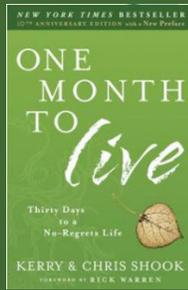


# ROSES *and* THORNS BOOK CLUB



Make It Last For Life

## DAY 4: Power Surge

## Connecting With The Ultimate Source

What are the current barriers to spiritual health in your life? In other words, what keeps you from connecting to God as your primary source of spiritual life?

How are you doing in the areas of communication and confession? How would you practice them differently if you knew you only had one month to live?

Write a letter or prayer to God, being as honest as you can about your present disappointments and frustrations. Consider how these problems or issues might be preparing you for a more fruitful season.