Use this worksheet to prepare a weekly dinner plan for the family (and enlist family member to help!)

|  | Breakfast | Lunch | Dinner |
| :--- | :--- | :--- | :--- |
| Sunday |  |  |  |
| Monday |  |  |  |
| Tuestay |  |  |  |
| Wednessay |  |  |  |
| Thussday |  |  |  |
| Sritay |  |  |  |

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