

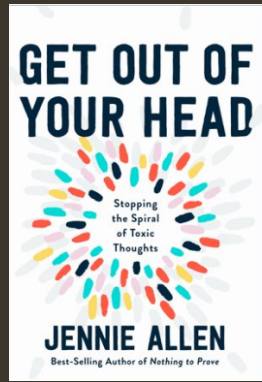
**MAY 3, 2020**

BOOK CLUB LAUNCH - ZOOM MEETING

@ 2 PM

**MEETING RHYTHM**

MONTHLY - 1ST SUNDAY @ 2 PM



*May Book Club Schedule*

**MAY 3 -MAY 9, 2020**

**PART ONE**

Chapter 1. Thinking About Thinking	3
Chapter 2. What We Believe	13
Chapter 3. Spiraling Out	21
Chapter 4. Breaking Free	27

**MAY 10 -MAY 16, 2020**

**PART ONE & PART TWO**

Chapter 5. Where Thoughts Are Captured	37
Chapter 6. Make the Shift	49
Chapter 7. Drawing Battle Lines	61
Chapter 8. Holding Space for Silence	69

**MAY 17-MAY 23, 2020**

**PART TWO**

Chapter 9. Lifelines	87
Chapter 10. Unafraid	107
Chapter 11. A Beautiful Interruption	125
Chapter 12. Less Important	145

**MAY 24-MAY 30, 2020**

**PART TWO & PART THREE**

Chapter 13. Not Overcome	167
Chapter 14. Run Your Race	185
Chapter 15. Who Do You Think You Are?	203
Chapter 16. Dangerous Thinking	217