FAMILY & FRIENDS JUNE 15, 2023

# MONTHLY REPORT

The latest news and updates from the F.U.T.U.R.E. family



IN THIS ISSUE

## **SELF CARE OF THE MONTH**

**SMILE!** A smile is life's free facelift and your greatest asset. A winning smile fosters confidence and causes you to look more personable and approachable to others, allowing you to build your network with ease.

## **SAVING TIP OF THE MONTH**

6 more months until December and I know you're not even thinking of holiday shopping. Actually, not many people are. But, if you plan correctly now, the holidays won't feel so overwhelming. Make a list of who you want to buy gifts for and how much you'd like to spend on each. Then divide it by how many times you'll get paid from now to December (for example, if you get paid weekly, you'll divide the total dollar amount by 26 weeks) and start saving that amount each pay period.

## KINDNESS ACTION OF THE MONTH

Give a man an unexpected compliment!

#### **BOOK OF THE MONTH**

Rich Dad Poor Dad by: Robert Kiyosaki and Sharon Lechter



## A LOT TO CELEBRATE

June is **FULL OF CELEBRATION!** This month we are here to celebrate the **LGBTQ** community all month long in honor of Pride Month. Every year in June, in remembrance of the Stonewall riots of 1969, Lesbian, Gay, Bisexual, and Transgender Pride Month (LGBT Pride Month) is celebrated. It strives to advance equality of opportunity and justice for Americans who identify as lesbian, gay, bisexual, transgender, and questioning (LGBTQ).

We are also celebrating Father's Day Sunday, June 18th. In addition to our kindness action of the month, take time out to really appreciate and celebrate all the active fathers and understand the power of a dad in a child's life if unmatched. "Anyone can be a father but it takes someone special to be a DAD!"

Lastly, Monday, June 19th we are celebrating Juneteenth! In the United States, **Juneteenth** is a federal holiday honoring the liberation of African Americans from slavery. It is observed on June 19th, the anniversary of Major General Gordon Granger's edict announcing the emancipation of slaves in Galveston Texas on June 19, 1865. The name of the holiday is a combination of the months of June and the nineteenth.

