

# KNOW YOUR RIGHTS AS A PARENT IN NEW MEXICO


*Your Child. Your Voice. Your Rights*

As a parent, you have God-given and constitutionally protected rights when it comes to your child's education, medical care, and moral development. But in New Mexico, those rights are increasingly being challenged by harmful state policies. Here's what you need to know:

## EDUCATION & CURRICULUM TRANSPARENCY

You have the right to:

- **Review curriculum and instructional materials** used in your child's classroom (NMAC 6.75.2.8).
- **Be notified** about sex education and controversial topics being taught.
- **Opt your child out** of any instruction that conflicts with your religious or moral beliefs.
- **Request alternative assignments** in place of objectionable materials.
- **Attend and speak** at school board meetings that influence curriculum decisions.

 *Tip: Submit a written request to your child's school principal for curriculum review and opt-out information.*

## MEDICAL CONSENT & HEALTH PRIVACY

You have the right to:

- **Consent to or deny** any non-emergency medical treatment for your child.
- **Refuse mental health evaluations or counseling** conducted without your permission.
- **Access all medical and counseling records** held by the school or district.

## BUT—KNOW THIS: NEW MEXICO POLICY CONFLICTS WITH THESE RIGHTS

Recent NM laws and guidance now:

- Allow schools to create **"gender support plans"** without notifying parents.
- Permit teachers and staff to **withhold information** about your child's new pronouns, name, or identity changes if the child requests secrecy.
- Enable public institutions and individuals to **facilitate gender-affirming care for minors without parental consent**—and legally protect them from accountability.

**!** *These policies violate the spirit of federal protections like FERPA and the constitutional rights of parents but are currently active and enforced in NM public schools.*

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## PARENTAL ACCESS & FEDERAL PROTECTIONS

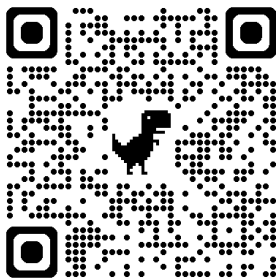
Under federal law, you still have the right to:

- **Access your child's education records**, including counseling notes and gender support plans (FERPA).
- **Be informed about surveys or interventions** that gather personal information (PPRA).
- Direct your child's upbringing and moral instruction (as upheld in *Troxel v. Granville* and *Pierce v. Society of Sisters*).

## WHAT PARENTS CAN STILL DO:

- **Demand transparency:** You still have the right to request your child's full school record, including guidance notes, email correspondence, and support plans.
- **Submit formal opt-out and parental rights notifications** to your district and principal.
- **Join with other parents** to speak up at school board meetings and push for local policies that protect your role.
- **Support legislative action** to roll back these harmful policies and re-establish parental rights as primary.

## JOIN THE MOVEMENT. PROTECT YOUR FAMILY.



<https://nmfam.org/protect-our-kids>

**New Mexico Family Action Foundation | Protect Our Kids**

