



WELLNESS HELPLINES FOR LEADERS

Leadership comes with immense responsibility, and your well-being directly impacts how you lead others. Self-care for leaders is not a luxury—it's a necessity for thriving organizations. When leaders prioritize wellness, teams are more engaged, productive, and committed. Strengthen your leadership by connecting with the imWell Helpline for Leaders. **GO-BE WELL!**



GOVERNMENT | ORGANIZATION LEADERS **855-558-WELL (9355)**

A confidential support line for government and organization leaders.



BUSINESS | EDUCATION LEADERS **855-585-WELL (9355)**

A confidential support line for business and education leaders.



imWell Helpline for Leadership Team **844-9-imWELL (946-9355)**

A confidential support line designed to help your leadership team navigate stress, decision-making, and workplace challenges.

