

Lamentations 3:22-23

## I HAVE DOUBTS TOO!!

Today I prayed this prayer "Dear God, please keep the devil away from me. From my thoughts and my feelings."

"She who kneels before God can stand before anyone." Romans 8:37

I don't know where to begin, but I think I'll start with the reason for this month's newsletter. I HAVE DOUBTS TOO! When I was applying for jobs, getting interviews, to get the call that I didn't get the job (I know I keep talking about this, but man



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were there lessons in that!!!!) when I got the calls, I would need some brief counseling from anyone that would listen to me cry! Then they would often say "I think they were intimidated by you." I grew to HATE that comment!!!!

I actually do want everyone to like me. Many see that as a weakness. I do not. I find it to be why I'm here on Earth. I'm here to be friends with many, love many, encourage many and I will try my darndest NOT to offend anyone! Therefore, when you say that I am intimidating I don't know what to do with that. Simply because I don't feel that way and quite honestly, I don't want to! I have fears and insecurities just like everyone else! I too still want someone to walk in with to a meeting. Much like when I was 13 walking into a new classroom in junior high. I still hope someone will include me in a conversation, or invite me to sit with them at a baseball game. Intimidating? Ha. I think you have the wrong girl.

Oftentimes I think it is my energy that isn't necessarily intimidating but that people don't know what to do with. That energy? It's from God. It's from the love I have for Him. It's the feeling that I honestly can't describe that comes from believing in Him. Knowing that He is good. Also, from a grateful heart. I am grateful for all that God has given me! That gratitude changes your attitude. Joy comes naturally.

## "These things I have spoken to you, that My joy may remain in you, and that your joy may be full." John 15:11

Back to doubts, fears and insecurities, oh my! Today I found myself in my head. Honestly I couldn't get out. I tried blasting songs. Rolling down the window. Nothing was working. I was just filled with so many thoughts that are not good. They were not from the Lord. They were not blessings to me or anyone else. That's when it hit me. The devil was putting all of these fears into my mind. I will NOT let him steal my joy. I had to pray. And run on my treadmill. But definitely pray first!

What were these thoughts? Lately I have had this odd feeling of "I'm not a good enough Christian" to lead Devote. Then the excitement of going to Kindergarten has taken the backseat to "I'm going to miss this..." "What if I can't control them and they run around all day long screaming and crying?!!!" Also, in my downtime I decided to start a podcast. (Ha. Downtime. That's funny. However with some encouragement and the right person, this idea from a year ago actually happened!) I'm having a Launch Party on Wednesday for this podcast THANG and all weekend I've told Chad: "I don't think I want to do the podcast anymore."

"Does having a launch party make me seem conceited?"

"What if people don't think it's funny?"

Chad's response? "What if it is funny. You don't know if you don't try."

Then today in class I read a book titled Try By Kobi Yamada. It's about a sculptor and how all of his mistakes were actually what his students saw as masterpieces. The

point. You have to start somewhere. However, the one line I loved the most said "Time will still pass, it will either pass with you trying or not trying." Amen to that!!!

"When the Lord takes pleasure in anyone's ways He makes his enemies to be at peace with him." Proverbs 16:7

Kindergarten? I may end up rocking back and forth in a corner. Podcast? Could turn out to be nothing. OR...kindergarten may be exactly where I am supposed to be and will stay there! Fresh Laughs with Ash may be something someone needs to hear to to feel validated in their thoughts and feel not alone.

There is only one way to find out.

We all have insecurities. Fear is not from God. What are you going to do with ungodly thoughts, worries and concerns? Give them to God and move on. Then...do the next thing. Maybe that next thing is to go to bed. Or wake up and go to work. Apply for the new job. Send a friend request. Do that thing that you have always wanted to do. Do. It. Time will pass. God is with you, you will not fail. But first...you have to try.

"May the words of my mouth and the meditation of my heart be pleasing to you, O Lord, my rock and redeemer." Psalm 19:14

His mercies are new!

Love, Ashley Eischeid



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