MAXINE'S OWN BALI PACKING LIST FOR A GEN-DAY STAY!

Swimwear - two or three changes Swimwear over-shirts/kaftans x 2 Sarongs x 2 Lightweight cotton trousers (1 black & 1 white) Lightweight cotton dresses x 3 One smart outfit (because you never know what might happen!) Lightweight Shorts x 2 Lightweight mix and match tops x 3 Summer pyjamas x 1 pair Lightweight underwear Flip-flops or other 'pool' shoes Trainers - 1 pair Smart sandals x 2 (1 pr with heels) Small shawl Small mesh-topped hat with sun visor Sunglasses

Sunscreen (factors 50 and 20 - these suit my skin type, other women will have different needs)) After-sun cream Leave-in hair conditioner Travel pack of full-facial components incl. Mask Travel pack of essential oils Deodorant, shampoo, conditioner, shower gel Moisturizer and body lotion Small citronella candle A bag of tea light candles Fold-away sturdy carrier bag Small handbag Phone/tablet/gadget chargers

***FOR THE LONG HAUL FLIGHT**

- Earplugs
- Gel eye mask
- Travel pillow
- Pyjamas
- Linen blanket
- Slipper socks
- Toiletries for freshening up on waking

*** My check-in luggage normally weighs in at around 18-20 kilos at what is listed here, and I put everything in a large suitcase. That, and a limit of 30 kg is ample to enable some shopping in Bali and still come home within my weight limit.