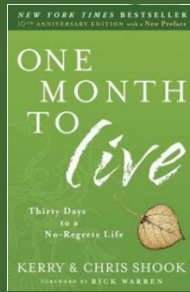


# ROSES *and* THORNS BOOK CLUB



Make It Last For Life

## DAY 8: Kick Start Living Life Full Throttle

Make a list of all the things you can think of that prevent you from fully trusting God with your life: past disappointments and hurts, losses, doubts, and so on. After you finish, ask yourself what it would take for you to trust that somehow God can use each of them to fulfill His purpose in whom He made you to be. Spend a minute in prayer for each item, and ask for help in releasing it.

When we've failed and are trying to get back on track, it's often helpful to talk it out with a person we trust. Call someone today and make a plan to get together over coffee to share where you are on your faith track.

What's your greatest fear about trusting God completely with your life? What's the basis for this fear? Journal about how you would face this fear if you only had one month to live.