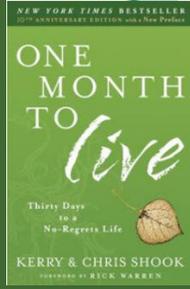


ROSES *and* THORNS BOOK CLUB



Make It Last For Life

DAY 30: *Game On* Living It Up

Now that you've completed the one-month-to-live challenge, I encourage you to continue in the one-month-to-live lifestyle. Log on to www.OneMonthtoLive.com for continual daily encouragement and inspiration in the four lifestyle principles.

As soon as possible, plan a day when you can go away by yourself to review and reflect on your experience of reading this book. Make it a one-month-to-live assessment day. Go over the responses, thoughts, and feelings you had as you read this book. What has made the greatest impact on you during this month? Why? How has reading this book and applying it to your life changed you?

Get together with at least one friend over coffee or lunch, and share your experience from the past month. Ask what they would do if they knew only had one month to live.