

## **Sponsor**

Joel Newman / General

# Principle/Step 4

## Some up front common questions

### **Proverbs 15:14 NRSV**

The mind of one who has understanding seeks knowledge, but the mouths of fools feed on folly.

1. Why do I need a sponsor and/or an accountability partner?
2. What are the qualities of a sponsor?
3. What does a sponsor do?
4. How do I find a sponsor and/or an accountability partner?
5. What is the difference between a sponsor and an accountability partner?

## Why Do I Need a Sponsor and/or an Accountability Partner?

Do you know that your recovery program has four key elements to success?

1. Honesty.
2. Attendance
3. Spiritual Disciplines
4. Getting involved in Service

Some Questions to ask of a sponsor/accountability partner

1. Does their walk match the talk?
2. Do they have a growing relationship with Jesus Christ?
3. Do they express the desire to help others on the road to recovery?
4. Do they show compassion, care, and hope but not pity?
5. Are they a good listener?

6. Will they help you or enable you?
7. Do they offer suggestions and not instructions?
8. Is their house made out of glass?

## What Is the Role of a Sponsor?

1. Outside of Meeting Discussion
2. Be that 3:AM Phone call recipient.
3. Be your “Sounding Board”
4. You think you can’t, they know you will and must
5. They are a model
6. Are temporary

## How Do I Find a Sponsor and/or an Accountability Partner?

The responsibility of finding a sponsor and/or an accountability partner is yours,

1. First and foremost, the person **MUST** be of the same gender as you.
2. Can you relate to this person's story?
3. Get to know someone
4. Don't take rejection personally.
5. Pray and Pray some more.

## What Is the Difference between a Sponsor and an Accountability Partner?

A sponsor is someone who has completed the four Celebrate Recovery participant's guides and has worked through the eight principles and the 12 Steps.

An accountability partner is someone you ask to hold you accountable for certain areas of your recovery or issues, such as meeting attendance, journaling, and so forth.

### **Let's close in prayer.**

Dear God, thank You for this group of people who are here to break out of the hurts, habits, and hang-ups that have kept them bound. Thank You for the leaders You have provided. Thank You that You love us all, no matter where we are in our recoveries. Show me the person You have prepared to be my sponsor. Help us to establish an honest

and loving relationship that honors You and helps both me and my sponsor grow stronger in You. In Jesus' name I pray, Amen.