



WELLNESS HELPLINES FOR FAITH LEADERS

Ministry is a calling that carries great responsibility, but you cannot pour from an empty cup. Your well-being directly impacts how you lead, serve, and uplift others. Self-care is not a luxury—it’s a necessity for a thriving ministry. When faith leaders prioritize wellness, congregations are more engaged, strengthened, and spiritually nourished. Don’t lead on empty—connect with the imWell Helpline for Leaders for confidential support designed just for you. Your health, mind, and spirit matter. Let’s lead well, together.



FAITH LEADERS **877-75-FAITH (753-2484)**

A confidential support line for faith leaders.

imWell Helpline for Leadership Team **844-9-imWELL (946-9355)**

A confidential support line designed to help your leadership team navigate stress, decision-making, and ministry challenges.

