

IEP Meeting Checklist for Parents

Is Your Child's IEP Truly Supporting Their Success?

Use this checklist to review your child's IEP and identify strengths, gaps, and areas to address at your next meeting.

Foundational Requirements (IDEA Basics)

- Student qualifies under an IDEA disability category
- Present Levels of Academic Achievement & Functional Performance (PLAAFP) are clear and specific
- Needs are clearly connected to goals and services
- Parent concerns are documented
- Strengths are included (not just challenges)

FAPE (Free Appropriate Public Education)

- IEP provides meaningful progress (not minimal progress)
- Services match student needs
- Supports are individualized
- Progress monitoring is clearly defined
- Data is shared regularly with parents

LRE (Least Restrictive Environment)

- Student participates with general education peers when appropriate
- Supports are attempted before more restrictive placement
- Placement decisions are based on needs (not convenience)
- Supplementary aids/services are clearly listed

Goals & Progress Monitoring

- Goals are measurable and specific
- Goals address academic + functional needs
- Baseline data is included
- Progress measurement tools are identified
- Reporting schedule is clear

Services & Supports

- Services align directly with goals
- Service minutes are appropriate
- Provider roles are defined

- Related services (OT, SLP, counseling, etc.) considered
- Transition supports included if needed

Accommodations & Modifications

- Supports reflect real classroom needs
- Testing accommodations listed
- Behavior or sensory supports included if needed
- Executive functioning supports addressed
- Assistive technology considered

Behavior & Regulation Supports (If Applicable)

- Behavior needs documented in PLAAFP
- Functional Behavior Assessment (FBA) completed (if needed)
- Behavior Intervention Plan (BIP) included
- Replacement skills taught (not just consequences)

Transition Planning (Age 14+ or Earlier if Needed)

- Post-secondary goals included
- Career/education planning addressed
- Independent living skills considered
- Student voice included

Parent Advocacy Check

- You understand every part of the IEP
- Your input is reflected
- You feel heard in meetings
- You know next steps and follow-ups

NeuroRoots Tip

If you checked several concerns, an IEP Record Review can help clarify strengths, identify gaps, and give you clear next steps for advocacy.

