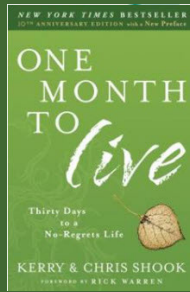


# ROSES *and* THORNS BOOK CLUB



Make It Last For Life

## DAY 9: Heart of the Matter RELATING AND NOT WAITING

Make a list of the people you would want to see and to share your heart with if you knew your time on earth was limited to one more month. What specific steps could you take to connect with one of them and share your heart? It could be as simple as making a dare with your spouse or planning a reunion with a close friend.

Think through your schedule for the next day or two. No matter how busy you may be, find a time to surprise someone you love. Take a friend to a favorite restaurant. Pick up the kids early from school and go to the park. Kidnap your spouse from the office and go out for coffee. Find a way to add quality connections to your life on a daily basis.

Choose someone you know you have hurt by your words, actions, or silence. Write a letter asking this person's forgiveness and explaining everything you'd like to say before it's too late. Set the letter aside for a few days, and then reread it and decide if you should send it.