

Public Terms and Conditions 2022

Notes on these terms and conditions

These terms are in Plain English and avoid complex legalese. They constitute a simple but binding agreement for both parties. If you have Terms and Conditions or other procurement agreements that you prefer to apply please let us know or we shall assume that these apply.

1. Terms

Our standard credit terms for organisations are 30 days from the date of invoice. We bill each calendar month for work completed in that month. Any exceptions must be agreed in writing (email is sufficient).

2. Billing

Statements are always available on request and we issue them to aid the resolution of any queries. Let us know if you want regular statements. We work hard to simplify the invoicing process as we are a small business and our cash-flow is important to us. Please let us know of any specific requirements your organisation has to ensure prompt payment such as cost codes and purchase orders.

3. Bookings

Bookings may be made by email or phone. For bookings to be valid, they must be confirmed by us by email. You must obtain a confirmation from us of the dates of training so there is no confusion. Please quote purchase order numbers, cost codes and other necessary details when booking.

4. Cancellation

Either party can cancel the training without giving a reason and with one month's notice except where mutually agreed by email.

If for any reason, we need to cancel closer to the date, or if the trainer cannot attend, we will inform you directly and the training can be rescheduled, or we can refund you.

6. Your Peace of Mind

I offer a full 100% money back guarantee on all of my training which I will provide you on receipt of an email request.

5. Guidelines for students and organisations

Our training is designed for adults (20+). Young people can only attend with the prior agreement of the trainer. It is the organisation's responsibility to ensure that students are free from any condition that could affect their capability to undertake the training. We have significant experience working with disabled students and we very much welcome students with disabilities, but it remains the organisation's responsibility to ensure that they are appropriately supported in the training environment. We welcome in advance, for setup purposes, notification of any assistance that a student may need during the training.

6. Disclaimer

I provide information and guidance about mindfulness, meditation, resilience and associated subjects. The information is not designed to form medical or psychiatric advice, and should not be treated as such.

I do not offer warranties and you can get a full refund on request

The medical information on this website is provided without any representations or warranties, express or implied. I make no representations or warranties in relation to the medical information on this website.

Without prejudice to the generality of the foregoing paragraph, I do not warrant that:

- a. the information on this website will be constantly available, or available at all; or
- b. the information provided is complete, true, accurate, up-to-date, or non-misleading.

Guidance

You must not rely on the information on this website as an alternative to advice from your professional healthcare provider. You should never delay seeking professional advice, disregard advice, or discontinue any treatment or therapy because of information given.

My Liability

I hold full professional indemnity for teaching meditation and associated practices. Nothing in this disclaimer will:

- (a) limit or exclude my liability for death or personal injury resulting from negligence;
- (b) limit or exclude my liability for fraud or fraudulent misrepresentation;
- (c) limit any of my liabilities in any way that is not permitted under applicable law; or
- (d) exclude any of my liabilities that may not be excluded under applicable law.

7. Questions

Please ask any questions that arise about this document by contacting me on the email address below