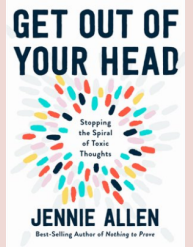


GET OUT OF YOUR HEAD



CHAPTER REVIEW

FOR CHAPTER #:

DATE:

REFLECT:

CHAPTER ACTION PLAN:

OBSERVE:

SUMMARIZE:

EMPOWER: