
- Extra socks

Layer 3: Outer Layer

- Winter coat
- Snow pants (if needed)
- Waterproof boots
- Hat, scarf, and mittens/gloves

Tips For Success

Little Weather Watchers (Ages 4-6)

- Match your mittens

- Count your layers
- Practice zipping your coat
- Learn to put on your own hat
- Know where winter clothes belong

Junior Meteorologists (Ages 7-10)

Try this weather check:

- Look up today's temperature
- Pack based on activities
- Keep extras in your backpack
- Learn to tie your scarf
- Check for wet or missing items

Weather Experts (Ages 11+)

Be a planning pro:

- Check weekly forecasts
- Pack emergency supplies
- Help younger siblings
- Learn about winter weather safety
- Keep a winter gear inventory



Winter Bag Packing Lists

School Day Basics

- | | | |
|------------------------|--------------|------|
| *Extra Pair of mittens | *Spare socks | *Hat |
| *Scarf or neck warmer | *Snow pants | |
| *Winter boots | | |

Winter Fun Kit:

- | | | |
|------------------------|----------------|--------------|
| *All school day basics | *Hand warmers | *Lip Balm |
| *Water bottle | *Healthy snack | *Small towel |

Car Kit List (Help a Grown-up Pack)

- Blanket
- Flashlight
- Extra mittens and hat
- Snacks
- Water
- First aid kit

Parent Corner

- Practice layering at home
- Check fit of winter gear
- Label all items
- Create storage spots for wet gear
- Establish winter weather routines

Winter Weather Rules

1. Stay dry (wet = cold)
2. Layer up before going out
3. Change wet clothes right away
4. Keep spare gear handy
5. Tell a grown-up if you're cold



Completion Certificate

I, _____, successfully completed the Winter Weather Pro Challenge!

Date: _____

Parent Signature: _____

Remember

- Check the weather before heading out
- Keep extra gear handy
- Stay warm and dry
- Have fun in the snow!
- Tell grown-ups if you need help

Holiday Leftover Chef Challenge

Your Mission

Become a Kitchen Expert by creating delicious snacks and meals from holiday leftovers! This fun challenge helps reduce food waste while making yummy new combinations.



Chef's Checklist

- Wash your hands
- Check available leftovers
- Plan your creation
- Gather supplies and tools
- Create with a grown-up's help
- Clean up your workspace

Kitchen Safety Rules

1. Always cook with a grown-up
2. Wash hands before and after
3. Keep workspace clean
4. Use appropriate tools
5. Be careful with hot foods
6. Ask before using appliances

Easy Leftover Magic Ideas

Turkey or Ham Adventures

- Holiday Sandwich: Meat + cranberry sauce + lettuce
- Wrapped Wonder: Tortilla + meat + cheese
- Protein Bowl: Meat + veggies + rice
- Soup Helper: Add to broth with veggies

Mashed Potato Fun

- Potato Pancakes: Add egg and flatten
- Veggie Boats: Top with vegetables
- Cheesy Mountains: Add cheese and heat
- Bowl Builder: Base for meat and gravy

Veggie Remix

- Colorful Wrap: Roll in tortilla
- Omelet Filling: Add to eggs
- Soup Addition: Add to hot broth
- Stir-Fry Star: Heat with sauce

Tips For Success

Kitchen Beginners (Ages 4-6)

- Help with:
 - Finding ingredients.
 - Washing fruits/veggies
 - Arranging food on plate
 - Simple assembly
 - Clean-up tasks

Junior Chefs (Ages 7-10)

Try these tasks:

- Read simple recipes
- Measure ingredients
- Mix cold ingredients
- Spread toppings
- Basic knife skills (with supervision)

Master Chefs (Ages 11+)

Level up with:

- Create own recipes
- Use microwave safely
- Advanced assembly
- Temperature checking
- Kitchen organization



Recipe Creation Sheet

My Leftover Creation Name: _____

Ingredients Used:

- 1.
- 2.
- 3.
- 4.

Steps I Followed:

- 1.
- 2.
- 3.
- 4.

Rating: ★★★★★

Food Safety Tips

- Check if food is still fresh
- Heat leftovers thoroughly
- Use clean utensils
- Store properly after use
- When in doubt, ask a grown-up

Parent Corner

- Supervise all cooking activities
- Teach basic kitchen safety
- Encourage creativity
- Practice measuring skills
- Make clean-up fun

Completion Certificate

I, _____, successfully completed the Holiday Leftover Chef Challenge!

Date: _____

Parent Signature: _____

Remember

- Safety first
- Be creative
- Clean as you go
- Have fun cooking
- Ask for help when needed

Optional: Photo or Drawing

Draw or take a picture of your creation here: [Space for photo/drawing]

🌟 New Year Goal Setter Challenge 🌟

Your Mission

Become a Goal-Setting Expert by creating one awesome goal for the new year! This important skill helps you turn your dreams into reality.

🎯 Goal Setter Checklist

- Dream big about what you want
- Choose one achievable goal
- Make your goal SMART
- Create an action plan
- Share with someone you trust
- Get ready to succeed!

The SMART Goal Guide

Make your goal:

- **S**pecific (Clear and detailed)
- **M**easurable (Track your progress)
- **A**chievable (You can do it!)
- **R**ealistic (Makes sense for you)
- **T**ime-bound (By when?)

Goal Categories to Consider

- Learning Something New
- Healthy Habits
- Helping Others
- Personal Skills
- School Success
- Family Time
- Hobbies & Fun

Tips For Success

Little Dreamers (ages 4-6)

Simple Goals Like:

- Make bed each morning
- Learn to tie shoes
- Feed pet daily
- Put toys away
- Practice writing name

Growing Goal-Setters (Ages 7-10)

Try Goals Like:

- Read 10 minutes daily
- Learn a new sport
- Save money for something special
- Practice an instrument weekly
- Help make dinner once a week

Goal Champions (Ages 11+)

Advanced Goals Like:

- Learn a new language
- Start a hobby project
- Improve grades in specific subject
- Train for a sports event
- Create something to help others



My Goal Planning Sheet

My Big Goal: _____

I want to achieve this by: [Date] _____

Why this goal matters to me:

I'll know I succeeded when:

My Action Steps

1. First I'll: _____

2. Then I'll: _____

3. Next I'll: _____

Help I Might Need

People who can help me:

1.

2.

Things I need:

1.

2.

Progress Tracker

Draw stars ★ or check marks ✓ to track your progress!

Week 1: ____ Week 2: ____ Week 3: ____ Week 4: ____

Parent Corner

- Help break big goals into small steps
- Encourage realistic goals
- Celebrate small wins
- Help identify needed resources
- Model goal-setting behavior
- Check in regularly on progress

Goal Reflection Questions

- What might make this goal hard?
- How will I feel when I succeed?
- What will I do if I get stuck?



Completion Certificate

I, _____, successfully completed the New Year Goal Setter Challenge!

Date: _____

Parent Signature: _____

Remember

- Start small
- Be specific
- Ask for help when needed
- Celebrate progress
- Keep trying!



Winter Break Responsibility Champion Challenge



Your Mission

Become a Household Hero by choosing one special task to manage for a whole week! This challenge helps you build independence while making a real difference in your home.



Champion's Checklist

- Explore possible tasks
- Choose your special responsibility
- Learn how to do it properly
- Create a schedule
- Track your progress
- Feel proud of helping!

Task Ideas By Age

Mighty Helpers (Ages 4-6)

Indoor Tasks:

- Feed pets at set times
- Put dirty clothes in hamper
- Help sort clean socks
- Water indoor plants
- Put away toys in correct spots
- Help make beds

Keeping Track:

- Use stickers on a chart
- Draw pictures of task
- Get a morning reminder
- High-five after completing

Junior Champions (Ages 7-10)

Indoor Tasks:

- Make beds completely
- Dust living areas
- Organize bookshelf
- Pack school lunch
- Sort recycling
- Keep bathroom tidy

Outdoor Tasks:

- Fill bird feeders
- Sweep porch/deck
- Collect mail
- Water garden
- Pick up yard toys

Keeping Track:

- Daily checklist
- Set phone reminder
- Create task journal
- Take before/after photos

Responsibility Pros (Ages 11+)

Indoor Tasks:

- Vacuum specific rooms
- Clean bathroom sink/counter
- Organize pantry shelf
- Empty dishwasher
- Meal prep assistance
- Laundry management

Outdoor Tasks:

- Shovel light snow
- Clean pet areas
- Organize garage section
- Yard clean-up
- Trash/recycling management

Keeping Track:

- Digital reminder
- Task scheduling app
- Progress photos
- Responsibility journal



My Responsibility Plan

The task I choose: _____

I'll do it: (when) _____

I picked this because: _____

To do it right, I need to:

1.

2.

3.

Success Tips

1. Start with something you feel confident about
2. Ask for a demonstration first
3. Create a regular time each day
4. Keep track of your progress
5. Ask for help if needed

Daily Progress Tracker

Monday: ____ Tuesday: ____ Wednesday: ____ Thursday: ____ Friday: ____ Saturday: ____ Sunday: ____

Monday: ____ Tuesday: ____ Wednesday: ____ Thursday: ____ Friday: ____ Saturday: ____ Sunday: ____

Monday: ____ Tuesday: ____ Wednesday: ____ Thursday: ____ Friday: ____ Saturday: ____ Sunday: ____

Monday: ____ Tuesday: ____ Wednesday: ____ Thursday: ____ Friday: ____ Saturday: ____ Sunday: ____

Parent Corner

- Help with task selection
- Demonstrate proper technique
- Offer gentle reminders
- Give specific praise
- Focus on effort
- Make it fun!

Task Training Tips

1. Watch it being done first
2. Try it with help
3. Try it with watching
4. Do it independently
5. Teach someone else!

Reflection Questions

What was easy? _____

What was challenging? _____

What did you learn? _____

How did helping make you feel? _____



Completion Certificate

I, _____, successfully completed my responsibility as a Winter Break Champion!

Date: _____

Parent Signature: _____

Remember

- Choose something you can handle
- Be consistent
- Ask for help when needed
- Feel proud of helping
- Have fun being responsible!