



## REFLECTIONS FOR THE RESCUE

### CHAPTER 17: ANALYSIS PARALYSIS ACTION PLAN

#### RESPOND:

Challenge yourself to make some small decision today. Solidify that decision by writing it down, putting it in a place where you can see it, and then pick up the phone and share it with someone else for accountability.

#### REFLECT:

How have you seen analysis paralysis active in your life? What has analysis paralysis prevented you from accomplishing?

Where in your life do you need to make a decision?

Why do you think that decision has been hard to make?