

Bromley Mindfulness Class Calendar - September 2021

Topics will vary but will mainly be based on the Syllabus - Times are London UK

| | | In-Person Training | | 6-week Course | Online |
|-----------|--------|--------------------------|----------|----------------------------------|-----------------------|
| Day | Date | Venue | Time | in-person in Bromley and On Zoom | The Meditation Course |
| Wednesday | Sep-01 | | | | 8.00 pm |
| Thursday | Sep-02 | | | | |
| Friday | Sep-03 | | | | |
| Saturday | Sep-04 | Contingent Works | 10.00 am | | 10.00 am |
| Sunday | Sep-05 | | | | 7.00 pm |
| Monday | Sep-06 | | | | |
| Tuesday | Sep-07 | Chantry Studios | 1.15 pm | | 1.15 pm |
| Wednesday | Sep-08 | | | | 8.00 pm |
| Thursday | Sep-09 | *Beckenham Place Mansion | 11.00 am | | 11.00 am |
| Friday | Sep-10 | | | | |
| Saturday | Sep-11 | Contingent Works | 10.00 am | | 10.00 am |
| Sunday | Sep-12 | | | | 7.00 pm |
| Monday | Sep-13 | | | | |
| Tuesday | Sep-14 | Chantry Studios | 1.15 pm | 7 pm | 1.15 pm |
| Wednesday | Sep-15 | | | | 8.00 pm |
| Thursday | Sep-16 | | | | |
| Friday | Sep-17 | | | | |
| Saturday | Sep-18 | Contingent Works | 10.00 am | | 10.00 am |
| Sunday | Sep-19 | | | | 7.00 pm |
| Monday | Sep-20 | | | | |
| Tuesday | Sep-21 | Chantry Studios | 1.15 pm | 7 pm | 1.15 pm |
| Wednesday | Sep-22 | | | | 8.00 pm |
| Thursday | Sep-23 | *Beckenham Place Mansion | 11.00 am | | 11.00 am |
| Friday | Sep-24 | | | | |
| Saturday | Sep-25 | Contingent Works | 10.00 am | | 10.00 am |
| Sunday | Sep-26 | | | | 7.00 pm |
| Monday | Sep-27 | | | | |
| Tuesday | Sep-28 | Chantry Studios | 1.15 pm | 7 pm | 1.15 pm |
| Wednesday | Sep-29 | | | | 8.00 pm |
| Thursday | Sep-30 | | | | |

*I shall request these dates but they are dependent on the mansion making them available.