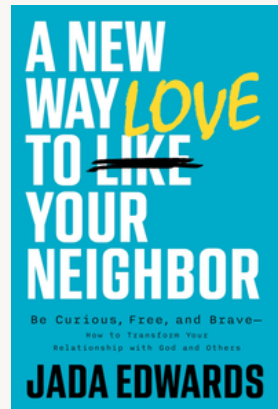


# Journal Entry

## Chapter1: Limit 1: Settling for the Wrong Definitions

Date:

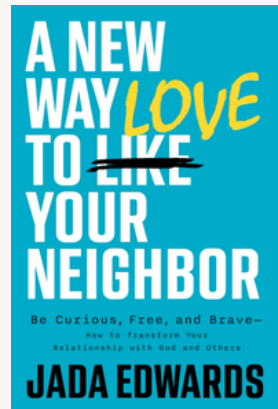


**Journal Entry & Action Plan:** After reading chapter 1, what are your thoughts? What steps do you plan to take?

# Journal Entry

## Chapter 2: LIMIT 2: Choosing better Instead of Best

Date:

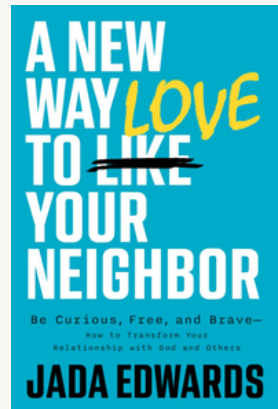


**Journal Entry & Action Plan:** After reading chapter 2, what are your thoughts? What steps do you plan to take?

# Journal Entry

## Chapter 3: LIMIT 3: Choosing External Instead of Internal

Date:

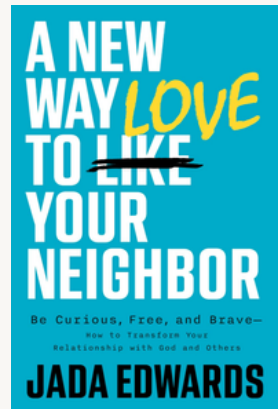


**Journal Entry & Action Plan:** After reading chapter 3, what are your thoughts? What steps do you plan to take?

# Journal Entry

## Chapter 4: LIMIT 4: Trying to Give Before You Receive

Date:

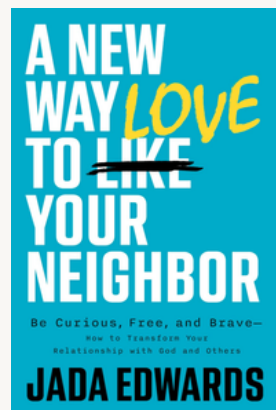


**Journal Entry & Action Plan:** After reading chapter 4, what are your thoughts? What steps do you plan to take?

# Journal Entry

## Chapter 5

Date:

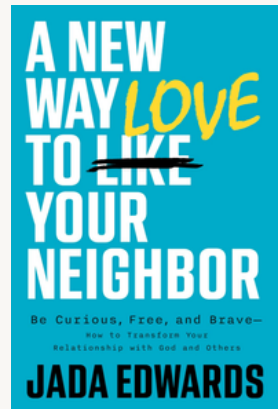


**Journal Entry & Action Plan:** After reading chapter 5, what are your thoughts? What steps do you plan to take?

# Journal Entry

## Chapter 6

Date:

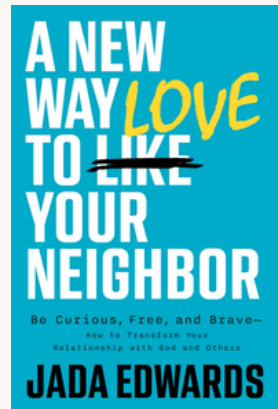


**Journal Entry & Action Plan:** After reading chapter 6, what are your thoughts? What steps do you plan to take?

# Journal Entry

## Chapter 7

Date:

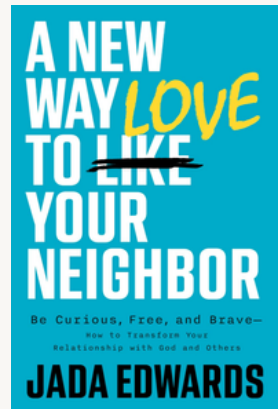


**Journal Entry & Action Plan:** After reading chapter 7, what are your thoughts? What steps do you plan to take?

# Journal Entry

## Chapter 8

Date:



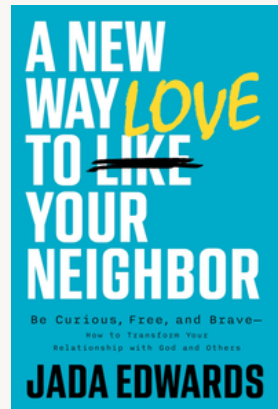
**Journal Entry & Action Plan:** After reading chapter 8, what are your thoughts? What steps do you plan to take?



# Journal Entry

## Chapter 9

Date:



**Journal Entry & Action Plan:** After reading chapter 9, what are your thoughts? What steps do you plan to take?