

Week One

May 3- May 9
Chapter 1



After reading chapter, take a few moments and reflect on your life and how the reading connects with what you are experiencing in your life.



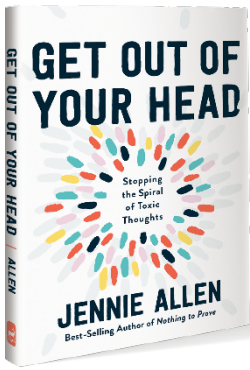
Take a few minutes to observe any similarities that you have with the life experiences that you have in common with the author.



Summarize the chapter in a few sentences.



Consider who in your life you can call and empower with the information that you gained from reading the chapter.



Week One

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Chapter 2



After reading chapter, take a few moments and reflect on your life and how the reading connects with what you are experiencing in your life.



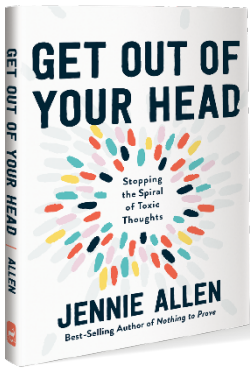
Take a few minutes to observe any similarities that you have with the life experiences that you have in common with the author.



Summarize the chapter in a few sentences.



Consider who in your life you can call and empower with the information that you gained from reading the chapter.



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Chapter 3

Reflect

After reading chapter, take a few moments and reflect on your life and how the reading connects with what you are experiencing in your life.

Observe

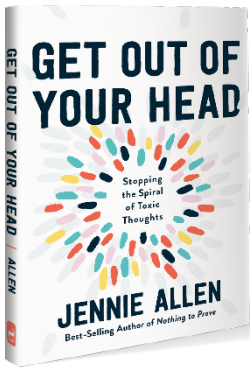
Take a few minutes to observe any similarities that you have with the life experiences that you have in common with the author.

Summarize

Summarize the chapter in a few sentences.

Empower

Consider who in your life you can call and empower with the information that you gained from reading the chapter.



Week One

May 3- May 9
Chapter 4

After reading chapter, take a few moments and reflect on your life and how the reading connects with what you are experiencing in your life.

Take a few minutes to observe any similarities that you have with the life experiences that you have in common with the author.

Summarize the chapter in a few sentences.

Consider who in your life you can call and empower with the information that you gained from reading the chapter.

Reflect

Observe

Summarize

Empower

