

Bushido Martial Arts
Lil' Warriors Test Requirements

Belt Colour	1 st Stripe	2 nd Stripe	3 rd Stripe
White	Listening Positions Dojo Positions Proper Punches	Front Kick Domo Arigato Gozaimasu	Warrior Punches
Gold/White	Blocks	Side Kick Kiba Dachi Zenkutsu Dachi	Zenkutsu Dachi Combination Drill
Orange/White	Warrior Blocks (Kihon Uke)	Back Kick Neko Ashi Dachi	Kiba Dachi Combination Drill
Purple/White	Kihon Dachi (1-7)	Kihon Dachi (8-11)	Neko Ashi Dachi Combination Drill
Blue/White	Uke Waza	Kihon Ippon (1)	Shiko Dacho Combination Drill
Red/White	Kihon Ippon (1-5)	Kihon Ippon (6-10)	Kokutsu Dachi Combination Drill
Red/Black	Kihon Ippon Kihon Geri	Kihon Nihon	Kihon Sanbon Kihon Dachi

Hanshi Minoru Nakazato, 10th Dan, Okinawa, Grand Master

Sensei Sharon Champagne, Dojo Director

Sensei Brock Aldersley, Dojo Administrator

Sensei John Rooyackers, Dojo Instructor