



Family Values Checklist

Clarify what matters most for your family, so you can confidently make decisions about your child's education, healthcare, and future.

Instructions

Read through each area below and mark the statements that reflect your family's priorities. Add notes where you want to expand. This checklist is a tool for conversations—with your child, with schools, with healthcare providers, and even within your own household—to make sure your values guide the choices being made.

Education

- ☐ I want my child's education to reflect academic excellence first and foremost.
- ☐ I believe parents should have transparency into school curriculum and materials.
- ☐ I want my child to learn in an environment that respects our family's values.
- ☐ I support freedom to choose the school (public, private, charter, or home) that best fits my child's needs.
- ☐ Other: _____

Health & Wellbeing

- ☐ I believe parents—not outside institutions—should make medical decisions for their child.
- ☐ I want healthcare providers to involve parents in all major decisions regarding treatment, mental health, and wellness.
- ☐ I want my child protected from unnecessary, experimental, or irreversible medical procedures.
- ☐ I value mental health supports that align with our family's approach to wellbeing.
- ☐ Other: _____

Safety & Media Exposure

- ☐ I believe children should be shielded from sexually explicit or violently graphic content until parents decide they are ready.
- ☐ I want age-appropriate library books, media, and classroom materials.
- ☐ I want schools to partner with parents in protecting kids online and in the classroom.
- ☐ I value setting healthy boundaries for technology, entertainment, and peer influences.
- ☐ Other: _____



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Family & Community

- ☐ I believe parents—not government—are the primary influencers in shaping children's values.
- ☐ I value open communication within our family about difficult issues.
- ☐ I believe in building strong connections between home, school, and community.
- ☐ I want my child surrounded by mentors and role models who reinforce positive values.
- ☐ Other: _____

Future & Responsibility

- ☐ I want my child to be prepared for adulthood with life skills, integrity, and confidence.
- ☐ I believe children should learn personal responsibility and respect for others.
- ☐ I value opportunities for my child to explore their talents and interests in healthy ways.
- ☐ I want my child to be equipped to thrive in their future career, relationships, and community.
- ☐ Other: _____

Takeaway:

This checklist is for you. Use it to guide school choices, healthcare decisions, and conversations with leaders in your community. When challenges arise, you'll know where you stand: *My Kid. My Choice.*