

Game Requirements for Teams

- Adherence to CDC & Ohio Health Dept. guidelines required
- Head coaches are the compliance officer ensuring the team's compliance with all mandates
- Self-health assessment required
- E-mail roster four days prior to game – info@sylvaniatamoshanter.com
- Rostered players will be assigned an arrival time
- Players will be assigned to a locker room
- Time limit for the locker room is 15 minutes max
- Face masks must be worn when in the locker room
- Coaches must wear masks at all times
- Social distance in the bench area
- No huddles, high fives, congregating before or after the game
- Use exits under the bleachers to leave the rink following the game

Requirements for Spectators

- Stay home if sick
- Enter facility through lobby doors 5 minutes prior to start of event & check-in at front desk
- Seated (no standing along dasher boards) with family member(s) only – capacity limit is 80 people
- Stay socially distanced
- Wear a face mask
- Exit through doors under bleachers
- Do not return to the lobby

Please refer to the accompanying documentation for greater detail of the responsibilities for teams and spectators.



MIKE DEWINE
GOVERNOR OF OHIO

Ohio

Department
of Health

#IN THIS
TOGETHER
Ohio

#RESPONSIBLE
RESTART
Ohio

Responsible RestartOhio

Youth, Collegiate, Amateur, Club and Professional Sports



In addition to this state guidance, schools, universities, amateur, and professional sports organizations also must also follow any additional health guidance rules for the prevention of COVID-19 from their governing bodies that is more restrictive than this minimum health guidance. Independent youth sports organizations also must follow sport-specific guidance from the Ohio High School Athletic Association. The primary purpose of permitting spectators is to allow and encourage the family members and loved ones of players, coaches, team staff members, officials, and other event participants (band, honor guard, etc.) to observe and share in the experience.

Mandatory

- Players, coaches, officials, athletic trainers, and officials must conduct daily symptom assessments before each practice or game.
- Anyone experiencing symptoms must stay home.*
- Coaches must (1) Participate in COVID-19 education developed for them by the Ohio Department of Health, and (2) Educate their players on how to help prevent the spread of COVID-19 using resources provided by the Ohio Department of Health. This training can be found at: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible-restart-ohio/sector-specific-operating-requirements/sector-specific-operating-requirements>
- Promote good hand hygiene and respiratory etiquette. Flyers and signs are available at [coronavirus.ohio.gov](https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible-restart-ohio/Posters-and-Signs/) (<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible-restart-ohio/Posters-and-Signs/>).
- No congregating before or after practices or games by players, coaches, athletic trainers or officials is permitted.
 - Coaches, volunteers, athletic trainers, and officials must wear face coverings at all times, and players must wear face coverings when not on the field or court of play, except for one of the reasons stated in the Director's Order for Facial Coverings throughout the State of Ohio signed July 23, 2020 (<https://coronavirus.ohio.gov/static/publicorders/Directors-Order-Facial-Coverings-throughout-State-Ohio.pdf>) or as it may thereafter be amended. Coaches and officials are not required to wear facial coverings when on the field of play during games and practices to allow the use of whistles.

(Written justification must be provided to local health officials, upon request, explaining why an athletic trainer is not required to wear a facial covering when attending to an injured player. At minimum, facial coverings (masks) should be cloth/fabric and cover an individual's nose, mouth, and chin.)
- Players, volunteers, coaches, athletic trainers, and officials must strictly follow Ohio's face coverings Order when out in public in order to reduce the risk of contracting COVID-19 and potentially spreading it during sports activities.
- Coaches must have a parent/volunteer help monitor/ensure social distancing on teams of young children.
- Coaches shall identify players at higher risk of developing serious complications from COVID-19, such as those with asthma, diabetes or other health problems, and take extra precautions to protect them.

Recommended Best Practices

- Players should consider wearing face coverings while at home to protect family members who may be at higher risk.

**Players,
Coaches,
Athletic
Trainers, and
Officials**

Mandatory

Recommended Best Practices

Spectators

- Spectators must conduct daily symptom assessments.
 - Anyone experiencing symptoms must stay home.*
 - Family members must sit together, socially distanced from other individuals/family groups.
 - Six-foot social distancing must be maintained between individuals/family groups
 - No congregating before or after practices or games is permitted.
 - Spectators must wear face coverings at all times except for any of the allowable exceptions stated in the Director's Order for Facial Coverings through out the State of Ohio. (<https://coronavirus.ohio.gov/static/publicorders/Directors-Order-Facial-Coverings-through-out-State-Ohio.pdf>)
- School and organization officials should distribute tickets with an emphasis on allowing family and loved ones to see students participate.

Practices/ Games/ Tournaments

- Six-foot social distance must be maintained between individuals except when necessary on the field or court of play.
 - Players, coaches, and officials are not to physically contact each other before or after practice, pregame and competitive play (i.e. greetings, team huddles, high-fives, congregating, etc.).
 - Limit time spent on activities where players are in close proximity for extended periods of time (e.g., repeatedly practicing corner or penalty kicks in soccer; rebounding drills in basketball).
 - Facilities, teams, and clubs must ensure that facilities have adequate space for social distancing for players, coaches, athletic trainers, officials, parents/guardians, and spectators off the field or court of play.
 - No congregating before or after practices or games is permitted.
 - Prior to competitive tournaments, tournament organizers must notify the local health department.
 - Contact the local health department weekly regarding the status of COVID-19 in the community.
 - Football, soccer, field hockey, hockey, wrestling, lacrosse, basketball, and volleyball are limited to one team vs. team game/match a day, but multiple games/matches may be played between the same teams in one day.
- During practices, consider putting players into small groups that remain together through practice stations rather than mixing groups for station to station.

Equipment

- Equipment and personal items must have proper separation and must not be shared. If equipment must be shared, proper sanitation must be performed between users.
 - Do not share towels or facial coverings.
 - Do not share water bottles or other drinks.
 - Do not share food.
- Competing players/teams should not use the same equipment.
 - Make sure there are adequate supplies of items and equipment to the extent possible to minimize the need for sharing (e.g. bats, protective gear, etc.).

Facilities/ Venues

- Outdoor spectators are limited to the lesser of 15% of fixed seating capacity of the venue or 1,500 total.
 - Indoor spectators are limited to the lesser of 15% of fixed seating capacity or 300 total.
 - Time must be allotted between practice sessions to allow teams to exit fields/facilities prior to new teams arriving and for proper sanitizing for shared spaces and high-touch surfaces (benches, equipment, etc.).
 - Organizers of sports tournaments must follow applicable guidance for venues (including grandstands) in which the tournament is held.
 - Promote good hand hygiene and respiratory etiquette. Flyers and signs are available at [coronavirus.ohio.gov](https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible-restart-ohio/Posters-and-Signs/) (<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible-restart-ohio/Posters-and-Signs/>).
 - Make hand sanitizer available at convenient locations.
- Close shared spaces such as locker rooms, if possible. Otherwise, stagger use and clean and disinfect between use.
 - Limit the number of players sitting in confined player seating areas (e.g., dugouts) by allowing players to spread out into spectator areas if more space is available.

Mandatory

Recommended Best Practices

Facilities/ Venues (cont.)

- Locker rooms, restrooms, weight training rooms, and athletic training rooms must be cleaned and sanitized frequently. Individuals must maintain social distancing as much as possible while in these rooms. Face coverings must be worn at all times while in these rooms.
- If playing inside, ensure ventilation systems or fans operate properly. Increase circulation of outdoor air as much as possible, such as opening windows and doors unless doing so poses a safety or health risk.
- Venues must follow all other requirements included in the Director's Order that Provides Guidance for Youth, Collegiate, Amateur, and Professional Sports and the Responsible RestartOhio Guidelines for Outdoor and Indoor Entertainment Venues.
- Food concessions operations must adhere to Ohio's guidance for Restaurants, Bars, Banquet & Catering Facilities/Services available at coronavirus.ohio.gov.

Team Travel by Bus, Etc.

- Individuals traveling together by bus, etc., must wear a face covering and social distance where possible while in the vehicle.
- Conduct a pre-travel symptom and temperature check immediately prior to departure.
- Consider traveling to and from games with parents, guardians, or members of household if possible.

Travel

- For out-of-state travel, follow the COVID-19 guidance of the state and local public health jurisdiction to which the team is traveling.
- Limit use of carpools. Encourage players to only ride with others in their household if possible.
- Traveling outside the local community may increase the chances of exposing players, coaches, and fans to COVID-19, or unknowingly spreading it to others. Consider competing only against teams in your local area.

Suspected and Confirmed Cases

- Immediately isolate, and seek medical care for, any individual who becomes ill or develops symptoms.
- Contact the local health department about suspected COVID-19 cases or exposure.
- The affected person should seek COVID-19 testing as soon as possible. Teams, schools, and clubs should work with parents to ensure they have access to testing through their healthcare providers or direct them to testing options.
- Coaches/administrators must work with the local health department to identify individuals who were potentially exposed to help facilitate contact tracing. This includes, but is not limited to, athletes, coaches, officials, volunteers, parents and other support personnel.
- A team, school, or club must notify all athletes and parents/ guardians associated with the affected team regarding a positive test. Athletes and families must be reminded of proper daily health screening protocols.
- If the affected individual participated in competitive play, the team is responsible for notifying any opponents played between the date of the positive test and 2 days prior to the onset of symptoms. If the teams, schools, or clubs reside in different counties, the health departments in each county should be notified to help facilitate effective contact tracing.
- Work with local health department to identify potentially infected or exposed individuals to help facilitate effective exposure notification.
- To the extent possible, facilitate testing of all suspected infections or exposures.
- Following testing, contact local health department to initiate appropriate care and exposure notification.
- Teams, schools, and clubs should establish a partnership with a local healthcare provider to help accelerate testing if needed.
- When a player, coach, or athletic trainer tests positive for COVID-19, team members who are not close contacts requiring self-quarantine as determined by the local health department, should conduct (1) Daily symptoms assessment and stay home if sick, and (2) An in-person temperature check before the start of each practice and game for 14 days as a precaution.

Mandatory

Suspected and Confirmed Cases (cont.)

- An individual who tests positive for COVID-19, whether symptomatic or asymptomatic, must not return to sport activities until (1) Meeting the CDC requirements for ending self-isolation using either a symptom-based or test-based strategy** and (2) A documented medical exam is performed clearing the individual to return to play. The documented medical exam must specifically include an assessment of the cardiac/heart risk of high-intensity exercise due to the potential of myocarditis occurring in COVID-19 patients. More information on this issue can be found at <https://www.acc.org/latest-in-cardiology/articles/2020/07/13/13/37/returning-to-play-after-coronavirus-infection>.
- Players, coaches, officials or other individuals who had close contact (within six feet of an infected individual for at least 15 minutes), or who had direct physical contact with the person, or who were coughed or sneezed on by the infected person, must self-quarantine for 14 days following exposure based on CDC guidance.*** Individuals may return to play afterward if they have not had any COVID-19 symptoms.

Recommended Best Practices

* Per CDC, COVID-19 symptoms include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea. This list does not include all possible symptoms. CDC will continue to update symptoms as more is learned about COVID-19. CDC's list of COVID-19 symptoms and a "self-checker" is available at <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>.

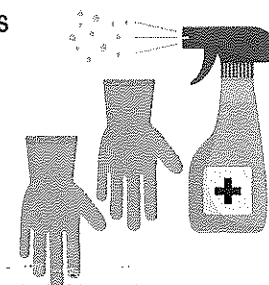
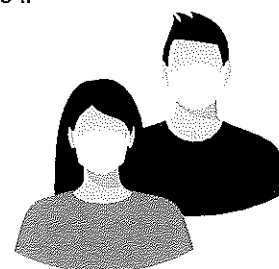
** CDC guidance on "When You Can be Around Others After You Had or Likely Had COVID-19" at <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>.

***CDC guidance on "Quarantine If You Might Be Sick (Stay Home if You Might Have Been Exposed to COVID-19)" at <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>.

COVID-19 Checklist for Coaches

Protect Players from COVID-19

- ☒ Send a welcome email or call parents and/or players. Inform them about **actions that the sports program will take to protect players**. Remind them to stay home if sick or if they have been around someone who is sick.
- ☒ Be a role model. **Wear a cloth face cover** and encourage parents, fans, officials, and sports staff to wear one during practices and games.
- ☒ Provide **hand sanitizer with at least 60% alcohol** to players before and after practice/game, or encourage them to wash their hands with soap and water.
- ☒ Educate players about **covering coughs and sneezes** with a tissue or their elbow. Discourage spitting.
- ☒ Remind players about **social distancing** and identify markers (signage or tape on floor, if applicable). Encourage your players to focus on building their individual skills and cardiovascular conditioning, so they can limit close contact with other players.
- ☒ Check with your sports administrator to make sure they are following **cleaning and disinfection** recommendations.
 - Cleaning and disinfecting frequently touched surfaces on field, court, or play surface (e.g. drinking fountains) at least daily or between use.
 - Cleaning and disinfecting shared equipment.

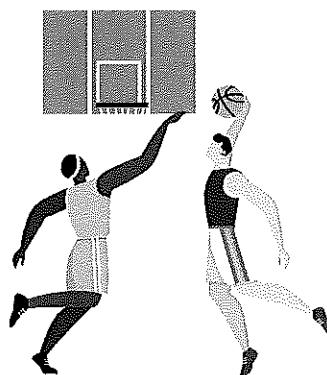


Lower Risk

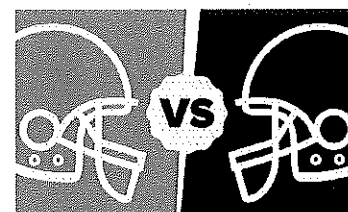
Higher Risk



Skill-building drills at home



Within-team competition



Full competition from different areas

For more information, visit: coronavirus.ohio.gov

Spectator Requirements for Attending

In compliance with the Lucas County Health Department's rules regarding the operations at Sylvania Tam O Shanter Sports, Inc., please:

Stay home if sick.

Check in with front desk.

Limit time in the lobby to 15 minutes or less.

Wear a mask in compliance with Ohio mandate.

Stay socially distanced from people other than direct family members.

Sit in assigned seats.

Enter rinks through the hallway.

Exit rinks through the doors underneath the bleachers.

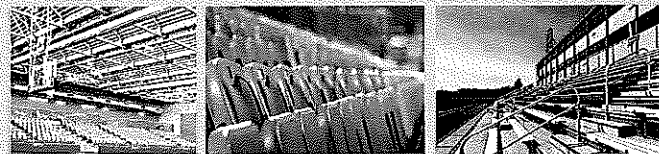
By following these rules we will be able to continue to provide ice skating events.

Thank you for your help.



Responsible RestartOhio

Sports Venues



The primary purpose of permitting Sports spectators is to allow and encourage the family and household members and loved ones of players, coaches, team staff members, officials, and other event participants (band, honor guard, etc.) to observe and share in the experience. Sports venues include all locations and facilities, whether indoor or outdoor, that host Sports events, including but not limited to stadiums, arenas, playing fields, tracks, speedways, golf courses, tennis, basketball and volleyball courts and open-air courses. The maximum number of individuals gathered in any outdoor Sports venue is the lesser of 1500 or 15 percent of fixed, seated capacity. For indoor facilities the maximum number of individuals gathered in any indoor entertainment venue shall be the lesser of 300 spectators or 15 percent of fixed seating capacity. However, physical separation must be maintained throughout the venue, and seating must be arranged and assigned to allow for six feet of space between groups of: a) no more than four spectators, or b) members of one household, i.e. parent(s) and dependent children. If attendance at a particular venue is governed by a current Order from the Director of the Ohio Department of Health, that specific order shall control over this general order.

Mandatory

- Venues must develop a spectator pathway that allows for physical distancing as patrons move from parking, through box office lines, ticket scanning and security screening, and to their seats.
- One-way entry, exits and aisles; patrons to enter and exit gates or doors closest to assigned seats.
- Markings or signage to indicate social distancing in lines and throughout venue.
- Elevators monitored by attendants to ensure compliance with social distancing standards.
- An egress plan to allow for social distancing when patrons leave, including in the case of inclement weather for outdoor venues.
- Seating must be assigned in groups of no more than four people. Members of a single household may be seated together.
- Each seating group must be separated from next group by at least six feet in each direction.
- Seating groups must be assigned in staggered rows and sections to prevent contact between groups.
- Spectators must sit in the assigned seats or spaces.
- General admission (e.g. lawns, standing room, infields) is allowable only to the extent physical distancing between groups of spectators can be marked and strictly maintained.
- Venues must limit entrance to hospitality suites to ensure that physical separation can be maintained for both indoor and outdoor viewing sections.

Recommended Best Practices

- Contact-free ticketing to eliminate box office congestion.
- Assigned arrival times.
- Block off unused seats.
- Block off the front rows of the venue to avoid contact between participants and spectators.
- Block off the last row of each section and aisle seats to prevent contact with people walking to and from seats.

Spectator Pathway

Signage and Education

- Communicate with spectators before each event ("know before you go"):
 - Importance of staying home if sick, face covering requirement, and need to maintain physical separation.
- Install signage concerning hygiene, physical separation and face covering.
- Communicate physical separation, face covering, hygiene, and health symptom reminders with public announcements throughout the event.

Mandatory

Recommended Best Practices

Facial Covering

- Employees, staff, and volunteers must wear a cloth face covering at all times.
- Spectators must wear a cloth face coverings at all times.
- The only exceptions to facial coverings requirement are the reasons state in the Director's Order for Facial Coverings throughout the State of Ohio signed July 23, 2020 or as it may thereafter amended.

- Reinforce face covering requirement with signage and announcements throughout the venue/event.

Cleaning and Hygiene

- Frequent cleaning of high-touch areas (railings, ATMs, elevators, restrooms).
- Allow adequate time between events to allow for cleaning
- Procedure for cleaning and disinfecting if a COVID-19 case is identified at the venue.
- Use all available restrooms with one-way entry and exit to allow for frequent handwashing without crowding.
- Make hand sanitizer readily available throughout the venue.

- Promote hand hygiene through signage.
- Consider using every-other sink in restrooms to allow for physical separation.

Handling Sick/Symptomatic People

- Any person with symptoms consistent with COVID-19 should be advised to return home or taken to a dedicated isolation area.
- Develop a plan for handling sick/symptomatic individuals covering how the following will be addressed:
 - Immediately isolate the sick person.
 - Referral to medical care.
 - Notification of the local public health department.
 - Cooperation with local health department in contact tracing.

Flexibility and Accountability

- Each venue is required to have a written plan for safe reopening, prepared in consultation with the local health department.
- The organizer of an event is responsible for ensuring and enforcing compliance with the venue's reopening plan, the mandates and guidelines of the organizing entity, if any, and all current Orders of the Ohio Department of Health.
- Sport facilities/venues must designate an individual responsible for the compliance with this Order.
- Venue operators must cooperate with the local health department related to any case investigation.
- Failure to comply may result in a venue being shut down.

Concessions and Retail Vendors

- Follow [Responsible RestartOhio Guidance for Bars & Restaurants](#).
- Follow [Responsible RestartOhio guidance for Consumers, Retail, Services & Entertainment](#).

Mandatory

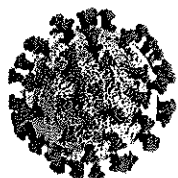
Indoor Venues

- For facilities, that are not otherwise addressed in a Director of Health Order, the maximum number of individuals gathered in any indoor entertainment venue shall be the lesser of 300 spectators or 15 percent of fixed seating capacity.
- Spectators shall be seated in a socially-distance manner, consistent with the requirements for outdoor seating.
- Limit the number of people in lines and use cues/floor markings to assist with social distancing of six feet.
- Increase frequency of cleaning and sanitizing per CDC Environmental Cleaning and Disinfection guidance on high contact areas/hard surfaces, including snack counters, door handles/hinges, etc. <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>.
- Increase cleaning and sanitizing of restrooms.
- Sanitize seats and flat surface, including tray tables between uses of the facility.
- Make available additional opportunities throughout the facility for persons to reduce the spread of the virus through hand washing or sanitizing stations.
- Train, implement, and enforce hygiene and handwashing with staff.
- Spectators must wear a mask subject to the exceptions outlined in this order.

Recommended Best Practices

- It is recommended that, if possible, ushers should actively monitor social distancing practices and encourage additional distance between spectators as appropriate.
- Increase the times between use of the facility from one event to another to allow for more thorough cleaning of individual areas, as well as staggered arrivals/departures of spectators.
- It is recommended that, if possible, optimize HVAC to blend additional outside air and open fire doors and loading doors so that outside air can circulate.
- It is recommended that, if possible, offer partial event tickets for example for youth events that have tickets for a particular game or meet during a day that has multiple events. Have a recess or intermission between games or events to allow spectators to leave the spectator area and permit the area to be cleaned before a new group of spectators enters.

What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



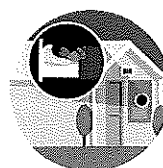
Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



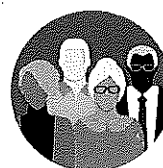
Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.

