

Teamsters Local 641 Welfare Fund

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SUMMARY & CLARIFICATION OF MATERIAL MODIFICATIONS

TO: Plan Participants
FROM: Board of Trustees
SUBJECT: Intensive Outpatient Program (IOP) EIN: 22-6220289
DISTRIBUTION DATE: December 23, 2021 PLAN NUMBER: 501

IMPORTANT NOTICE TO ALL PARTICIPANTS OF THE TEAMSTERS LOCAL 641 WELFARE FUND

Please keep this letter with your Summary Plan Description

This document is a Summary of Material Modifications ("SMM") intended to notify you of important changes being made to the plan of benefits (the "Plan") of Teamsters Local 641 Welfare Fund (the "Plan"). You should take the time to read this SMM carefully. If you have any questions regarding these changes to the Plan, please contact the Fund Office at (908) 687-4488.

REHABILITATION GROUP SESSIONS

Teamsters Local 641 Welfare Fund is proud to announce that as of January 1, 2022 it will offer group counseling and Intensive Outpatient Programs (IOP). IOPs are treatment programs used to address addictions, depression, eating disorders, or other dependencies that **do not** require detoxification or around-the-clock supervision. They enable the flexibility to accommodate work, childcare schedules, or other day-to-day obligations that residential treatment programs do not.

An IOP consists usually of three sessions a week for five weeks and then step down to twice a week for four weeks, then attend fifteen group sessions. Sessions are scaled back as the patient progresses in their recovery and begins achieving their treatment plan goals.

IOPs are designed to establish support mechanisms, maintaining abstinence, achieving behavioral change, improving problem-solving skills and provide coping strategies while offering the patient to go on with their daily activities and obligations.

Please contact the Fund office for more information and to let us assist you in being approved if qualified for an in-network IPO near you.

If you have any questions on the above enhancements to our Plan, please do not hesitate to contact us at the Welfare Fund Office at (908) 687-4488.

Very truly yours,

Diane Florian

Diane Florian
Plan Manager
For the Board of Trustees