

## MUSIC TOUCHES

### the HEART, BODY, & MIND

Music practitioners are not new, but may be new to you. Boethius, a Roman Philosopher, c.475-525 said, "Music is the principal that unites body, soul, and spirit." With rising costs of health care, music is a cost-effective resource for your patients, who will benefit from the soothing sounds of live acoustic and vibrational harp music.

The *therapeutic musician* uses the inherent healing elements of live music and sound to enhance the environment or the patient "in the moment," responding to their condition or changing condition, making it more conducive to the human healing process.

Therapeutic live vibrational music is used for managing acute and chronic health conditions, distress, and promotion of the body's natural healing.

## Application

Music is an effective intervention with patients of every age. This ranges from those born into the neonatal intensive care unit, through to those in hospice care at the end of life for whom music mitigates "medically necessary stress."

- ⇒ Hospitals
- ⇒ Hospice Facilities
- ⇒ Medical Offices
- ⇒ Home Health Care
- ⇒ Veteran's Healthcare
- ⇒ Wounded Warrior Services

*Certified Music Practitioners available.*

## Music Touches



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## MUSIC FOR HEALING & LIFE TRANSITIONING

*Reduce Patient Costs*

*Increase Patient  
Satisfaction*

*Improve Patient  
Outcomes*



719-246-6263

## Service Goals

### ⇒ Cost Savings

"Effectively and appropriately deployed, music is a relatively low-cost intervention. Internationally, art-based interventions are gaining traction beyond their clinical effects, due to the savings they can provide."

### ⇒ Patient Satisfaction

"The clinical use of music is both an innovative and an evidence-based practice that has been proven both to satisfy patients and to lower the cost of care."

### ⇒ Improved Outcomes

"In spite of over half a century of positive outcomes for patients, music therapeutics has not been fully or routinely integrated into health care." "Music is promoted as a technology for healing in prestigious hospitals and health care settings, and the study of music-based health care interventions is funded by the National Institutes of Health (NIH)."

*Wolf, L & WolfBrown Wolf, T (2011)*

## Ancillary Benefits

- ◇ Reduced reliance on pain medications.
- ◇ Fewer Nursing bedside calls.
- ◇ Greater satisfaction with physician care.
- ◇ Increased patient draw with innovative added care modality.
- ◇ Family member satisfaction with care of loved one.
- ◇ Visible uniqueness of care services.

*Victoria R Lidmark is a renowned harp instructor, and **Certified Music Practitioner**. She and her trained CMP's are available for scheduling in Colorado Springs, Woodland Park, and the Pueblo areas.*



### Victoria's School of Harp

**If you are interested in learning live vibrational therapeutic music and becoming a Certified Music Practitioner, introductory instruction and advisement is available. Certification program options are offered.**